

# 精彩环岛赛 乐享自贸港



2023环岛赛，这场阔别四年的盛典，历经疫情寒冬的洗礼，如同涅槃重生的火凤凰，展翅归来！来自全球的顶尖车队将奉上一场速度与激情的视觉盛宴。

Tour of Hainan 2023, after four years of absence, after the baptism of the epidemic, as the fire phoenix nirvana, spread its wings and returned! The top teams from all over the world will hand a visual feast of speed and passion.





## 用一座岛 感动世界

10月5日，万众期待的2023第十四届环海南岛国际公路自行车赛即将在万泉河畔鸣响“第一枪”。这是一场车手与风的竞速，一场令人热血沸腾的狂欢，一场战术与意志的较量。历时5天的激情角逐，穿越海南11个市县，781.1公里的征程，20支赛队，140位选手，将以车轮为画笔描摹海南的美丽风光，椰风海韵，南国风情，黎风苗韵，雨林绿意，碧海蓝天……赛事的惊心动魄与海南的美景相融，肆意呐喊与欢呼声在山海之间碰撞，比赛的精彩画卷将在中国最南端的琼岛大地徐徐展开。

第十四届环海南岛国际公路自行车赛，现已升级为UCI 2.Pro级赛事，遵循UCI国际规则，对标“三大赛”专业标准，展现出国际职业公路自行车赛所具备的高水准，高质量，高要求，以精品体育赛事与旅游相结合的模式推动打造国际旅游消费中心，助力海南自贸港建设！这个十月，环岛赛将以精彩之姿向自贸港献礼，向着“百年赛事”的梦想继续前进，用永不言弃、无畏艰险、拼搏不息的精神感动世界！一起跟随环岛赛，乐享自贸港！

On October 5th, the highly anticipated 2023 the 14th Tour of Hainan will sound the "first shot" on the side of Wanguan River. This is a race between the rider and the wind, an exciting carnival, a battle of tactics and will. Lasting 5 days of passionate competition, 11 cities and counties across, 781.1 kilometers of journey, 20 teams, 140 players, take the wheels as the brushes to describe the beautiful scenery of Hainan, coconut trees and rhythmic sea, southern style, rich customs of Li and Miao ethnic groups, rainforest greenery, blue sea and blue sky... The excitement of the competition blend with the beauty of Hainan, wanton shouts and cheers in the collision between the mountains and the sea. Exciting picture of the race will be slowly unfolding in the land of Hainan, the southernmost point of China.

The 14th Tour of Hainan has been upgraded to a UCI 2.Pro level competition, following the UCI regulation, benchmarking the international professional standards of the three Grand Tour, and show the high standard, high quality and high requirements of the international road cycling race. It will promote the construction of an international tourism consumption center by combining high-quality sports events with tourism, and help the construction of Hainan Free Trade Port. This October, Tour of Hainan will present a wonderful gift to the Free Trade Port, continue to go forward to the dream of "centennial event", and move the world with the spirit of never giving up, fearless and arduous! Let's follow the Tour of Hainan and enjoy the Free Trade Port!





环岛赛吉祥物  
鹿娃 Luwa



目录 CONTENTS

赛事信息 EVENT INFORMATION		PAGE
赛事概况 RACE OVERVIEW		003
组织机构 ORGANIZATION		005
裁判员名单 COMMISSAIRE PANEL		012
工作证件 ACCREDITATIONS		013
车辆排序图 RACE CONVOY ORDER		018
赛事标识 TECHNICAL SIGN		019
赛事总路线图 RACE MAP		020
赛事总海拔图 ALTITUDE GRAPH		021
领骑衫 OFFICIAL JERSEYS		023
历届荣誉榜 ROLL OF HONOUR		025
特定规则 SPECIFIC REGULATIONS		031
奖金分配表 PRIZE MONEY		042
总体日程安排表 RACE SCHEDULE		045
参赛队伍 TEAMS		051
赞助商 SPONSORS		053
赛段信息 STAGE INFORMATION		
STAGE1	QIONGHAI-QIONGHAI 琼海-琼海	056
STAGE2	QIONGHAI-BAOTING 琼海-保亭	076
STAGE3	BAOTING-WUZHISHAN 保亭-五指山	102
STAGE4	WUZHISHAN-CHANGJIANG 五指山-昌江	126
STAGE5	CHANGJIANG-SANYA 昌江-三亚	148
赛事须知 NOTICE		
驾驶员须知 DRIVER NOTICE		174
车辆及车牌领取须知 TOH VEHICLES & CAR PLATES COLLECTION		176
赛事联络员须知 LIAISON NOTICE		178
媒体须知 MEDIA NOTICE		180
温馨提示 WARM TIPS		182
各市县医疗救护联系方式 MEDICAL CONTACT INFORMATION		183
工作人员通联单 CONTACT LIST OF STAFF		185
联络员通联单 CONTACT LIST OF LIAISON		186
赛事保障 EVENT LOGISTICS		
各赛段酒店住宿安排 ACCOMMODATION ARRANGEMENT		187
气象信息 WEATHER INFORMATION		189
执委会工作部门通联单 CONTACT LIST OF EXECUTIVE COMMITTEE		190



海南旅投消费节

双节  
奇游季



  中秋国庆主题套餐 扫码即购	  健康礼包 双节限时折扣	  双节专属优惠 消费券包即刻领	  珠宝线上商城 一站即购	  万张5折乘车券 关注即领	  特色旅游产品 一站式游玩体验
--------------------------	------------------------	---------------------------	------------------------	-------------------------	---------------------------



## 赛事概况 OVERVIEW OF

## 海南旅投杯2023第十四届 环海南岛国际公路自行车赛 14<sup>th</sup> TOUR OF HAINAN

2023第十四届环海南岛国际公路自行车赛（简称2023环岛赛），赛事级别UCI 2.Pro级，是《国务院关于推进海南国际旅游岛建设发展的若干意见》（国发[2009]44号）明确提出和打造的重点体育赛事。由国家体育总局和海南省人民政府共同主办，中国自行车运动协会、海南省旅游和文化广电体育厅、三亚市人民政府、琼海市人民政府、五指山市人民政府、昌江黎族自治县人民政府、保亭黎族苗族自治县人民政府承办，万宁市人民政府、东方市人民政府、乐东黎族自治县人民政府，陵水黎族自治县人民政府、琼中黎族苗族自治县人民政府、白沙黎族自治县人民政府、海南省体育赛事中心协办，海南环岛国际公路自行车赛有限公司运营。

第十四届环岛赛于2023年10月5-9日举办，共设琼海-琼海，琼海-保亭，保亭-五指山，五指山-昌江，昌江-三亚五个赛段，全程781.1公里。途经环岛滨海旅游公路，穿越山地雨林，沿途美景与赛事的速度和激情完美相融，充分展现热带海岛风情。本届赛事总奖金30万美元，有来自世界各地的20支队伍参赛，参赛选手约140人。

The 14th Tour of Hainan, an important sporting event leveled at UCI 2.Pro, has been proposed and supported in an announcement of the State Council entitled "On promoting the Development of International Tourism on Hainan Island". It is jointly organized by the General Administration of Sport of China, the People's Government of Hainan Province, hosted by Chinese Cycling Association, Department of Tourism, Culture, Radio, Television and Sports of Hainan Province, Sanya City People's Government, Qionghai City People's Government, Wuzhishan City People's Government, Changjiang Li Autonomous County People's Government, Baoting Li and Miao Autonomous County People's Government, co-organized by Wanning City People's Government, Dongfang City People's Government, Ledong Li Autonomous County People's Government, Ling'shui Li Autonomous County People's Government, Qiongzong Li and Miao Autonomous



County People's Government, Baisha Li Autonomous County People's Government, Sports Events Center of Hainan Province, operated by Tour of Hainan International Cycling Race Co., Ltd.

The 14th Tour of Hainan is to be held from October 5th to 9th, which divided into five stages: Qionghai-Qionghai, Qionghai-Baoting, Baoting - Wuzhishan, Wuzhishan-Changjiang, Changjiang-Sanya, with a total length of 781.1 kilometers. Through the Hainan Circum-island Coastal Tourism Highway and the mountain rainforest, the beauty along the way and the speed and passion of the race perfectly blend, that fully show the tropical island style. The race, set the total prize of 300000USD , and there are 20 teams from around the world and about 140 participants.



# 组织机构 ORGANIZATION

## 组委会

### 主 任:

谢 京（省政府副省长）  
崔大林（中国自行车运动协会主席）

### 副主任:

张华伟（省政府副秘书长）  
陈铁军（省旅游和文化广电体育厅厅长）  
冯宝忠（国家体育总局自行车击剑运动管理中心副主任、中国自行车运动协会副主席）  
陈 希（三亚市政府市长）  
傅 晟（琼海市政府市长）

### 委 员:

宋丽云（省委宣传部副部长）  
杨传喜（省财政厅副厅长）  
杨新利（省旅游和文化广电体育厅副厅长）  
曾昭长（省卫生健康委副主任）  
杜 衡（省公安厅副厅长）  
姚建勇（省交通运输厅副厅长）  
陈 武（省应急管理厅副厅长）  
孙连滨（中国自行车运动协会副秘书长）  
韩子忠（省消防救援总队副总队长）  
林 刚（省市场监督管理局副局长）  
闫 肃（省工业和信息化厅副厅长）  
蔡亲波（省气象局副局长）  
黄兴武（三亚市政府副市长）  
李 熙（琼海市政府副市长）  
孙 菁（五指山市政府副市长）  
王昌江（昌江黎族自治县政府副县长）  
吕 妍（保亭县黎族苗族自治县政府副县长）  
叶 楠（万宁市政府副市长）  
王绥臻（东方市政府副市长）  
钟 帅（乐东黎族自治县政府副县长）  
范贤才（陵水黎族自治县政府副县长）  
余岳珠（琼中黎族苗族自治县政府副县长）  
刘 磊（白沙黎族自治县政府副县长）  
谢秋雄（省旅游和文化广电体育厅竞技体育处处长）  
梁启华（省体育赛事中心主任）

## 执委会

### 主 任:

陈铁军（兼）  
冯宝忠（兼）  
陈 希（兼）  
傅 晟（兼）

### 副主任:

杨新利（兼）  
黄兴武（兼）  
李 熙（兼）  
曾昭长（兼）

杜 衡（兼）  
姚建勇（兼）  
陈 武（兼）  
韩子忠（兼）

### 秘书长:

谢秋雄（兼）

陈震旻（三亚市  
旅游和文化广电体  
育局局长）

粟 乘林（琼海市  
旅游和文化广电体  
育局局长）

### 赛事总指挥:

杨新利（兼）

### 赛事总顾问:

杨毅光

### 赛事副总指挥:

谢秋雄（兼）

梁启华（兼）

### 赛事总指挥

#### 助理:

李业挺

（省旅游和文化广电  
体育厅竞技体育处  
一级调研员）

## 办公室

### 主 任:

李 斌（省旅游和文化广电体育厅审批办二级调研员）

### 副主任:

卢定胜（省旅游和文化广电体育厅办公室副主任）  
杨玉婷（三亚市旅游和文化广电体育局副局长）  
冯秀泉（琼海市旅游和文化广电体育局党组专职副书记）  
娄俊颖（五指山市旅游和文化广电体育局副局长）  
郑晓燕（保亭黎族苗族自治县旅游和文化广电体育局副局长）  
曹传龙（昌江黎族自治县旅游和文化广电体育局副局长）

主要职责：负责与赛事有关的职能部门、执委会各部门以及赛事所经各市县政府及相关部门的沟通协调工作；负责开闭幕流程把关、领导邀请和接待；负责组委会、执委会的文秘工作和会议组织。

## 竞赛部

### 部 长:

孙连滨（中国自行车运动协会副秘书长）  
谢秋雄（省旅游和文化广电体育厅竞技体育处处长）

### 副部长:

韩 峰（中国自行车运动协会竞赛服务部部长）  
陈 琦（省旅游和文化广电体育厅竞技体育处二级调研员）  
黎 凯（海南体育职业技术学院副院长）  
孙红伟（省“扫黄打非”领导小组办公室一级主任科员）  
单洋洋（海南环岛国际公路自行车赛有限公司竞赛部负责人）

主要职责：负责协调各个市县比赛起终点设置、比赛线路规划等竞赛相关工作；负责竞赛组织工作方案制定与实施；竞赛路线勘查和制定；技术手册印制；国内外运动队的邀请、管理；裁判员的邀请和协调；联络员和特殊岗位驾驶员的招募、培训和管理；运动队伍报到、比赛相关通知；竞赛安

排和成绩管理；赛事播报和现场广播；颁奖组织；起终点、途中冲刺点、爬山点布置、搭建；公共维修和场地器材的布置。

## 运行保障部

### 部 长:

梁启华（省体育赛事中心主任）

### 副部长:

符史涛（省体育赛事中心副主任）  
王潮清（省体育赛事中心竞赛部负责人）  
邱 懿（海南环岛国际公路自行车赛有限公司综合部负责人）

主要职责：主要负责接待方案的制定和执行；赛事保障车辆的协调和调度；竞赛物资管理和发放以及人员及物资保险等工作。

## 市场开发与策划宣传部

### 部 长:

陈 思（省旅游和文化广电体育厅宣传处处长）

### 副部长:

吕 浩（省委宣传部新闻处四级调研员）  
陈晓华（海南环岛国际公路自行车赛有限公司总经理）

主要职责：编制招商方案、招商洽谈(含赛事接待资源的置换)以及赞助商接待、服务；负责制定媒体宣传方案（含新闻发布会方案），媒体联络、邀请、现场采访组织安排、后期跟进以及统筹协调央视的直播工作；负责赛事宣传片等宣传材料的设计、审查、制作、投放等。

## 应急交通安保部

### 部 长:

陈文慧（省公安厅治安总队总队长）

### 副部长:

张 勇（省消防救援总队防火监督处处长）  
薛根强（省公安厅交警总队高速公路管理支队支队长）  
林 健（省交通运输厅公路管理局局长）  
唐 都（省应急管理厅指挥中心主任）  
孙 立（省气象局应急与减灾处副处长）  
庞 飞（省森林公安局副局长）  
钟 伟（省工业和信息化厅无线电管理局副局长）  
孙 健（自行车一级裁判员）

主要职责：公安机关负责赛事期间的安全保卫工作，指导相关市县制定安全保卫工作实施方案、

突发事件处置预案等。消防救援部门负责指导做好赛事期间消防灭火救援及赛事沿线各食宿点的消防安全检查工作。公路管理部门负责指导协调相关市县单位会同竞赛技术人员做好竞赛路线的勘察、测量，完成比赛公路的养护任务，保证路面状况符合比赛要求。应急管理部门负责指导协调赛事主办单位和属地建立赛事应急协调联动机制，组织指导协调安全生产类、自然灾害类突发事件应急救援。气象服务部门做好比赛期间气象预报及预警工作，提供赛事期间天气趋势预报。无线电监督管理部门负责赛事指挥调度和电视转播等临时使用频率指配，重点对电视直播信号进行保护性监测及排查无线电干扰。林业部门负责辖区内道路养护、维修、保养任务，保证路面状况符合比赛要求以及做好辖区内赛事安保工作。

## 医疗卫生防疫及餐饮安全部

### 部 长:

高 燕（省卫健委医疗应急处处长）

### 副部长:

文育焱（省公共卫生紧急救援指挥中心主任）  
潘碧雨（省疾病预防控制中心传防所卫生应急处置中心副主任）  
杨忠银（省市场监督管理局餐饮服务监督管理处处长）

主要职责：指导各市县制定比赛沿线的医疗急救方案，确定各赛段定点救治医院；组建医疗急救队伍，安排医疗救护车辆，指导市县全程做好参赛运动员、教练员、裁判员及工作人员医疗保障工作；负责指导相关市县做好赛事期间的餐饮食品安全监控工作。

## 体育旅游开发部

### 部 长:

符峰华（省旅游和文化广电体育厅国内市场与节庆活动处处长）

### 副部长:

符史涛（省体育赛事中心副主任）  
陈晓华（海南环岛国际公路自行车赛有限公司总经理）

主要职责：负责引导和指导赛事途经部门旅游主管部门组织相关旅游机构围绕赛事开发设计特色旅游产品；负责发动相关旅游机构通过各种途径宣传、推介环岛赛旅游产品；负责制作环岛赛旅游产品宣传物料；负责支持和指导推出环岛赛官方旅游纪念品。

若各单位人员有工作变动的由接任者续任



# ORGANIZING COMMITTEE

## DIRECTORS

**Xie Jing** (Vice Governor)  
**Cui Daling** (Chairman of Chinese Cycling Association)

## DEPUTY DIRECTORS

**Zhang Huawei** (Deputy Secretary-General of the Provincial Government)  
**Chen Tiejun** (Director of the Department of Tourism, Culture, Radio, Television and Sports of Hainan Province)  
**Feng Baozhong** (Director of Cycling and Fencing Sport Administrative of Sport of China)  
**Chen Xi** (Mayor of SanyaCityPeople'sGovernment)  
**Fu Sheng** (Mayor of Qionghai City Government)

## COMMITTEE MEMBERS

**Song Liyun** (Vice Minister of Publicity Department of Hainan Provincial Party Committee)  
**Yang Chuanxi** (Deputy Director of the Provincial Department of Finance)  
**Yang Xinli** (Deputy Director of the Department of Tourism, Culture, Radio, Television and Sports of Hainan Province)  
**Zeng Zhaochang** (Deputy Director of Provincial Health Commission)  
**Du Heng** (Deputy Director General of Public Security Department of Hainan Province)  
**Yao Jianyong** (Deputy Director of the Provincial Department of Transportation)  
**Chen Wu** (Deputy Director of the Provincial Emergency Management Department)

**Sun Lianbin** (Deputy Secretary of China Bicycle Sports Association)  
**Han Zizhong** (Deputy Chief of the Provincial Fire Rescue Corps)  
**Lin Gang** (Deputy Director of Provincial Market Supervision Administration)  
**Yan Su** (Deputy Director of the Provincial Department of Industry and Information Technology)  
**Cai Qingbo** (Deputy Director of Provincial Meteorological Bureau)  
**Huang Xingwu** (Deputy Mayor of Sanya City People's Government)  
**Li Xi** (Deputy Mayor of Qionghai City People's Government)  
**Sun Jing** (Deputy Mayor of Wuzhishan City People's Government)  
**Wang Changjiang** (Deputy County Magistrate of Changjiang Li Autonomous County Government)  
**Lyu Yan** (County Magistrate, Baoting County Government)  
**Ye Nan** (Deputy Mayor of Wanning City People's Government)  
**Wang Suizhen** (Deputy Mayor of Dongfang City People's Government)  
**Zhong Shuai** (Deputy County Magistrate of Ledong Li Autonomous County Government)  
**Fan Xiancai** (Deputy County Magistrate of Lingshui Li Autonomous County Government)  
**Yu Yuezhu** (Deputy County Magistrate of Qiongzong Li and Miao Autonomous County Government)  
**Liu Lei** (County Magistrate of Baisha County Government)  
**Xie QiuXiong** (Director of Competitive Sports

# ORGANIZING COMMITTEE

Department, Provincial Tourism, Culture, Radio, Television and Sports Department)  
**Liang Qihua** (Director of Hainan Provincial Administration Center of Sporting Events)

## EXECUTIVE COMMITTEE Director General

**Chen Tiejun** (Director of the Department of Tourism, Culture, Radio, Television and Sports of Hainan Province)  
**Feng Baozhong** (Director of Cycling and Fencing Sport Administrative of Sport of China)  
**Chen Xi** (Mayor of Sanya City People's Government)  
**Fu Sheng** (Mayor of Qionghai City People's Government)

## Deputy Director General

**Yang Xinli** (Deputy Director of the Department of Tourism, Culture, Radio, Television and Sports of Hainan Province)  
**Huang Xingwu** (Deputy Mayor of Sanya City Government)  
**Li Xi** (Deputy Mayor of Qionghai City Government)  
**Zeng Zhaochang** (Deputy Director of Provincial Health Commission)  
**Du Heng** (Deputy Director of the Hainan Provincial Public Security Department)  
**Yao Jianyong** (Deputy Director of the Provincial Department of Transportation)  
**Chen Wu** (Deputy Director of the Provincial Emergency Management Department)

**Han Zizhong** (Deputy Chief of the Provincial Fire Rescue Corps)

## Secretary General

**Xie QiuXiong** (Director of Competitive Sports Department, Provincial Tourism, Culture, Radio, Television and Sports Department)  
**Chen Zhenmin** (Director of the Department of Tourism, Culture, Radio, Television and Sports of Sanya )  
**Su Chenglin** (Director of the Department of Tourism, Culture, Radio, Television and Sports of Qionghai)

## Race Commander

**Yang Xinli** (Deputy Director of the Department of Tourism, Culture, Radio, Television and Sports of Hainan Province)

## Race Adviser

**Yang Yiguang**

## Vice Race Commander

**Xie QiuXiong** (Director of Competitive Sports Department, Provincial Tourism, Culture, Radio, Television and Sports Department)  
**Liang Qihua** (Director of Hainan Provincial Administration Center of Sporting Events)

## Assistant of Race Commander

**Li Yeting** (First level Researcher of Competitive Sports Division, Department of Tourism, Culture, Radio,Television and Sports of Hainan Province)



# ORGANIZATION

## General Office

**Director**  
**Li Bin** (Second-grade Researcher of Examine an Approval Office of the Provincial Department of Tourism, Culture, Radio, Television and Sports)

**Deputy Directors**  
**Lu Dingsheng** (Deputy Director of Office of the Provincial Department of Tourism, Culture, Radio, Television and Sports)  
**Yang Yuting** (Deputy Director of Sanya City Bureau of Tourism, Culture, Radio, Television and Sports)  
**Feng Xiuquan** (Deputy Secretary of Leading Party Group, Qionghai City Bureau of Tourism, Culture, Radio, Television and Sports)  
**Lou Junyin** (Deputy Director of Wuzhishan City Bureau of Tourism, Culture, Radio, Television and Sports)  
**Zheng Xiaoyan** (Deputy Director of Bureau of Tourism, Culture, Radio, Television and Sports, Baoting Li and Miao Autonomous County)  
**Cao Chuanlong** (Deputy Director of Bureau of Tourism, Culture, Radio, Television and Sports, Changjiang Li Autonomous County)

## Race Department

**Minister**  
**Sun Lianbin** (Deputy Secretary of China Bicycle Sports Association)  
**Xie Qiuxiong** (Director of Department of Tourism, Culture, Radio, Television and Sports

of Hainan Province)  
**Vice Minister**  
**Han Feng** (Director of the Competition Services Department of the China Cycling Association)  
**Chen Qi** (Researcher of Competitive Sports Division, Department of Tourism, Culture, Radio, Television and Sports of Hainan Province)  
**Li Kai** (Vice President of Hainan Provincial Sports Academy)  
**Sun Hongwei** (Provincial "anti-pornography and Illegal Publications" Leading Group Office Director Section)  
**Shan Yangyang** (Head of Competition Department, Tour of Hainan International Cycling Race CO., Ltd)

## Operation Department

**Minister**  
**Liang Qihua** (Director of Hainan Provincial Administration Center of Sporting Events)  
**Vice Minister**  
**Fu Shitao** (Deputy Directors of Hainan Provincial Administration Center of Sporting Events)  
**Wang Chaoqing** (Head of Competition Department, Hainan Provincial Administration Center of Sporting Events)  
**Qiu Yi** (Head of Comprehensive Department, Tour of Hainan International Cycling Race CO., Ltd)

# ORGANIZATION

## Marketing Development and Planning &Publicity Department

**Minister**  
**Chen Si** (Director of Publicity Department, Department of Tourism, Culture, Radio, Television and Sports of Hainan Province)

**Vice Minister**  
**Lyu Hao** (Researcher of Provincial Party Committee Publicity Department News Department)  
**Chen Xiaohua** (General Manager of Tour of Hainan International Cycling Race CO., Ltd)

## Emergency Security& Transport Department

**Minister**  
**Chen Wenhui** (Chief Captain of Security Corps of Public Security Department of Hainan Province)  
**Vice Minister**  
**Zhang Yong** (Director of Fire Supervision Department of Provincial Fire Rescue Corps)  
**Xue Genqiang** (Chief of Highway Management Detachment of Traffic Police team of Provincial Public Security Bureau)  
**Lin Jian** (Director of Provincial Transportation Department Highway Administration )  
**Tang Du** (Deputy Director of Provincial Emergency Management Department Command Center)  
**Sun Li** (Deputy Director of Emergency and Disaster Reduction Department of Provincial Meteorological Bureau)  
**Pang Fei** (Deputy Director of the Provincial

Forest Public Security Bureau)  
**Zhong Wei** (Deputy Director of Radio Management Bureau, Provincial Industry and Information Technology Department)  
**Sun Jian** (Cycling First-grade Referee)

## Medical& Sanitation Department

**Minister**  
**Gao Yan** ( Director of Provincial Health Commission Medical Emergency Department )  
**Vice Minister**  
**Wen Yuyan** (Director of Public Health Emergency Command Center of Hainan Province)  
**Pan Biyu** (Deputy Director of Hainan Center for Disease Control & Prevention, Health Emergency Response Center )  
**Yang Zhongyin** (Director of Food and Beverage Supervision Office, Provincial Market Supervision Administration)

## Sports &Tourism Development Department

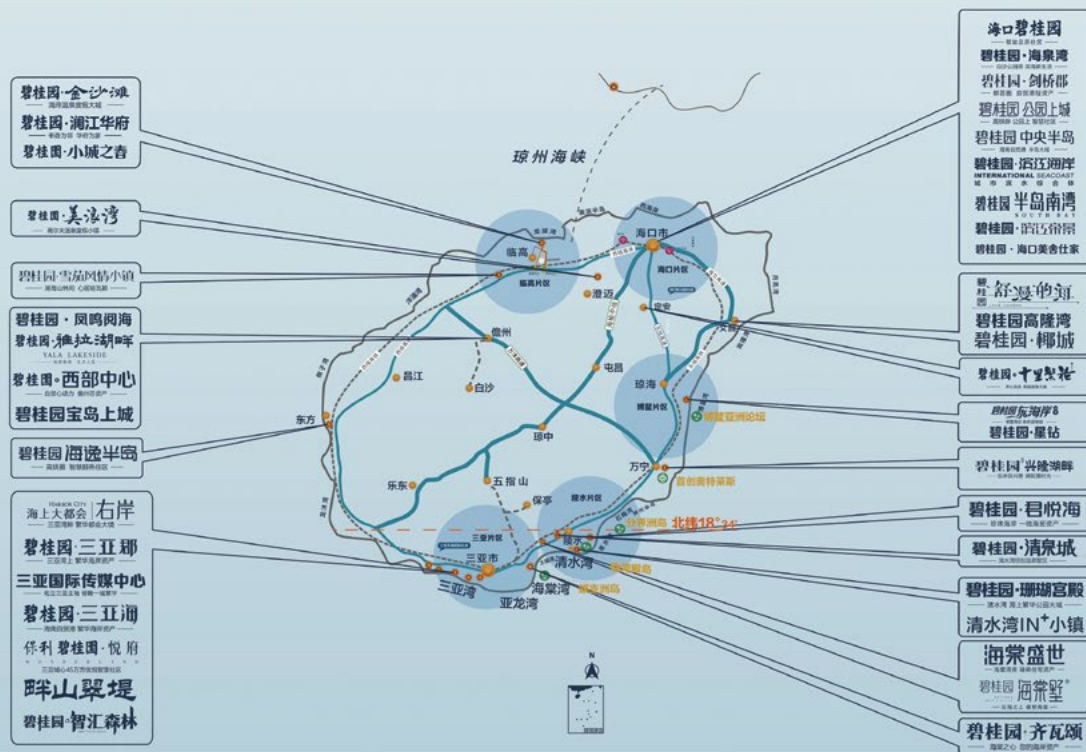
**Minister**  
**Fu Fenghua** (Head of Domestic Marketing and Festivals Department of Tourism, Culture, Radio, Television and Sports of Hainan Province)  
**Vice Minister**  
**Fu Shitao** (Deputy Director of Hainan Provincial Administration Center of Sporting Events)  
**Chen Xiaohua** (General Manager of Tour of Hainan International Cycling Race CO., Ltd)



# 一岛40盘 梦居海南

碧桂园海南区域以“给四季候鸟一个梦想度假地”为服务宗旨,深耕海南国际旅游岛。

“一岛40盘,梦居海南”成功布局全岛优势城市与湾区31年建筑经验因地制宜,  
匠心铸造阳光海南旅居产品。



## 裁判员名单 COMMISSAIRE PANEL

总裁判长: 约翰·麦克唐纳 (新西兰)

国际裁判: 肯尼思·西蒙森 (瑞典)、斯温·卡卢斯 (比利时)

赛事顾问&播报: 陈镇鸿 (中国香港)

药检官: 威廉·克林奇 (澳大利亚)

国内裁判: 张忠维、常永山、马春骥、吴海兵、于海燕、宫爱红、陈震、吕品、刘宁、孟军、满建任、李晓飞、刘素芳、蒙莉云、黄在峰、林日俏、丛雨华、王法海、刘宏刚、李佳

通讯器材: 王鹏、王云、赵晖、尹灏龙

电子计时: 北京奥实体育

公共器材: 泰山瑞豹

安全经理: 单洋洋

Chief Commissaire: John McDonnell (New Zealand)

International Commissaires: Kenneth Simonsson (Sweden)、Sven Calus (Belgium)

Race Consultant & Radio Tour: Frederick Chan (China Hong Kong)

Doping Control Officer: William Clinch (Australia)

Domestic Commissaires: Zhang Zhongwei, Chang Yongshan, Ma Chunji, Wu Haibing, Yu Haiyan, Gong Aihong, Chen Zhen, Lyu Pin, Liu Ning, Meng Jun, Man Jianren, Li Xiaofei, Liu Sufang, Meng Liyun, Huang Zaifeng, Lin Riqiao, Cong Yuhua, Wang Fahai, Liu Honggang, Li Jia

Communication: Wang Peng, Wang Yun, Zhao Hui, Yin Haolong

Electric Timing: Beijing Aoshi Sports Timing Service Co., Ltd.

Neutral Support: PARDUS

Safety Manager: Shan Yangyang





# 工作证件 ACCREDITATIONS



ORGANIZING & EXECUTIVE COMMITTEE  
组委会及执委会官员

COMMISSAIRE 裁判

STAFF 工作人员

TEAM 赛队

MEDIA 媒体

LIAISON 联络员

VIP 嘉宾

OPERATION DEPARTMENT 赛事保障工作人员

## ORGANIZING & EXECUTIVE COMMITTEE / 组委会及执委会官员



组委会主任 / 组委会副主任 / 组委会委员 / 执委会主任 / 执委会副主任 / 执委会秘书长 / 执委会副秘书长 / 赛事顾问 / 赛事总指挥 / 赛事副总指挥 / 赛事总监

Organizing Committee General Director/  
Organizing Committee Deputy General  
Director/ Organizing Committee Member/  
Executive Committee General Director/  
Executive Committee Deputy General  
Executive Committee Deputy General  
Secretary Director/ Executive Committee  
General Secretary/ Event Consultant/  
Event Chief Commander/ Vice Event  
Chief Commander/ Event Director

## COMMISSAIRE / 裁判



总裁判长 / 国际裁判 / 赛事播报 / 赛事评论 / 竞赛协调 / 兴奋剂检查 / 裁判

Chief COM./ International COM./ Radio Tour/  
Commentator/ Race Coordinator/ Doping  
Control/ Commissaire

## STAFF / 工作人员



工作人员 / Staff

## TEAM / 赛队



领队 / 运动员 / 车队工作人员  
Team Manager/ Rider/Team Staff

## MEDIA / 媒体



直播 /  
直播 (直升机航拍) /  
赛道特许 (01-20) /  
摩托媒体 (01-10) /  
媒体

LIVE /  
LIVE(Helicopter) /  
Media(Route) (01-20) /  
Motor Media(01-10) / Media

## LIAISON / 联络员



联络员 / 起终点经理 / 竞赛秘书处 / Liaison/  
Start & Finish Manager/ Race Secretariat

## VIP / 嘉宾



嘉宾 / VIP

## OPERATION DEPARTMENT / 赛事保障工作人员



办公室主任 / 办公室副主任 / 办公室 / 竞赛部部长 / 竞赛部  
副部长 / 竞赛部 / 运行保障部部长 / 运行保障部副部长 / 运  
行保障部 / 食宿保障 / 车辆保障 / 物资保障 / 市场开发与策  
划宣传部部长 / 市场开发与策划宣传部副部长 / 市场开发与  
策划宣传部 / 安保交通部部长 / 安保交通部副部长 / 交通总  
指挥 / 安保总指挥 / 安全保卫 / 医疗卫生防疫及餐饮安全部  
部长 / 医疗卫生防疫及餐饮安全部副部长 / 医疗卫生 / 餐饮  
安全 / 医生 / 体育旅游开发部部长 / 体育旅游开发部副部长  
/ 体育旅游开发部 / 通讯保障 / 车项架保障 / 公共器材 / 电子  
计时 / 赛道监督 / 赛道监督 (助理) / 摩托车队长 / 摩托车  
驾驶员 / 摩托引导员 / 保姆车领队 / 保姆车驾驶员 / 场地器  
材 / 颁奖

General Office Director/ General Office Vice Director/  
General Office / Race Department Director/ Race  
Department Vice Director/ Race Department/  
Hospitality & Logistics Department Director/ Hospitality  
& Logistics Department Vice Director/ Hospitality &  
Logistics/ Accommodation Support/ Vehicle Support/  
Supplies Support/ Marketing & Planning & Publicity  
Department Director/ Marketing & Planning & Publicity  
Department Vice Director/ Marketing & Planning &  
Publicity Department / Security & Transport  
Department Director/ Security & Transport Department  
Vice Director/ Chief Traffic Controller/ Chief Security  
Commander/ Security/ Medical & Sanitation & Food  
Security Department Director/ Medical & Sanitation  
& Food Security Department Vice Director/ Medical/  
Food Security/ Doctor/ Sport Tourism Development  
Department Director/ Sport Tourism Development  
Department Vice Director/ Sport Tourism Development  
Department/ Radio Support/ Bike Rack Support/  
Neutral Service/ Time Keeping/ Regulator/ Regulator  
Assistant/ MotoTeam Leader/ Motorcyclist/ Marshall/  
Team Support Car Leader/ Team Support Car Driver/  
Equipment/ Podium Staff



# ID.CROZZ

生而电动



## 质享生活 焕新而来

ID.家族2024款 现已上市





## 9大明星楼盘 置业正当时

### 碧桂园中央半岛

#### 海口封面 一线海景进阶力作

- 建面150-350m²海景叠拼
- 建面200-3300m²海景企业独栋
- 总价496万 建面1701-4-S405 建面200m² (建面、电费等)
- 活动时间：即日起至2023年10月31日
- × 海口主城区 优质海岸资产
- × 约12公里海岸线 约5500亩半岛大城
- × 十年醇熟大盘 生活配套多元
- × 约120万m²海岸商务群
- × 十大社群 高净值朋友圈



### 碧桂园云境

#### 自贸港全景观 约72万方滨水大盘

- 建面45-132m²全季商旅资产
- 总价55万 建面15-3710 建面45m² (建面、电费等)
- 活动时间：即日起至2023年10月31日
- × 全线江景双景 约1.3公里沿江漫步道 (仅部分户型可瞰江)
- × 全龄熟社区 幼儿园、泳池、球场等设施
- × 全季健康资源 三甲医院 为健康赋能
- × 全覆盖多商圈 与主城5大商业街为邻
- × 全维交通路网 占位跨江隧道主入口 (建设中)



### 碧桂园·西部中心

#### 自贸西部会客厅 城央准现楼

- 建面55-70m²城央SOHO空间
- 总价43万 建面2-2304 建面55m² (建面、电费等)
- 活动时间：即日起至2023年10月31日
- × 世界500强 TOP3房企 准现房 即买即用
- × 自贸港先行示范区市中心 约46万m²夏日广场对面
- × 高端商圈荟集 三甲医院环境 醇熟配套
- × 品牌托管 安心置业
- × 智能8大系统 美好智能体验
- × 碧桂园物业 24小时贴心服务



### 湖棠盛世 | 璞悦湖

#### 海棠湾岸 70年湖海盛境

- 建面101-133m²宽境湖居 建面145m²倚湖叠拼
- 总价280万 建面云栖谷06座902号 建面101m² (建面、电费等)
- 活动时间：即日起至2023年10月31日
- × 自贸港海棠湾岸
- × 70年产权社区
- × 约3万方生态公园
- × 低密美宅 南北通透
- × 国际品牌装饰
- × 碧桂园TOP1物业服务



### 碧桂园·东海湾

#### 博鳌一线海 千亩康养大城

- 建面76-237m²创享空间
- 总价55万 建面24-201 建面76m² (建面、电费等)
- 活动时间：即日起至2023年10月31日
- × 世界博鳌亚洲论坛总部所在地
- × 临近中国医疗特区乐城先行区
- × 全维交通 三机场双高铁双环岛
- × 山林湖海岛 一座大自然博物馆
- × 8年醇熟大城 北京九华康养中心已入驻
- × 三会所/七泳池/商业街/度假酒店



### 碧桂园·十里蓝山 | 锦绣

#### 海口后花园 · 古韵定安 · 繁花再启

- 建面100-117m²锦绣新作 (建面、电费等)
- × 畅享大海口30分钟生活圈
- × 四高速双高铁双机场 多维交通
- × 一城两山一湖一泉 康养胜地
- × 三大生态公园环绕 花氧住区
- × 定安“心动”牛肉 名扬岛内外



### 碧桂园·山海林境

#### 自贸港东线 山海湖林环绕

- 建面101-107m²低密湖畔住宅
- 总价140万 建面62-1-102 建面107m² (建面、电费等)
- 活动时间：即日起至2023年10月31日
- × 北纬18.4黄金带
- × 360度山海湖林环抱
- × 约35公里滨海公路
- × 约70%森林覆盖率
- × 揽4大盛名的天鹭小镇
- × 3维交通枢纽
- × 5星级酒店带
- × 近100种南洋美食
- × 约10万方王府井国际免税城
- × 枕约3800亩碧湖



### 碧桂园·一线海景

#### 一线海景 航天文昌 无限未来

- 建面67m²临海平层
- 建面110m²亲海创办公空间
- 总价55万 建面6-1414 建面67m² (建面、电费等)
- 活动时间：即日起至2023年10月31日
- × 航天文昌 航天产业之城
- × 约5公里内配套齐备
- × 醉氧椰林 长寿之乡
- × 音乐主题多龄配套
- × 高颜值一线海景带
- × 全新艺术标杆作品 (各房源距海距离不等, 以实际为准)



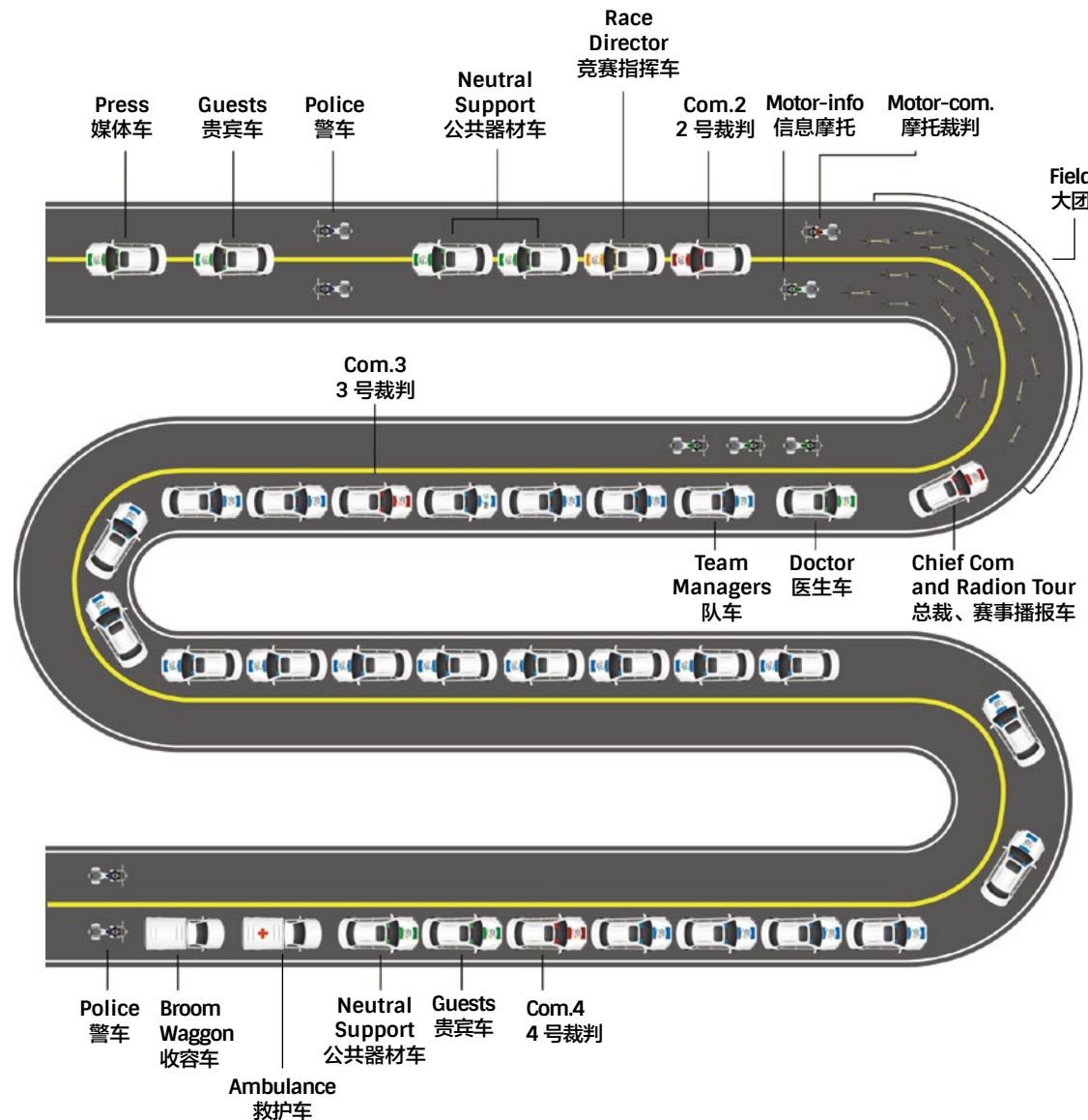
### 碧桂园·宝岛上城

#### 海南城央大盘 大牌核芯资产

- 建面55-79m²阔景平层
- 总价38万 建面6-2202 建面55m² (建面、电费等)
- 活动时间：即日起至2023年10月31日
- × 自贸港先行示范区 国家战略支点
- × 市中芯 2大商圈交叠 3大公园 4大医院 资源荟萃
- × 小户型 宜养心 宜自用 宜出租 宜创办
- × 丰盛配套 富氧立体园林 一站式休闲吃喝玩乐购
- × 八大智能系统 智慧社区享受
- × 54项增值服务 铂金管家服务



## 车辆排序图 RACE CONVOY ORDER





## 赛事标识 TECHNICAL SIGN



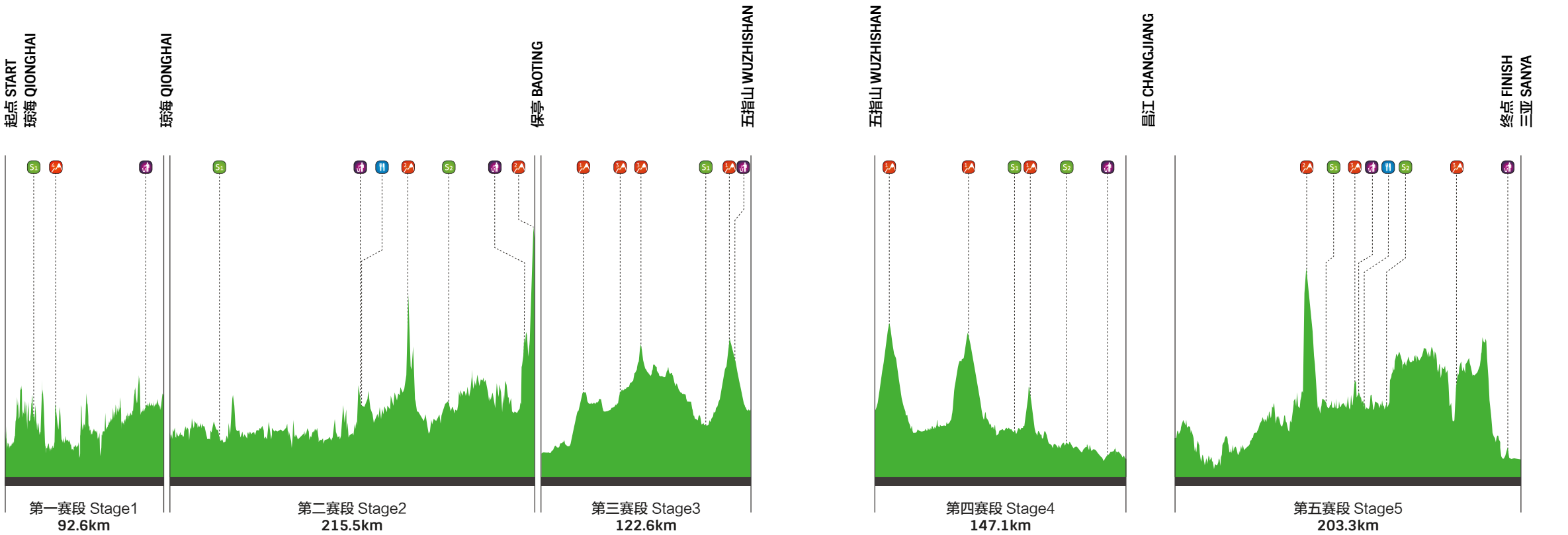
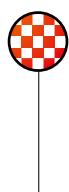
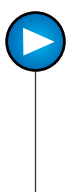
## 赛事总路线图 RACE MAP

总里程 (TOTAL): 781.1km



第一赛段 STAGE1	10月5日 OCT.5	Qionghai-Qionghai 琼海—琼海	92.6km
第二赛段 STAGE2	10月6日 OCT.6	Qionghai-Baoting 琼海—保亭	215.5km
第三赛段 STAGE3	10月7日 OCT.7	Baoting-Wuzhishan 保亭—五指山	122.6km
第四赛段 STAGE4	10月8日 OCT.8	Wuzhishan-Changjiang 五指山—昌江	147.1km
第五赛段 STAGE5	10月9日 OCT.9	Changjiang-Sanya 昌江—三亚	203.3km

# 赛事总海拔图 ALTITUDE GRAPH





# 领骑衫

## OFFICIAL JERSEYS

黄色领骑衫  
Yellow Jersey



衫语：荣耀，代表个人总成绩第一。黄衫能让总成绩领先者在众多的比赛选手中更容易识别出来。用时最短的选手将会获得黄衫的拥有权，在环岛赛中，黄色领骑衫同样象征着整个赛事中的最高荣誉。

### Jersey Language: Honour

The race leader following each stage has been awarded the yellow jersey. Only after the final stage, the wearer of the yellow jersey is considered the winner of the yellow jersey, and thereby the winner of the Tour of Hainan.

圆点领骑衫  
Polka-dot Jersey



衫语：坚持，在环岛赛的比赛中，由于地域的原因，会有一部分山地赛段，在这些赛段爬坡点积分最高者将获得圆点领骑衫拥有权，并被誉为“爬坡王”。

### Jersey Language: Stamina

In Tour of Hainan, there are challenging mountains in some stages. Athletes who first pass the mountains will be awarded climb points. The leader in the mountains classification wears a distinctive polka dot jersey. Only after the final stage, the wearer of the Polka-dot jersey is considered the winner of the King of Mountain of Tour of Hainan.

绿色领骑衫  
Green Jersey



衫语：速度，自行车赛事中每一赛段都设有途中冲刺抢分点，率先通过抢分点的选手将获得相应积分，位居抢分累积榜首位的选手可获得绿色领骑衫拥有权，这项殊荣也常被称为“冲刺王”。

### Jersey Language: Speed

In Tour of Hainan, point classification is drawn up by totaling the points awarded in each of 9 stages and in the intermediate sprints. The green jersey will be worn by the leader in the point classification. Only after the final stage, the wearer of the Green jersey is considered the winner of best sprinter of Tour of Hainan.

蓝色领骑衫  
Blue Jersey



衫语：拼搏，环岛赛作为亚洲最高级别自行车赛事，环岛赛专门为亚洲选手设立了亚洲最佳个人奖项。亚洲选手中，每个赛段比赛后，个人总成绩排第一的选手，将获得蓝色领骑衫拥有权。

### Jersey Language: Fight

As an Asian top cycling race, Tour of Hainan takes the responsibility to encourage the fighting spirit of Asian athletes. Asian athlete who ranks first in the General Classification will be awarded the blue jersey. Only after the final stage, the wearer of the Blue jersey is considered the winner of the best Asian athlete of Tour of Hainan.



# 荣誉榜 - 个人总成绩 2006-2018

## ROLL OF HONOUR

年份 DATES	队名 TEAM	姓名 NAME	成绩 RESULTS
2006	莫斯科迪纳摩洲际队 Team Moscow Omnibike Dynamo	谢尔盖·克列斯尼科夫 Sergey Kolensnikov	19h52'53"
	日本国家队 Japan national team	广濑敏 Hirose Satoshi	19h53'9"
	日本国家队 Japan national team	阿部良之 Abe Yoshiyuki	19h53'9"
2007	波兰因特尔埃克森洲际职业队 Intel-Action	罗伯特·仁多士 Robert RADOSZ	26h40'48"
	俄罗斯国家队 Russian National Team	罗曼·克里莫夫 Roman KLIMOV	26h41'16"
	瑞士国家队 Swiss National Team	帕斯卡·洪那彼得 Pascal Hungerbuehler	26h41'21"
2008	俄罗斯队 RUSSIA	斯皮尔斯基·伯瑞斯 Shpilevskiy Boris	29h57'04"
	台北捷安特队 GIANT ASIA RACING	麦肯·大卫 McCann David	29h58'18"
	波兰队 POLAND	布拉泽伊 Janiaczyk Blazej	29h58'30"
2009	意大利卡米欧队 Carmiooro A-Style	弗朗西斯科·文托索 Francisco VENTOSO	32h53'22"
	斯洛文尼亚队 Slovenia	格雷加·波尔 Grega BOLE	32h53'39"
	乌克兰队 Ukraine	维塔利·布奇 Vitaliy BUTS	32h53'49"
2010	阿斯塔纳职业队 Astana Pro Team	伊格林斯基·维林缇 IGLINSKIY Valentin	26h49'23"
	西班牙塞维托职业队 Footon-Servetto Fuj	沃克·约尼 WALKER Johnnie	26h49'40"
	俄罗斯国家队 Russian National Team	马科夫·阿列克谢 Markov Alexey	26h49'41"
2011	阿斯塔纳职业队 Astana Pro Team	伊格林斯基·维林缇 IGLINSKIY Valentin	34h02'42"
	南非 MTN 洲际队 MTN Qhubeka	莱因哈特·扬瑟·范伦斯堡 Reinardt Janse van Rensburg	34h02'55"
	德国埃迪洲际队 TEAM EDDY MERCKX-INDELAND	亚历山大·施密特 Alexander Schmitt	34h03'02"
2012	阿斯塔纳职业队 ASTANA PRO TEAM	格鲁扎·德米特里 GRUZDEV Dmitriy	34h12'33"
	阿斯塔纳职业队 ASTANA PRO TEAM	维林缇·伊格林斯基 IGLINSKIY Valentin	34h12'50"
	荷兰禧玛诺洲际职业队 TEAM ARGOS-SHIMANO	路德维根·托拜厄斯 LUDVIGSSON Tobias	34h12'59"
2013	荷兰贝尔金职业队 BELKIN-PRO CYCLING TEAM	霍夫兰·德·莫雷诺 HOFLAND Moreno	33h44'00"
	比利时农业信贷银行洲际职业队 CRELAN - EUPHONY	弗莱迪克·阿莫里森 AMORISON Frédéric	33h45'07"
	荷兰贝尔金职业队 BELKIN-PRO CYCLING TEAM	托马斯·李泽 Thomas Leezer	35h45'14"
2014	法国马赛苹果洲际队 Team La Pomme Marseille	安东玛奇·朱利安 ANTOMARCHI Julien	35h02'00"
	意大利蓝波美利达车队 Lampre Merida	博尼法齐奥·尼克洛 BONIFAZIO Niccolo	35h02'22"
	阿斯塔纳职业队 Astana Pro Team	安德烈·泽依茨 ZEITS Andrey	35h02'25"
2015	蓝波美利达职业队 LAMPRE - MERIDA	萨沙·莫多洛 MODOLO Sacha	35h26'51"
	阿斯塔纳职业队 ASTANA PRO TEAM	安德烈·泽依茨 ZEITS Andrey	35h27'00"
	马赛 KTM13 洲际职业队 Team Marseille 13 KTM	朱利安·埃尔·法雷 EL FARES Julien	35h27'03"
2016	阿斯塔纳职业队 ASTANA PRO TEAM	阿列克谢·卢岑科 LUTSENKO Alexey	35h16'41"
	蓝波美利达职业队 LAMPRE - MERIDA	普拉玛斯洛·涅麦克 NIEMIEC Przemyslaw	35h16'58"
	蓝波美利达职业队 LAMPRE - MERIDA	马捷·莫霍尔 MOHORIC Matej	35h17'25"
2017	威廉 WILIER TRIESTINA - SELLE ITALIA	雅克波·莫斯科 MOSCA Jacopo	36h41'27"
	UKYO TEAM UKYO	本杰米·普拉德斯 PRADES REVERTER Benjami	36h41'30"
	马赛 DELKO MARSEILLE PROVENCE KTM	埃米尔斯·利平斯 LIEPINS Emils	36h41'32"
2018	安德罗尼 ANDRONI GIOCATOLI - SIDERMEC	马斯纳达·福斯托 MASNADA Fausto	35h27'21"
	瑞士国家队 SWISS CYCLING TEAM	马德尔·吉诺 MADER Gino	35h27'23"
	马赛 DELKO MARSEILLE PROVENCE KTM	朱利安·埃尔·法雷斯 JULIEN El Fares	35h27'31"

中国体育彩票



公益体彩 乐善人生

体彩公益金被广泛应用于

- 全民健身计划
- 奥运争光计划
- 补充社会保障基金
- 教育助学
- 法律援助
- 城乡医疗救助
- 乡村振兴
- 残疾人救助
- 红十字事业
- 南灾救灾
- 农村养老服务
- 新疆西藏等地社会公益事业
- 文化事业

快乐购彩 理性投注 本店不向未成年人销售彩票及兑奖 中国体彩网: www.lottery.gov.cn 中国体育彩票服务热线: 95086



中国体育彩票订阅号



中国体育彩票服务号

国家体育总局体育彩票管理中心



## 荣誉榜 – 圆点领骑衫 2006-2018

### KOM ROLL OF HONOUR

年份 DATES	队名 TEAM	姓名 NAME
2006	澳大利亚 FRF 洲际队 Team FRF COURIERS-NSWIS	皮特·赫兹格 Peter Herzig
2007	俄罗斯国家队 Russian National Team	海勒·安德诺夫米 Mikhail ANTONOV
2008	哈萨克斯坦队 KAZAKHSTAN	伊格林斯基·维林缇 Iglinskiy Valentin
2009	乌克兰队 Ukraine	弗拉基米尔·扎格洛德尼 Volodymyr Zagorodniy
2010	西班牙塞维托职业队 Footon-Servetto Fuji	杜兰·阿特亚加 DURAN Arkaitz
2011	西班牙健力士洲际职业队 GEOX-TMC	毛里西奥·葛雷多 MAURIZIO GORATO
2012	中国恒祥洲际队 HENGXIANG CYCLING TEAM	王美银 Wang Meiyin
2013	波兰 CCC 洲际职业队 CCC POLSAT POLKOWICE	马特兹·塔西亚克 TACIAK Mateusz
2014	乌克兰国家自行车队 Ukraine National Cycling Team	格雷卿·塞吉 GRECHYN Sergiy
2015	马赛 KTM13 洲际职业队 Team Marseille 13 KTM	朱利安·埃尔·法雷 EL FARES Julien
2016	智美 - 恒翔 WISDOM-HENGXIANG CYCLING TEAM	马光通 GUANGTONG Ma
2017	爱寿维车队 ISOWHEY SPORTS SWISSWELLNESS	萨姆·克罗姆 CROME Sam
2018	恒翔车队 HENGXIANG CYCLING TEAM	吕先景 LYU Xianjing

## 荣誉榜 – 绿色领骑衫 2006-2018

### ROLL OF HONOUR BY PONITS

年份 DATES	队名 TEAM	姓名 NAME
2006	莫斯科迪那摩洲际队 Team Moscow Omnibike Dynamo	安德烈·克留耶夫 Andriy Klyuev
2007	俄罗斯国家队 Russian National Team	丹尼斯·格林姆西亚诺夫 Jenis galimzyanov
2008	俄罗斯国家队 Russian National Team	斯皮尔斯基·伯瑞斯 Shpilevskiy Boris
2009	俄罗斯国家队 Russian National Team	斯皮尔斯基·伯瑞斯 Shpilevskiy Boris
2010	阿斯塔纳职业队 Astana Pro Team	伊格林斯基·维林缇 IGLINSIY Valentin
2011	荷兰禧玛诺洲际职业队 SKIL-SHIMANO	肯尼·范胡梅尔 Kenny Van Hummel
2012	美国赛诺菲洲际职业队 TEAM TYPE 1-SANOFI	亚历山大·谢列布里亚科夫 SEREBRYAKOV Alexander
2013	荷兰贝尔金职业队 BELKIN-PRO CYCLING TEAM	霍夫兰德·莫雷诺 HOFLAND Moreno
2014	意大利蓝波美利达车队 Lampre Merida	博尼法齐奥·尼克洛 BONIFAZIO Niccolo
2015	意大利蓝波美利达车队 Lampre Merida	萨沙·莫多洛 MODOLO Sacha
2016	捷安特 - 欧倍青 TEAM GIANT-ALPECIN	马克斯·麦克斯 WALSCHEID Max
2017	威廉 WILIER TRIESTINA - SELLE ITALIA	雅各布·马雷斯科 MARECZKO Jakub
2018	TEAM UKYO	克雷德·雷蒙德 KREDER Raymond



环海南岛国际公路自行车赛官方唯一指定骑行服装品牌



CONTACT  
US 联系我们

亚洲销售Asia

+86-18859753258

leo.li@santic.cn

海外销售Oversea

+86-15980005556

sales8@santic.cn

定制中心Customized

+86-13788807017

sales12@santic.cn

## 荣誉榜 — 团队最佳 2006-2018

### ROLL OF HONOUR BEST TEAM

年份 DATES	荣誉 HONOUR	队名 TEAM	成绩 RESULTS
2006	团体最佳 Best Team	日本国家队 Japan national team	19h53'9"
	亚洲团体最佳 Best Asian Team	日本国家队 Japan national team	
2007	团体最佳 Best Team	波兰因特尔埃克森洲际职业队 Intel-Action	80h04'36"
	亚洲团体最佳 Best Asian Team	日本阿萨达洲际队 Nippo Corporation-Meitan Honpo Co.LTD-Asada	
2008	团体最佳 Best Team	波兰队 POLAND	89h56'24"
	亚洲团体最佳 Best Asian Team	哈萨克斯坦队 KAZAKHSTAN	
2009	团体最佳 Best Team	乌克兰队 Ukraine	98h42'26"
	亚洲团体最佳 Best Asian Team	中国国家队 CHINA	
2010	团体最佳 Best Team	俄罗斯国家队 Russian National Team	80h29'45"
	亚洲团体最佳 Best Asian Team	哈萨克斯坦阿斯塔纳职业队 Astana Pro Team	
2011	团体最佳 Best Team	西班牙健力士洲际职业队 GEOX-TMC	102h09'33"
	亚洲团体最佳 Best Asian Team	阿斯塔纳职业队 ASTANA PRO TEAM	
2012	团体最佳 Best Team	阿斯塔纳职业队 ASTANA PRO TEAM	102h40'06"
	亚洲团体最佳 Best Asian Team	阿斯塔纳职业队 ASTANA PRO TEAM	
2013	团体最佳 Best Team	荷兰贝尔金职业队 BELKIN-PRO CYCLING TEAM	101h15'55"
	亚洲团体最佳 Best Asian Team	中国香港队 HONGKONG CHINA TEAM	
2014	团体最佳 Best Team	法国马赛苹果洲际队 Team La Pomme Marseille	105h08'50"
	亚洲团体最佳 Best Asian Team	哈萨克斯坦阿斯塔纳职业队 Astana Pro Team	
2015	团体最佳 Best Team	阿斯塔纳职业队 ASTANA PRO TEAM	106h21'44"
	亚洲团体最佳 Best Asian Team	阿斯塔纳职业队 ASTANA PRO TEAM	
2016	团体最佳 Best Team	蓝波美利达职业队 LAMPRE - MERIDA	105h52'33"
	亚洲团体最佳 Best Asian Team	阿斯塔纳职业队 ASTANA PRO TEAM	
2017	团体最佳 Best Team	马赛 DELKO MARSEILLE PROVENCE KTM	110h05'24"
	亚洲团体最佳 Best Asian Team	恒翔车队 HENGXIANG CYCLING TEAM	
2018	团体最佳 Best Team	TEAM UKYO	106h25'41"
	亚洲团体最佳 Best Asian Team	恒翔车队 HENGXIANG CYCLING TEAM	

## 荣誉榜 — 蓝色领骑衫 2006-2018

### ROLL OF HONOUR BEST ASIAN

年份 DATES	队名 TEAM	姓名 NAME	成绩 RESULTS
2006	日本国家队 Japan national team	广濑敏 Hirose Satoshi	19h53'9"
2007	日本阿萨达洲际队 Nippo Corporation-Meitan Honpo Co.LTD-Asada	冈崎和也 OKAZAKI Kazuya	26h41'21"
2008	哈萨克斯坦队 KAZAKHSTAN	格鲁扎·德米特里 Gruzdev Dmitriy	29h58'36"
2009	中国国家队 CHINA	马海军 Ma Haijun	32h54'09"
2010	阿斯塔纳职业队 Astana Pro Team	伊格林斯基·维林缇 IGLINSIY Valentin	26h49'23"
2011	阿斯塔纳职业队 Astana Pro Team	伊格林斯基·维林缇 IGLINSIY Valentin	34h02'42"
2012	阿斯塔纳职业队 Astana Pro Team	格鲁扎·德米特里 GRUZDEV Dmitriy	34h12'33"
2013	卓比奥斯洲际职业队 Champion system pro cycling team	焦鹏达 JIAO Pengda	33h45'50"
2014	哈萨克斯坦阿斯塔纳职业队 Astana Pro Team	安德烈·泽依茨 ZEITS Andrey	35h02'25"
2015	哈萨克斯坦阿斯塔纳职业队 Astana Pro Team	安德烈·泽依茨 ZEITS Andrey	35h27'00"
2016	哈萨克斯坦阿斯塔纳职业队 Astana Pro Team	阿列克谢 - 卢岑科 LUTSENKO Alexey	35h16'41"
2017	中国恒翔 HENGXIANG CYCLING TEAM	柳建鹏 LIU Jianpeng	36h41'42"
2018	恒翔车队 HENGXIANG CYCLING TEAM	吕先景 Lyu Xianjing	35h28'20"





# 特定规则 SPECIFIC REGULATIONS

## 一、组委会

2023第十四届环海南岛国际公路自行车赛，由国家体育总局和海南省人民政府主办，中国自行车运动协会、海南省旅游和文化广电体育厅、三亚市人民政府、琼海市人民政府、五指山市人民政府、昌江黎族自治县人民政府、保亭黎族苗族自治县人民政府、万宁市人民政府、东方市人民政府、乐东黎族自治县人民政府、陵水黎族自治县人民政府、琼中黎族苗族自治县人民政府、白沙黎族自治县人民政府、海南省体育赛事中心协办。根据国际自行车联盟（UCI）的规定和本赛事的特定规则来执行。本届环海南岛国际公路自行车赛将于10月5日至10月9日进行，共设5个赛段，全程约为781.1公里。

## 二、赛事类别

本赛事面向男子精英和23岁以下级别的运动员，它已被列入UCI赛事日程表，注册级别为UCI职业系列赛。

依照UCI 2.10.008条规定，个人总成绩前15名的运动员，得分分别如下：

200, 150, 125, 100, 85, 70, 60, 50, 40, 35, 30, 25, 20, 15 和 10 分；

第16名至30名获得5 分，第31名至40名分别获得3分。

每个分段前5名分别获得20, 15, 10, 5和3分。

各分段身着领骑衫者得5分（黄衫）

## 三、参赛队

依照UCI第2.1.005条款的规定，环海南岛国际公路自行车赛面向以下参赛队：

UCI世巡队，UCI职业队，UCI洲际队及国家队。依照UCI第2.2.003及 2.2.003bis条款的规

定，每队参赛的运动员为7名，但不得少于5名，官员最多为6名。

## 四、竞赛总部

竞赛总部将于10月3日 09:00-22:00开放，地址如下：

**博鳌和悦海景度假酒店**  
海南省琼海市博鳌镇滨海大道广场路2号  
电话: +86 0898-62609999  
邮箱: 973108711@qq.com  
**竞赛总监: 孙连滨 谢秋雄**  
地址: 海南省海口市文兴路1号  
电话: +86 0898 65251913  
传真: +86 0898 65251913  
手机: +86 13940000101, 13807503838  
Email: admin@chncycling.com, tourofthainan@163.com

参赛队代表须于**10月4日15:00-16:50在博鳌和悦海景度假酒店新悦厅**，确认本队参赛者名单、检查会员证及队服、并领取比赛号码布。

领队会依照UCI 1.2.087条款的规定安排，由组委会领导及裁判团成员出席，定于**10月4日17:00-17:30在博鳌和悦海景度假酒店新悦厅**。

另国家队（主办国除外）在确认名单时须出示该国自行车协会的同意信。

## 五、竞赛播报

有关竞赛的情况将通过竞赛播报员全程播报，频道将在领队会上公布。  
所有信息皆用中、英两种语言播报。

## 六、公用器材车

公用器材服务由泰山瑞豹公司提供。  
将有3辆公用器材车。

## 七、终点时间限制（关门时间）

考虑到每个赛段的特点，关门时间分别规定如下：

平路赛段：10% （第1赛段）  
丘陵赛段：15% （第2和第5赛段）  
山地赛段：18% （第3和第4赛段）

在特殊情况下，关门时间可根据2.6.032条款，将由裁判团和组委会商定后做出调整决定。

## 八、最后3公里发生公认事故的处理

除了第2赛段外，其它赛段将按照UCI规则第2.6.027条款执行。

## 九、排名一时间奖励一公布

排名如下：

1、**个人总成绩排名（黄色领骑衫）**  
计时裁判每段所记录的时间将计入个人总成绩排名，时间奖励只计入个人总成绩内。

如果有两人或多人的个人总成绩相同，则将根据UCI规则第2.6.015条款来决定。

个人总成绩排名领先者可获得当日奖金。

2、团体排名

分段团体成绩是根据该队当段前三名运动员成绩相加来计算的，如成绩相等，则根据该三名运动员的名次相加来决定，如成绩仍相等，则根据该分段中该队最佳运动员的名次来决定。

团体总成绩名次排列，是根据每分段赛中该队前三名运动员的成绩相加来决定，若成绩相等，则根据以下规定排名：

1）各分段中获得团体第一名的次数；  
2）各分段中获得团体第二名的次数……依此类推。

如果成绩仍相等，则根据该队在个人总成

绩中最佳运动员的名次来决定。

任何少于3名运动员的车队，将被取消团体总成绩的排名。

团体总成绩领先的车队队员，其服装应有独特的标记。

3、**冲刺总积分排名（绿色领骑衫）**

冲刺所得分数的名次排列，将根据每赛段终点所得分数及途中冲刺(8次) 所得分数累计计算。

每赛段前15名的运动员，得分分别如下：  
17, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 和 1 分。

各途中冲刺点的前三名运动员得分分别如下：5、3和1分。

依照UCI 2.6.017条款规定，若个人总成绩相等，则按以下顺序排列名次：

1）分段赛中获得第一名的次数；  
2）途中冲刺第一名的次数；  
3）个人总成绩名次

获得各赛段各冲刺点的前3名运动员，将获得当日奖金（参阅奖金表）。

获得冲刺得分领先的运动员，将获得绿色领骑衫。

**途中冲刺得分分布如下：**

分段	距出发点的公里数
1	17
2	29.6 / 165.1
3	96.8
4	83 / 112.3
5	88.9 / 123.8

为获取个人积分总成绩排名，运动员必须在规则规定的时间内完赛，排名才有效，否则，不得获取最终排名。

#### 4、爬坡排名（圆点衫）

爬坡总成绩将根据13次爬坡冲刺得分累积来决定。根据UCI第2.6.017条规定，若爬坡总成绩相同，将按以下准则排名：

- 1)在特级爬坡点获得第一名的次数；
- 2)在一级爬坡点获得第一名的次数；
- 3)在二级爬坡点获得第一名的次数；
- 4)在三级爬坡点获得第一名的次数；
- 5)在四级爬坡点获得第一名的次数；
- 6)个人总成绩排名。

获得各分赛段各爬坡点得分的运动员,将分别获得当日奖金（参阅奖金表）。

获得爬坡积分领先的运动员,将颁发圆点衫。

##### 爬坡点分布如下：

赛段	距起点公里数
1	30.3 (4级)
2	140.2 (2级), 215.5 (2级)
3	24 (1级), 46 (3级), 58 (3级) 和 110.7 (1级)
4	8.8 (1级), 55.4 (1级)和 90.2 (1级)
5	78.2 (2级), 105 (3级)和 163.8 (3级)

每个爬坡点得分分别如下：

特级爬坡点前十名分别得 15,12,10,8,7,6,5,4,3和2分。

一级爬坡点前六名分别得9,7,5,3,2和1分。

二级爬坡点前五名分别得7,5,3,2和1分。

三级爬坡点前四名分别得5,3,2和1分。

四级爬坡点前三名分别得3,2和1分。

为获取爬坡个人总成绩排名，运动员必须在规则规定的时间内完赛，排名才有效，否则，不得获取最终排名。

#### 5、亚洲最佳个人总成绩排名（蓝衫）

亚洲最佳个人总成绩排名面向车队注册地在亚洲的亚洲国籍选手。

如成绩相等，则依据本规则第9条第1款的规定来排定。

亚洲最佳选手,将着蓝色领骑衫，并获得当日奖金（参阅奖金表）。

6、亚洲最佳团体排名（在亚洲注册的队，由持有亚洲国籍的选手组成）

亚洲团体总成绩,是由各分段团体成绩累积来决定。

亚洲分段团体的成绩，是由在亚洲注册的亚洲队的亚洲籍前3位选手在该段中的累积成绩来计算。

如成绩相等，则依据本规则第9条第2款的规定来排定。

#### 7. 关于领骑衫

获得排名领先的运动员，将身着不同颜色的领骑衫。

若一名运动员同时获得一件以上的领骑衫，则根据以下顺序在下一站穿着领骑衫：

- 1) 个人总成绩（黄衫）；
- 2) 积分总成绩（绿衫）；
- 3) 爬坡总成绩（圆点衫）；
- 4) 亚洲最佳选手总成绩（蓝衫）

组委会将要求下一位选手穿着该名次的领骑衫，但不享受领骑衫奖金，领骑衫奖金只颁发给领骑衫获得者。然而，如果该选手须穿着世锦赛或全国锦标赛、UCI世界杯赛、巡回赛、系列赛的领骑衫，则可以身着该领骑衫。

#### 8. 时间奖励

1) 终点冲刺：前3名运动员分别获得减秒10, 6和4秒的时间奖励。

2) 途中冲刺：前3名运动员分别获得减秒3, 2和1秒的时间奖励。

3) 时间奖励只适用于个人总成绩。

#### 十、补给

运动员允许从车队中及在规定的补给站区间得到补给，比赛开始30公里后到结束前10公里之间进行补给。

补给时队车应在裁判车后进行补给及听从裁判的指挥。

各赛段途中补给站发布如下（前往补给站的巴士停靠在起点线前约50米处，将在比赛开始前15分钟出发）：

赛段	距出发点/公里	交通
1	X	X
2	112.3	巴士
3	X	X
4	X	X
5	110.9	巴士

#### 十一、奖金分配表和特殊奖（奖金分配请见附表）

本届环海南岛国际公路自行车赛,设奖金和特殊奖。按UCI规定，扣除中国税费后经CPM发放。

#### 十二、药检

药检完全按照UCI及ITA的规定执行。药检地点将设在终点附近的房车内。

中国反兴奋剂使用法律亦适用于本比赛。

#### 十三、颁奖仪式

根据UCI规定第2.6.018bis条，以下运动员必须出席正式的颁奖仪式：

- 1、获得当段战斗奖的运动员
- 2、分段前三名
- 3、个人总成绩领先者
- 4、亚洲最佳选手
- 5、爬坡积分领先者
- 6、冲刺积分领先者

以上运动员须在每段比赛成绩公布后上台领奖。颁奖结束后当段冠军和领骑衫获得者参加新闻发布会。

此外，以下运动员需出席闭幕式颁奖仪式：

- 1、冲刺积分排名第一名
- 2、爬坡积分排名第一名
- 3、亚洲最佳选手
- 4、团体排名第一的赛队（含亚洲团体最佳）
- 5、个人总成绩排名前三名

#### 十四、判罚

将按照UCI判罚条款的有关规定执行。

#### 十五、提倡绿色环保，保护环境

自行车运动是一项环保的绿色运动，赛事组委会要求各参赛队的领队、教练员、运动员以及所有工作人员，在本次比赛中应加强环保意识，注意环境卫生及公共卫生，不得随意抛弃果皮纸屑等杂物，废弃物或者空水壶应交回队车里或丢至垃圾区。赛事组委会在每个赛段的最后10.5公里至最后10公里处，以及补给区前300米至补给区结束后的1000米区间设为垃圾区，所有垃圾区组委会将安排专人负责垃圾清理及现场保洁工作。赛事组委会要求各参赛队的领队、教练员、运动员以及所有工作人员，能在本次比赛当中遵守相关规定。

#### 十六、其它

参赛队领队、教练、运动员及其他人员均应遵守本赛事特定的条款及UCI规则。







中国人寿连续**21**年  
雄踞《财富》世界**500**强  
2023年位列第**54**位



—— 保 险 · 投 资 · 银 行 ——

## SPECIFIC REGULATIONS

### 1. ORGANIZATION

The 2023 14th Tour of Hainan is organized by the General Administration of Sport of China, the People's Government of Hainan Province, hosted by Chinese Cycling Association, Department of tourism, Culture, Radio, Television, and Sports of Hainan Province, Qionghai City People's Government, co-organized by Sanya City People's Government, Baoting Li and Miao Autonomous County People's Government, Wanning City People's Government, Dongfang City People's Government, Wuzhishan Municipal People's Government, Lingshui Li and Miao Autonomous County People's Government, Changjiang Li Autonomous County People's Government, Ledong Li Autonomous County People's Government, and Sports Events Center of Hainan province. Tour of Hainan is under the regulations of the UCI (Union Cycliste Internationale) and the Specific Regulations of this event. It is to be held from 5th October to 9th October, 2023 over 5 stages with a total distance of approximately 781.1 Km.

### 2. TYPE OF EVENT

The event is open to athletes of the Men Elite and Under 23 categories. The event is entered on the UCI Calendar and registered as a Pro series event.

In conformity with the UCI rules article 2.10.008, points are awarded to the first 15 riders in the Individual General Classifications as follows:

200, 150, 125, 100, 85, 70, 60, 50, 40, 35, 30,

25, 20, 15 and 10 points;

5 points to the 16th to 30th riders' and 3 points to the 31st to 40th riders'.

20, 15, 10, 5 and 3 points to the first 5 riders in each stage.

5 points to the General Classification leader's jersey wearer per stage.

### 3. PARTICIPATION

As per article 2.1.005 of the UCI Cycling Regulations, the event is open to the following teams: UCI WorldTeams, UCI ProTeams, UCI Continental Teams, UCI Cyclo-cross Professional Teams and National Teams.

As per article 2.2.003 & 2.2.003bis of the UCI Cycling Regulations, the maximum number of riders each team is 7 and the minimum number of riders is 5 and the maximum number of officials is 6.

### 4. RACE HEADQUARTERS

At the start, headquarter of the race shall be open from 3rd October, 2023 at 09:00 to 22:00 and located at the following add:

**BoAo Holliyard Hotel**

No.2 Binhai Ave. Square, Boao Town, Qionghai City, Hainan Province.

Tel: +86 0898-62609999

E-Mail: 973108711@qq.com

**Race Director:**

Sun Lianbin/Xie Qiuxiong

No.1, Wen Xing Road, Haikou

Tel: +86 0898 65251913

Fax: +86 0898 65251913

Mobile: +86 13940000101, 13807503838

Email: admin@chnccycling.com,

tourofhainan@163.com

Additionally, national team (except the host country) must present a letter of agreement from the cycling association of that country when confirming the list.

All information will be announced in English and Chinese.

The Tour is supported by 3 neutral service cars.

Taking into account the characteristics of each stage, the finishing time limits have been set

The time limit may, in exceptional circumstances, be increased by the Commissaires' Panel in agreement with the Organizer according to UCI Cycling Regulations article 2.6.032.

The UCI Regulations Art. No. 2.6.027 will apply.  
(except for the stage 2)

If the result is still tied or if there are no individual time trial stages the placing obtained in each stage shall be added and,

The leader of the general individual classification will receive a yellow jersey.

The team general classification shall be calculated on the basis of the sum of the three best individual times from each team in each stage ridden. In the event of a draw, the following criteria shall be applied in order until the teams are separated:

- The riders of the team leading the team classification shall be required to wear the corresponding distinctive sign.

Points are awarded for each of the intermediate sprints during:

To receive the prizes for the general point classification, each competitor must have completed the whole course of the race within the time limits set by the organizers.



9.4: KOM General Classification (Polka-Dot Jersey):

A "KOM" general classification is to be contested over the 13 climbs counting for this classification. In accordance with article 2.6.017 of the UCI Cycling Regulations:

"In the event of a tie in the 'KOM' classification the following criteria shall be applied in order until the riders are separated:

1. Number of first place in the HC Category climbs,
2. Numbers of the first place in the 1st Category climbs,
3. Number of first places in the 2nd Category climbs,
4. Number of first places in the 3rd Category climbs,
5. Numbers of the first place in the 4th Category climbs,
6. The placing in the Individual General Classification."

The first few riders of each stage's "KOM" classification (see the Prize money list) will receive a daily award.

The leader of the "KOM" classification will receive a red polka-dot jersey.

Points are awarded for each of the climbs during:

Stage	Distance from the Start (Km)
1	30.3 (Cat.4)
2	140.2 (Cat.2), 215.5 (Cat.2)
3	24 (Cat.1), 46 (Cat.3), 58 (Cat. 3) & 110.7 (Cat.1)
4	8.8 (Cat.1), 55.4 (Cat.1) & 90.2(Cat.1)
5	78.2 (Cat.2), 105 (Cat.3) & 163.8 (Cat.3)

Points for each category:

Hors Category climb: 15, 12, 10, 8, 7, 6, 5, 4, 3 and 2 points for the first 10 riders,

1st Category climb: 9, 7, 5, 3, 2 and 1 point for the first six riders,

2nd Category climb: 7, 5, 3, 2, and 1 point for the first five riders,

3rd Category climb: 5, 3, 2, and 1 point for the first four riders,

4th Category climb: 3, 2 & 1 point for the first three riders.

To receive the prizes for the "KOM" classification, each competitor must have completed the whole course of the race within the time limits set by the Organizers.

9.5: Best Asian riders Individual Classification (Blue Jersey):

The best Asian rider general classification only concerns Asian riders whose team registers in Asia.

The best Asian rider's classification is decided according to their position in the general individual classification (see Specific Regulations Article 9.1).

The leader of the best Asian rider classification will receive a blue jersey.

9.6: Best Asian Team: (Teams registered in Asia and riders with Asian Nationality)

The best Asian team is decided according to individual time of the best 3 Asian riders (Asian Nationality) of teams registered with Asian Federations under the same principle as Specific Regulations Article 9.2.

9.7: Leaders' Jerseys:

The leader of each classification shall be required to wear the corresponding distinctive jersey.

If a rider is leading in more than one

classification, the order of priority of the distinctive jerseys shall be as follows:

1. General classification by time (Yellow Jersey),
2. General classification by Points (Green Jersey),
3. General "KOM" classification (Polka-dot Jersey),
4. General best Asian classification (Blue Jersey).

The Organizer may require another rider following next of the relevant classification to wear a jersey (without award) which is not being worn by the leader of that classification. However, if this rider must wear his world or national champion's jersey, or the leader's jersey of a UCI cup, circuit, or series, then he shall wear that jersey.

9.8: Time bonuses:

Stage Classification: 10, 6 & 4 seconds for the first three riders.

Intermediate sprints: 3, 2 and 1 seconds for the first three riders.

Time bonus is only applicable to the General Individual Classification.

10. REFRESHMENTS

1. Refreshments shall be allowed to be distributed from the team cars and at the feeding zone, feeding will be allowed after covering 30KM from the Start till 10KM before the Finish.

Team cars for refreshments shall be provided at the back of Commissaires' car or under Commissaires' instructions.

2. No vehicle will be allowed to park on the roadside at the feeding zone.

3. Supplies shall be allowed in the following areas (a Bus located at 50m in front of the start line will leave 15 minutes before start of the race and directly go to the Feed-zone):

Stage	Distance from the Start (Km)	Transportation
1	X	X
2	112.3	BUS
3	X	X
4	X	X
5	110.9	BUS

11. PRIZE LIST AND SPECIAL PRIMES (SEE THE ANNEXED BELOW)

Cash prizes and special prizes will be awarded for the 2023 Tour of Hainan. The prize will be distributed through the UCI CPM platform after deducting withholding tax in the Peoples' Republic of China.

12. ANTI-DOPIN

The UCI and ITA anti-doping regulations are entirely applicable to the event. The anti-doping tests will take place near the finishing line (in a Caravan). The anti-doping legislation in China is also applicable for the Tour.

13. AWARDS CEREMONY

In accordance with article 2.6.018bis of the UCI regulations, the following riders must attend the daily official awards ceremony:

1. The stage's most aggressive rider,
2. The first 3 riders in the stage,
3. The leader of the Individual General Classification,
4. The leader of the Best Asian Rider,
5. The leader of the "KOM" classification.

6. The leader of Points Classification.  
The riders to be awarded will present themselves:

1. At the podium immediately after crossing the finish line,
2. Attend the press conference right after the awards ceremony.

Moreover, at the general finish of the event, the following riders must also present themselves at the final awards ceremony (closing ceremony):

1. The first rider in the Points Classification,
2. The first rider in the "KOM" classification,
3. The Best Asian Rider,
4. The winner of the Team General Classification & the best Asian team,
5. The first 3 riders in the Individual General Classification.

14.PENALTIES

The UCI penalty scale is the only one applicable.



15.PROTECT THE GREEN ENVIRONMENT

Cycling is a green sport, and all participants shall do their best to protect our earth. Littering is strictly forbidden, especially at the assembling area and finish area. Empty bottles and waste must be collected to the team car or to the "litter zone" provided by the Organizer.

Litter Zone are located at the following places:

- 1.10.5KM to 10KM before Finish,
- 2.300m before entering the Feed-zone to 1000m after pass the Feed-zone.

We appreciate it if team managers, competitors and other team staff would pay attention to hygiene and public health.

16.MISCELLANEOUS

Team managers, competitors and other team staff in each team participating in this event must respect these specific regulations and all UCI regulations.

奖金分配表 PRIZE MONEY (USD)

名次 Pl	分段 Stage	个人总成绩 Ind. G.C.	团体总成绩 Team G.C.	爬山总分 KOM.G.C.	个人总积分 Points.G.C.	亚洲个人 B. Asian Rider	亚洲团体 B. Asian Team
1	5000	20000	9000	7000	7000	7000	6000
2	3000	15000	7000	5000	5000	5000	
3	2000	9500	5000	3000	4000	3000	
4	1000	5500	4000	2000	3000	2000	
5	700	3500	2500	1500	2000	1000	
6	600	2800	2000	1000	1500		
7	600	2800		800	1000		
8	400	1900		500	700		
9	400	1900			500		
10	200	1000			300		
11	200	1000					
12	200	1000					
13	200	1000					
14	200	1000					
15	200	1000					
16	200	1000					
17	200	1000					
18	200	1000					
19	200	1000					
20	200	1000					
Total	15900						
Sum	79500	73900	29500	20800	25000	18000	6000

=252700USD

LJ. Owner (领骑衫获得者):

- Yellow jersey : 900 USD x 4 =3600 USD

Green jersey : 600 USD x 4 =2400 USD

Polka-dot jersey: 600 USD x 3 =1800 USD

Blue jersey : 400 USD x 4 =1600 USD
- 黄 衫: 900 美元 x 4 =3600 美元

绿 衫: 600 美元 x 4 =2400 美元

圆点衫: 600 美元 x 3 =1800 美元

蓝 衫: 400 美元 x 4 =1600 美元

=9400USD

Stage KOM (each climb, 各爬坡点每次分别得奖金为):

- Cat.1 (@100USD ; 80USD ; 70USD ; 50USD ; 40USD)x5=1700

Cat.2 (@90USD ; 75USD ; 65USD ; 50USD)x3=840

Cat.3 (@70USD ; 50USD ; 35USD)x4=620

Cat.4 (@45USD ; 35USD ; 30USD )x1=110

=3270USD

Stage Int. Sprint (each sprint) 每次途中冲刺点分别获得奖金为:

- (@100USD ; 80USD ; 60USD) x8

=1920USD

Daily most aggressive rider: 200x5

=1000USD

Grand Total (总奖金) 252700+9400+3270+1920+1000+31712(mandatory taxes)=300000USD



SUNFOOT®  
上足®

运动尽挥洒  
清爽无惧汗

上足智能烘干机

头盔/手套/鞋子/袜子/护具

快干燥  
DRYING

速净味  
DEODORIZING

强杀菌  
STERILIZING

SUPER STERILIZATION  
超除菌  
99.9%有效除菌\*

以下微生物类别

- ✓ 白色念珠菌
- ✓ 表皮葡萄球菌
- ✓ 大肠杆菌

在试验条件下



助力环海南岛国际公路自行车赛

上足为运动健儿喝彩!



上足旗舰店



爱运动 爱上足

DHL

遍布全球, 服务领先

DHL快递是服务全世界的物流企业, 致力于为全球客户提供文件和包裹的国际限时快递服务, 拥有遍布全球220多个国家和地区的物流网络。

我们的全球优势

覆盖 220+  
国家和地区的  
快递网络



香港  
辛辛那提  
莱比锡  
三大国际枢纽

5.23亿+  
快件每年



2300+  
次航班每天



34,600+  
车辆



111,800+  
服务中心



3,400+  
处服务设施

370+  
TAPA认证

120,000+  
员工

320+  
架飞机

3,000,000+  
客户



立即开通寄件账号, 享受专属折扣  
开启跨境业务新旅程

使用DHL快递俱乐部微信订阅号和小程序一键下单、查询, 掌握第一手物流行业资讯。



DHL快递俱乐部订阅号

最新动态、市场趋势、本地活动  
一手掌握



DHL快递俱乐部小程序

发件预约、跟踪快件、账号管理  
一步到位



# 总体日程安排 RACE SCHEDULE

## 10月3日

赛队及技术团队报道	博鳌和悦海景度假酒店	09:00-22:00
竞赛秘书处 & 新闻中心开放	博鳌和悦海景度假酒店	09:00-22:00
执委会会议	博鳌国宾馆泰和楼二楼白石岭厅	16:00-17:00

## 10月4日

竞赛秘书处 & 新闻中心开放	博鳌和悦海景度假酒店新悦厅	09:00-22:00
全体驾驶员安全会议	博鳌和悦海景度假酒店新悦厅	09:00-10:30
全体裁判会	博鳌和悦海景度假酒店新悦厅	11:00-12:00
检查会员证、队服、发放号 码布和车牌	博鳌和悦海景度假酒店新悦厅	15:00-16:50
车队领队会	博鳌和悦海景度假酒店新悦厅	17:00-17:30
开幕式	博鳌国宾馆博鳌厅	20:00-21:30

## 10月5日 第一赛段：琼海 - 琼海 比赛距离：92.6 公里

活动	时间	地点
“康师傅”每日签到时刻	09:00-09:50	琼海市政广场
琼海 - 琼海	10:00-12:15	92.6km
“乐东电商”每日荣耀时刻（赛段颁奖）	12:15-12:45	琼海市政广场

## 10月6日 第二赛段：琼海 - 万宁 - 保亭 比赛距离：215.5 公里

活动	时间	地点
“康师傅”每日签到时刻	09:00-09:50	琼海市政广场
琼海 - 保亭赛段	10:00-15:45	215.5km
“乐东电商”每日荣耀时刻（赛段颁奖）	15:15-15:45	七仙岭温泉国家森林公园

## 10月7日 第三赛段：保亭 - 五指山 比赛距离：122.6 公里

活动	时间	地点
“康师傅”每日签到时刻	09:00-09:50	七仙广场
保亭 - 五指山赛段	10:00-13:20	122.6km
“乐东电商”每日荣耀时刻（赛段颁奖）	13:00-13:30	五指山市青少年活动中心

## 10月8日 第四赛段：五指山 - 白沙 - 昌江 比赛距离：147.1 公里

活动	时间	地点
“康师傅”每日签到时刻	09:00-09:50	五指山市青少年活动中心
五指山 - 昌江赛段	10:00-14:00	147.1km
“乐东电商”每日荣耀时刻（赛段颁奖）	13:40-14:10	昌江宣传文化中心

## 10月9日 第五赛段：昌江 - 乐东 - 三亚 比赛距离：203.3 公里

活动	时间	地点
“康师傅”每日签到时刻	09:00-09:50	昌江文化宣传中心
昌江 - 三亚赛段	10:00-15:25	203.3km
“乐东电商”每日荣耀时刻（赛段颁奖）	14:55-15:25	海坡二横巷路口
闭幕式暨颁奖礼	20:00-21:30	三亚湾红树林度假酒店会议中心



# RACE SCHEDULE

## 10.3

Team and Technical Team Registration	BoAo Holliyard Hotel	09:00-22:00
Race Secretariat & Media Center Reception	BoAo Holliyard Hotel	09:00-22:00
Executive Committee Meeting	Boao State Guest House, Baishiling Hall on the 2nd Floor of Taihe Building	16:00-17:00

## 10.4

Race Secretariat & Media Center Reception	BoAo Holliyard Hotel Xinyue Hall	09:00-22:00
Drivers Safety Meeting	BoAo Holliyard Hotel Xinyue Hall	09:00-10:30
Commissaires Meeting	BoAo Holliyard Hotel Xinyue Hall	11:00-12:00
License control; Issue of numbers	BoAo Holliyard Hotel Xinyue Hall	15:00-16:50
Team Managers Meeting	BoAo Holliyard Hotel Xinyue Hall	17:00-17:30
Opening Ceremony	Boao State Guest House BoAo Hall	20:00-21:30

## 10.5 STAGE 1:QIONGHAI-QIONGHAI

92.6Km

ACTIVITY	TIME	LOCATION
Master Kong Sign on	09:00-09:50	Qionghai Municipal Square
Qionghai City Criterium	10:00-12:15	92.6KM
Ledong E-commerce Awarding Ceremony	12:15-12:45	Qionghai Municipal Square

## 10.6 STAGE 2:QIONGHAI-WANNING-BAOTING

215.5Km

ACTIVITY	TIME	LOCATION
Master Kong Sign on	09:00-09:50	Qionghai Municipal Square
Stage: Qionghai-Baoting	10:00-15:45	215.5KM
Ledong E-commerce Awarding Ceremony	15:15-15:45	Qixianling Spring National Forest Park

## 10.7

## STAGE 3:BAOTING-WUZHISHANG

122.6Km

ACTIVITY	TIME	LOCATION
Master Kong Sign on	09:00-09:50	Qixian Square
Stage: Baoting-Wuzhishan	10:00-13:20	122.6KM
Ledong E-commerce Awarding Ceremony	13:00-13:30	Wuzhishan Youth Activity Center

## 10.8

## STAGE 4:WUZHISHAN-BAISHA-CHANGJIANG

147.1Km

ACTIVITY	TIME	LOCATION
Master Kong Sign on	09:00-09:50	Wuzhishan Youth Activity Center
Stage: Wuzhishan--Changjiang	10:00-14:00	147.1KM
Ledong E-commerce Awarding Ceremony	13:40-14:10	Changjiang Cultural Center

## 10.9

## STAGE 5: CHANGJIANG-LEDONG-SANYA

203.3Km

ACTIVITY	TIME	LOCATION
Master Kong Sign on	09:00-09:50	Changjiang Cultural Center
Stage: Changjiang-Sanya	10:00-15:25	203.3KM
Ledong E-commerce Awarding Ceremony	14:55-15:25	Road Work:Haipo No.3 Cross Alley Intersection
Closing and Prize-Giving Ceremony	20:00-21:30	Conference Center of Mangrove Tree Resort World Sanya Bay



康师傅 茶饮品



康师傅  
绿茶

健康活力  
每一「酚」

康师傅绿茶品牌代言人

吴磊

原叶萃取  
高山云雾茶

富含茶多酚  
600mg/kg

低糖  
含蜂蜜 天然温润



# 参赛队伍 TEAMS



**BOLTON EQUITIES  
BLACK SPOKE**  
新西兰黑辐条车队



**CORRATEC SELLE ITALIA**  
意大利克罗蒂克车队



**ISRAEL - PREMIER TECH**  
以色列博泰车队



**TEAM NOVO NORDISK**  
美国诺和诺德车队



**ABLOC CT**  
荷兰 Abloc CT 车队



**ST GEORGE CONTINENTAL  
CYCLING TEAM**  
澳大利亚圣乔治洲际队



**TEAM MEDELLIN - EPM**  
哥伦比亚麦德林车队



**ROOJAI ONLINE INSURANCE**  
泰国路佳线上保险车队



**TERENGGANU POLYGON  
CYCLING TEAM**  
马来西亚登嘉楼车队



**LJUBLJANA GUSTO Santic**  
卢布尔雅那·高士特·森地  
客洲际队



**HRE MAZOWSZE SERCE POLSKI**  
波兰之心车队



**LI NING STAR**  
李宁之星洲际队



**HENGXIANG CYCLING TEAM**  
恒翔洲际队



**BODYWRAP LTWOO  
CYCLING TEAM**  
巴迪瑞蓝图洲际队



**PINGTAN INTERNATIONAL  
TOURISM ISLAND CYCLING TEAM**  
平潭国际旅游岛洲际队



**WUZHISHAN CYCLING TEAM**  
五指山 1867 洲际队



**CHINA GLORY CONTINENTAL  
CYCLING TEAM**  
中国华兴洲际队



**TIANYOUDE HOTEL  
CYCLING TEAM**  
青海天佑德洲际队



**CHINA NATIONAL ROAD  
CYCLING TEAM**  
中国国家公路自行车队



**MONGOLIA NATIONAL ROAD  
CYCLING TEAM**  
蒙古国家公路自行车队

	BEB 黑辐条
	COR 克罗蒂克
	IPT 博泰
	TNN 诺和诺德
	ABC Abloc CT
	STG 圣乔治
	MED 麦德林
	ROI 路佳线上保险
	TSG 登嘉楼
	LGS 卢布尔雅那·高士特·森地客
	MSP 波兰之心
	LNS 李宁之星
	HEN 恒翔
	BDR 巴迪瑞蓝图
	PIT 平潭国际旅游岛
	WZS 五指山 1867
	CGC 中国华兴
	TYD 青海天佑德
	CHN 中国国家队
	MGL 蒙古国家队

## 赞助商 SPONSORS

### 战略合作伙伴 (Strategic partners)



### 城市支持 (City Support)



### 合作伙伴 (Partners)



### 战略合作媒体 (Strategic Media Partners)



### 合作媒体 (Media Partners)



# 求实真年份 致敬实干家

☎ 400-012-1998

中国食品发酵工业研究院 | 贵州民族酒业(集团)有限公司 | 联合研发



QIONGHAI  
琼海

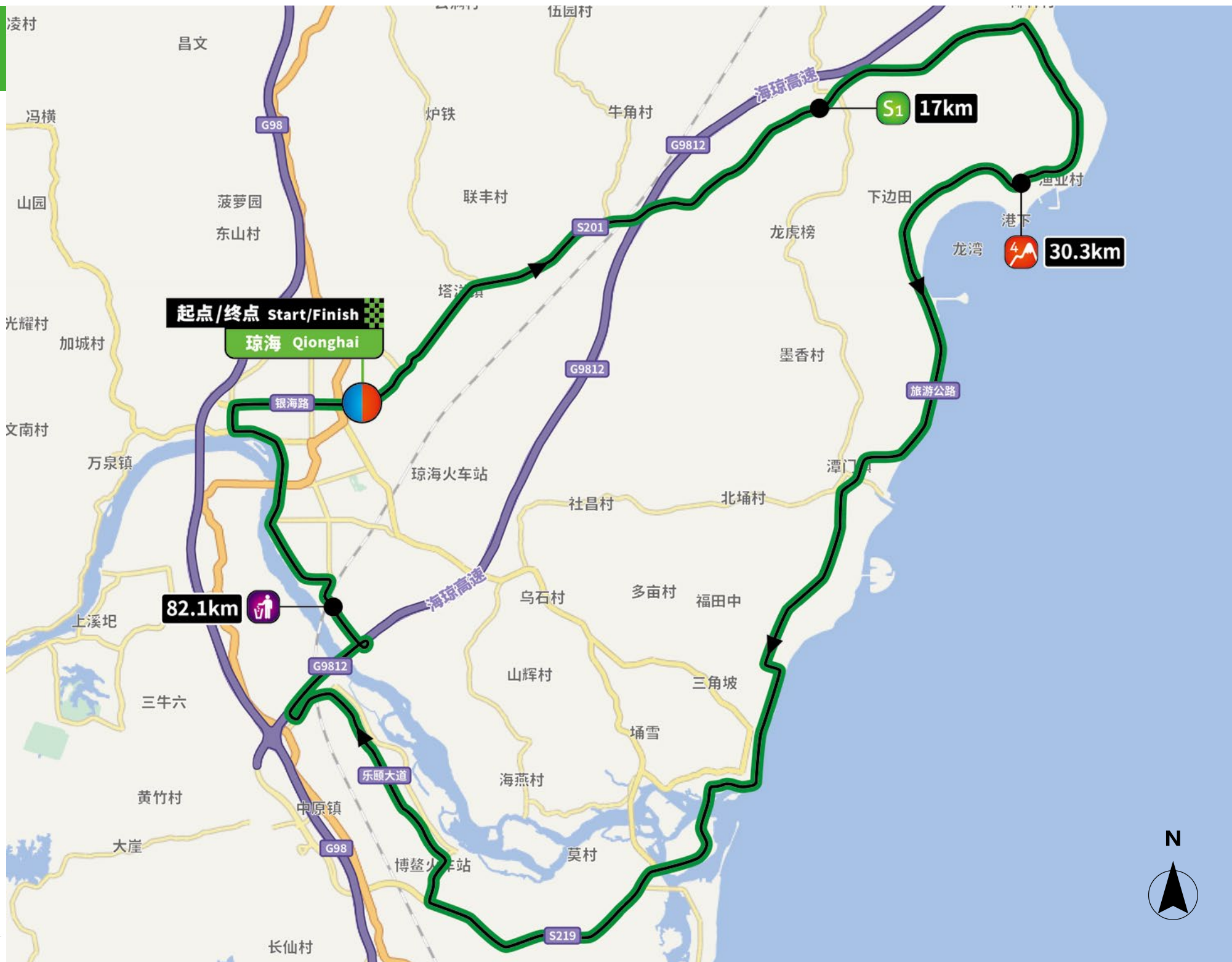
# 美丽琼海 幸福家园



OCT.5, 2023  
星期四 THURSDAY







QIONGHAI-QIONGHAI

琼海 - 琼海  
92.6km



OCT.5, 2023  
星期四 THURSDAY







起点：市政广场  
Start: Government Square

### 琼海市 Qionghai

琼海市位于海南省东部，万泉河中下游，是红色娘子军的故乡，是举世瞩目的“博鳌亚洲论坛”所在地，是年轻而富有魅力的中国优秀旅游城市。在这里，有 1308 级贴崖登山石阶的白石岭，可登至峰顶观“白石岭八景”，更有万泉河一路蜿蜒奔到博鳌流入南海，充满传奇的红色娘子军纪念馆再现了娘子军当年的辉煌，享誉世界的博鳌亚洲论坛向世人展现了海南的魅力。



在海南自由贸易港建设大背景下，作为博鳌亚洲论坛永久会址所在地和海南四大中心城市之一，琼海将围绕海南国际旅游消费中心建设，做大做强旅游和会议会展两大产业，实现全域旅游精彩绽放。

Qionghai, home to the Red Detachment of Women, is located in eastern Hainan, the middle and lower reaches of Wanquan River. It is the outstanding tourist city in China, and also the site of the world-known "Boao Forum for Asia". In Qionghai, you can climb to the top of Baishi Mountain which has a 1308-step stone road to admire the eight famous sights of the mountain. You can also witness Wanquan River rushing across Boao into the South China Sea. With the memorial park of the red detachment of women to reproduce their glory, and the world-renowned Boao Forum for Asia, you can experience the charm of Hainan.

Under the background of the construction of the Hainan free trade port, as the permanent site of Boao Forum for Asia and one of the four major cities in Hainan. Qionghai will focus on the construction of Hainan international tourism and consumption center, strengthening and expanding the tourism and conference and exhibition industries, and achieve the splendid blossoming of integrated tourism.



### 海南省环岛旅游公路 Hainan Circum-island Tourism Highway



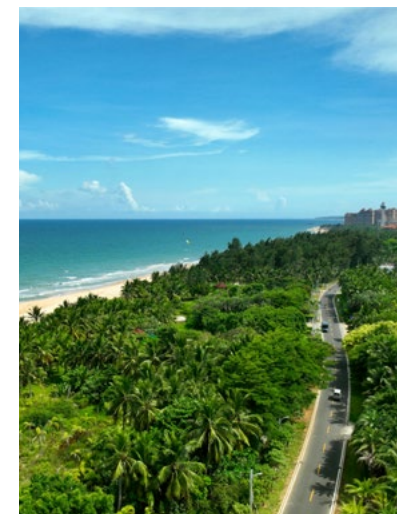
海南环岛旅游公路位于环海南岛沿海，项目主线长 988.2 公里，新改建总里程达 517 公里（含主线 453.2 公里，支线和连接线 63.8 公里）。其中设置养护工区 8 处、停车区 25 处、新能源补给站 14 处、观景台 45 处、路侧停车带 66 处，云控中心 1 处。贯穿海口、文昌、琼海、万宁、陵水、三亚、乐东、东方、昌江、儋州、临高、澄迈等沿海 12 个市县和一个国家级开发区。其

中琼海段主线全长 46.7km，打造了“椰林风情、疏林游憩、缤纷假日、滨海生活”四个主题段落。

海南环岛旅游公路有机串联沿途约 9 类 84 段景观区域、22 个滨海岬角、25 座灯塔、68 个特色海湾、26 个滨海潟湖、16 片红树林、40 个驿站、31 家 A 级以上景区、21 处旅游度假区、261 处滨海名胜古迹，建成后将助推全域旅游示范省建设。

海南环岛旅游公路被定位为“国家海岸一号风景道”，是海南国际旅游消费中心标志性项目，也是海南全域旅游迈上新台阶的重要一笔，该项目的建设对不断探索创新旅游公路开发运营模式具有重要意义。通过连接线将环岛高铁、高速、国道与环岛旅游公路有机衔接，构建“快进慢游”交通体系，将滨海景点和驿站串联为“珍珠项链”，将环岛旅游公路打造成海南自由贸易港建设的标杆工程和传世之作。项目建成后，可吸引三分之一的游客到环岛旅游公路上，助力海南自由贸易港成为国际旅游消费中心和全域旅游示范省。

Hainan Circum-island Tourism Highway is located in the coastal area of Hainan Island. The main line of the project is 988.2 km, and the total mileage of newly rebuilt is 517 kilometers (including 453.2 kilometers of main line, 63.8 kilometers of branch lines and connecting lines). Among them, there are 8 maintenance work areas, 25 parking areas, 14 new energy supply stations, 45 viewing platforms, 66 roadside parking belts, and a cloud control center. Through Haikou, Wenchang, Qionghai, Wanning, Lingshui, Sanya, Ledong, Dongfang, Changjiang, Danzhou, Lingao, Chengmai and other coastal 12 cities and counties and a national level development zone. Among them, the main line of Qionghai section is 46.7km long, and four theme paragraphs of "coconut forest style, sparse forest recreation, colorful holiday and coastal life"



is created.

Hainan Circum-island Tourism Highway connect the route with about 9 categories of 84 landscape areas, 22 coastal morros, 25 lighthouses, 68 characteristic bays, 26 coastal lagoons, 16 mangroves, 40 post houses, 31 scenic spots not lower than A level, 21 tourist resorts, 261 coastal scenic spots and historic sites, which will promote the construction of integrated tourism demonstration province after completion.

Hainan Circum-island Tourism Highway is positioned as the "National Coast Scenic Road No. 1", which is a landmark project of Hainan International Tourism Consumption Center. And it is also an important milestone for Hainan's integrated tourism to a new level. The construction of the project is of great significance for the continuous exploration and innovation of the development and operation mode of tourism highway. Through the connecting line, the high-speed railway, highway, national highway and the tourist highway around the island will be organically connected. The transportation system of "fast forward and slow tour" will be built, and the coastal scenic spots and post stations will be connected as a "pearl necklace", that create a benchmark project and a masterpiece in the construction of Hainan free trade port. After the completion of the project, one third of Hainan's tourists can be attracted to the Circum-island Tourism Highway, helping Hainan Free Trade Port to become an international tourism consumption center and a demonstration province of integrated tourism.

#### 博鳌亚洲论坛永久会址景区 Boao Forum for Asia Permanent site scenic spot

博鳌亚洲论坛国际会议中心，位于海南省琼海市博鳌镇东屿岛上，是博鳌亚洲论坛年会的永久性会址，也是诠释博鳌文化的所在地。景区总面积37000平方米，共分三层，博鳌亚洲论坛年会的主会场位于会议中心第二层，会场的主色调采用黄色，给人以规模宏大、金碧辉煌的印象。博鳌亚洲论坛永久会址，是集树林、沙滩、温泉、奇石和田园等美景于一身的国家4A级景区。



Boao Asia Forum International Conference Center, located on Dongyu Island, Boao Town, Qionghai City, Hainan Province, is the permanent venue of Boao Forum for Asia Annual Conference and the place to interpret Boao culture. With a total area of 37,000 square meters, the scenic spot is divided into three floors. The main venue of Boao Forum for Asia Annual Conference is located on the second floor of the conference center. The main color of the venue is yellow, giving people the impression of grand scale. The permanent site of Boao Forum for Asia is a national 4A level scenic spot integrating woods, beaches, hot springs, strange rocks and pastoral landscapes.

#### 博鳌田园小镇 Boao Rural Town



博鳌聚江、河、湖、海、山、岭、泉、岛屿八大地理地貌为一体，集椰林、沙滩、奇石、温泉、田园等资源精华于一身，就如一幅丝路天堂的南国画卷。

2001年“亚洲论坛”永久落户海南博鳌，让这个与世无争、远离喧嚣的小镇声名鹊起，随之也揭开了其天堂般的面纱。借助论坛效应，博鳌一夜成名，迅速实现从小渔村到知名论坛小镇的华丽转型。每年都有数百万中外嘉宾、游客慕名来到这里。

Boao gathers rivers, lakes, seas, mountains, springs and islands together. It integrates the essence of coconut forests, beaches, strange rocks, hot springs and pastoral resources, just like a picture of the South of the Silk Road paradise.

In 2001, "Asia Forum" permanently settled in Boao, Hainan province, making this peaceful town famous, but also unveiled its paradise veil. With the forum's effect, Boao became famous overnight and quickly realized the magnificent transformation from a small fishing village to a well-known forum town. Millions of guests and tourists from home and abroad come here every year.

#### 潭门渔业小镇 Tanmen Fishing Town

潭门镇是海南东部沿海最大的中心渔港，也是历经千年的渔业小镇。小镇都是海的元素——船木色的路灯，就像根根桅杆，在瞭望着大海；船舵、救生圈、船桨、铁锚、贝壳、龙虾……街边小楼房的墙面上，挂着一个富有渔家风味的物件：老旧的小木帆船、船舷栏杆、铁链、船篷……

Tanmen town is the largest central fishing port in the east coast of Hainan, and also a fishing town after thousands of years. The town is full of sea elements -- wooden ship lamps, ship masts, looking out at the sea; Rudders, lifebelts, oars, anchors, shells, lobsters.... On the walls of small buildings along the street, hanging with a rich fisherman's style of objects: old small wooden boats, railings, chains, canopies.....





## 中国 (海南) 南海博物馆 National South China Sea Museum



中国 (海南) 南海博物馆是展示南海人文历史和自然生态, 保护水下文化遗产, 促进海上丝绸之路沿线国家和地区文化交流的综合性博物馆, 国家一级博物馆、国家 4A 级旅游景区、全国爱国主义教育示范基地。

场馆依地势而建, 融合现代美学风格与中国文化元素, 取义“丝路逐浪, 南海之舟”。总建筑面积 70593 平方米, 设有基本陈列和专题展览 7 个,

分别为《南海人文历史陈列》《南海自然生态陈列》《八百年守候 -- 西沙华光礁 1 号沉船特展》《探海寻踪 -- 中国水下考古与南海水下文化遗产保护》《做海 -- 南海渔家文化展 (海南)》《源同流异 -- 馆藏清代外销艺术品展》等, 新推出《南海鲸灵 -- 馆藏鲸类标本展》广受青少年观众喜爱, 不断推出的海上丝绸之路系列展览旨在搭建“21 世纪海上丝绸之路”文化交流平台。

China (Hainan) South China Sea Museum is a comprehensive museum that displays the history and natural ecology of the South China Sea, protects underwater cultural heritage, and promotes cultural exchanges between countries and regions along the Maritime Silk Road. It is a national first-class museum, a national 4A level tourist attraction, and a national demonstration base for patriotism education.

Built according to the terrain, the pavilion combines modern aesthetic style and Chinese cultural elements, meaning "sailing on the Silk Road, sailing on the South China Sea". With a total construction area of 70,593 square meters, there are 7 basic displays and special exhibitions. The newly launched "South China Sea Whale Spirits -- Exhibition of Collected Whale Specimens" is popular among young audiences. The series of exhibitions on maritime Silk Road are aimed at building a cultural exchange platform for the "21st Century Maritime Silk Road".

## 海南博鳌水城旅游景区 Boao Water City scenic spot

海南博鳌水城旅游景区位于博鳌亚洲论坛特别规划区内, 包括博鳌亚洲论坛成立会址, 博鳌玉带滩, 博鳌鸳鸯岛, 博鳌沙坡岛高尔夫球场, 公共商业服务区——博鳌风情广场商业步行街, 住宿接待设施——博鳌金海岸温泉大酒店, 及万泉河、九曲江、龙滚河入海口水域等。这里水中有岛, 岛中有水, 秀丽景色和名胜古迹集于一地, 被人们誉为奇妙的南国风光画卷。因其独特的自然资源、精心的规划以及高水准的开发建设, 博鳌水城被海南省政府列为重点开发的旅游项目, 1998 年 7 月即被国家旅游局选为“中国 43 个优先发展的旅游项目”之一。

Hainan Boao Shuicheng scenic spots located in Boao Asia "BBS" special planning area. There are "islands in the water" and "water in the island", beautiful scenery and scenic spots and historic sites

set in one place, which is known as a wonderful picture of southern scenery. Because of its unique natural resources, careful planning and high level of development and construction, Boao Water City has been listed as a key tourism project by Hainan Provincial government. In July 1998, it was selected as one of the "43 Priority tourism projects in China" by The National Tourism Administration.



终点: 市政广场  
Finish: Government Square

2023 年 10 月 5 日 (星期四) 5/10/2023 Thursday

6:00-9:00 早餐 Breakfast

6:30-8:00 领水、领冰 Distribution of Ice and Water

9:00-9:50 “康师傅”每日签到时刻 Master Kong Sign on

10:00 比赛开始 Race Start

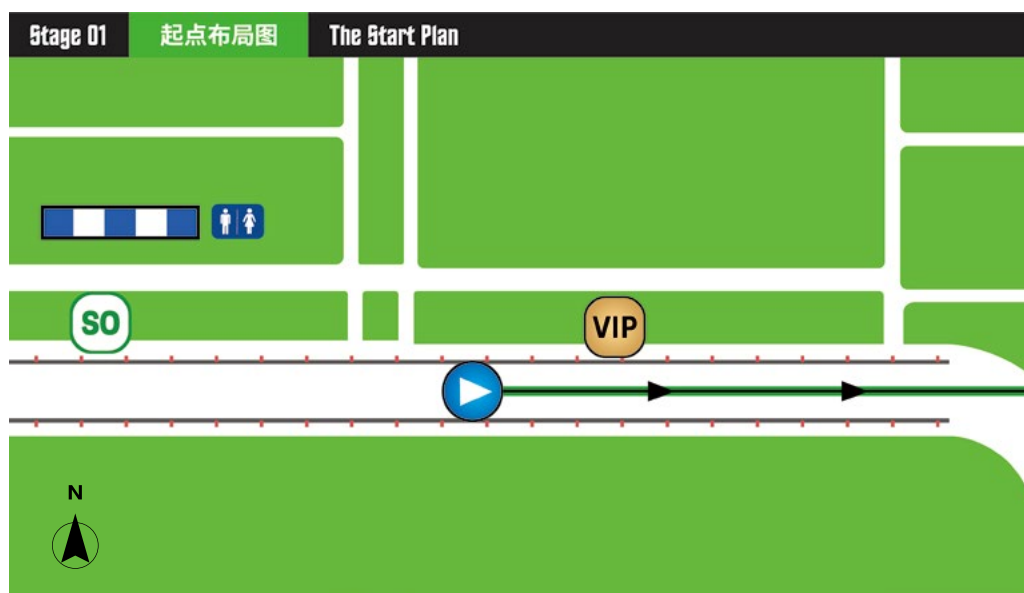
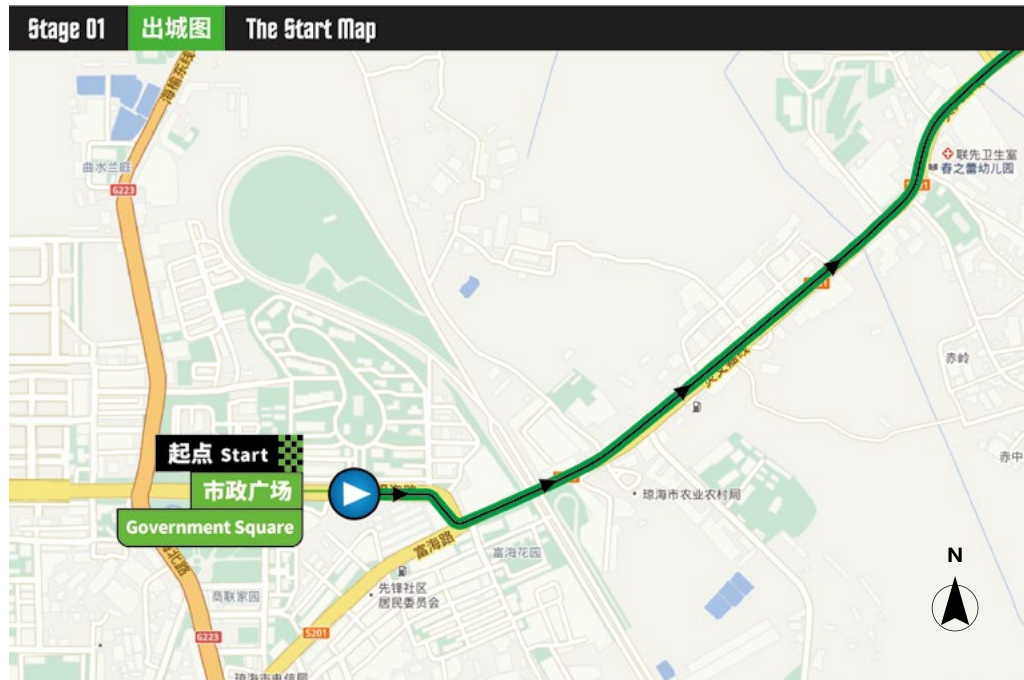
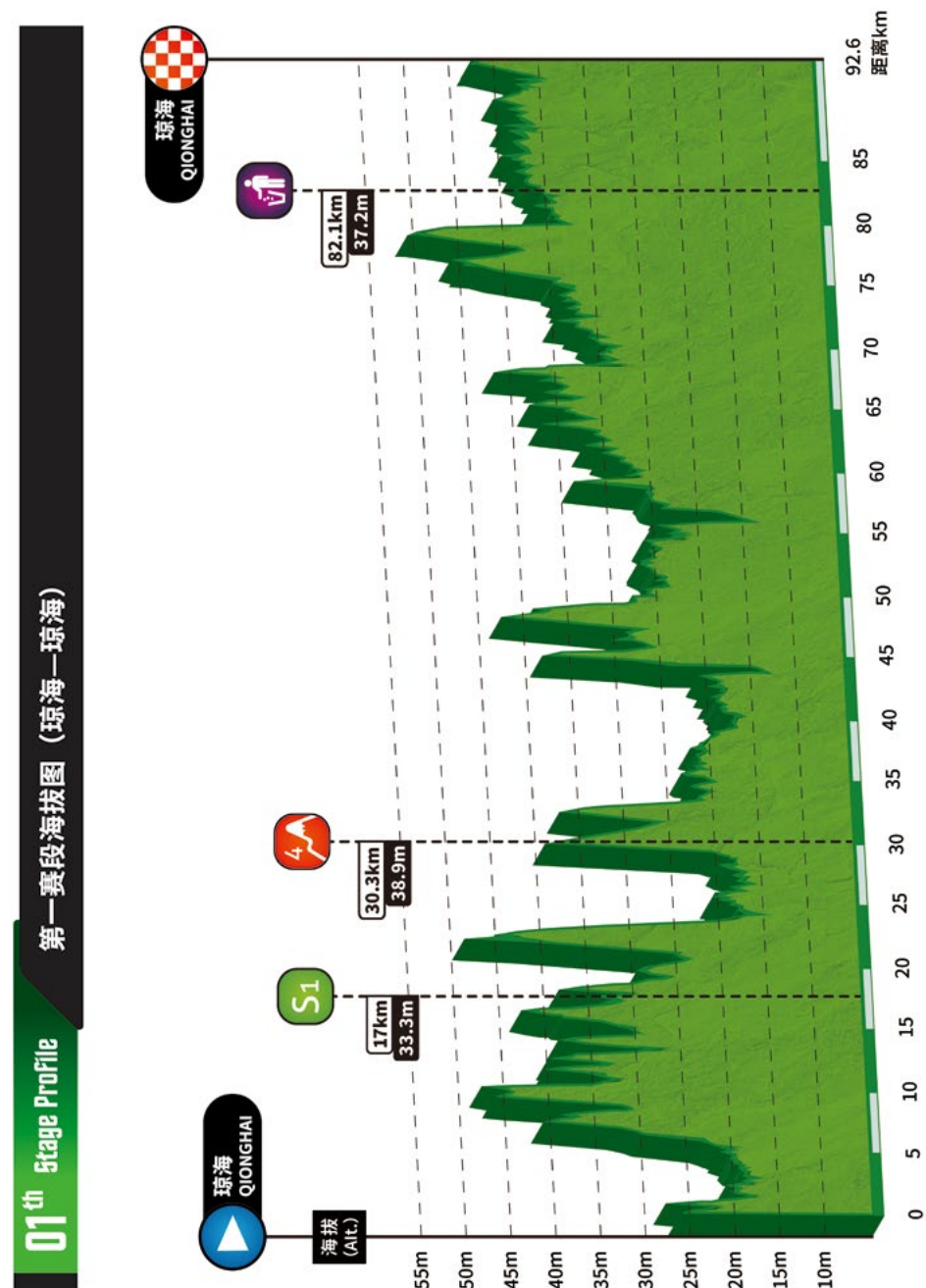
约 12:15 比赛结束 Estimated Finishing Time

约 12:15-12:45 “乐东电商”每日荣耀时刻 (赛段颁奖) Ledong E-commerce Awarding Ceremony

12:00-15:00 午餐 Lunch

18:00-20:00 晚餐 Dinner

9:00-22:00 竞赛办公室开放 Opening of Race Office

1<sup>st</sup> STAGE  
第一赛段QIONGHAI-QIONGHAI  
琼海 - 琼海QIONGHAI-QIONGHAI  
琼海 - 琼海1<sup>st</sup> STAGE  
第一赛段



1<sup>st</sup> STAGE  
第一赛段QIONGHAI-QIONGHAI  
琼海 – 琼海公里 (km)  
from the start  
距终点 (km)  
to the finish  
海拔 Alt. (m)  
前进方向说明  
Instruction描述  
Description预计达到时间  
Estimated Arrival Time  
42km/h 44km/h 46km/h

0	92.6	25.2	🚦	市政广场	Government Square	10:00:00	10:00:00	10:00:00
0.1	92.5	25.8	➡	银海路	Yinhai Rd.	10:00:08	10:00:07	10:00:07
0.2	92.4	25.6	⬅	S201, 往塔洋	S201, to Tayang	10:00:15	10:00:15	10:00:15
2.4	90.2	18.7	⬆	品香园展示馆	Hainan Pin Xiang Yuan Foodstuff Co.	10:03:00	10:02:58	10:02:56
3.9	88.7	19.7	⬆	塔洋路牌	Tayang Rd. Sign	10:04:53	10:04:49	10:04:47
16.4	76.2	35.7	⬆	长坡路牌	Changpo Rd. Sign	10:21:23	10:20:56	10:20:43
17	75.6	33.3	S1	长坡镇政府	Changpo Town Government	10:22:10	10:21:42	10:21:28
17.8	74.8	37.7	⬆	潭门路口	Tanmen Rd. Intersection	10:23:13	10:22:43	10:22:29
24	68.6	16.6	➡	旅游公路	Tourism Highway	10:31:18	10:30:38	10:30:19
24.8	67.8	18.8	⬆	沙老河大桥	Shalaohe Bridge	10:32:21	10:31:40	10:31:20
26	66.6	18	⬆	旅游公路, K2	Tourism Highway, K2	10:33:55	10:33:11	10:32:51
29.6	63	20.3	START	旅游公路 K5+600	Tourism Highway, K5+600	10:38:37	10:37:47	10:37:23
30.3	62.3	38.9	🚧	坡度 1.9%, 坡长 700 米, “停” 牌	Gradien 1.9%, Slope Length 700m, Stop Sign	10:39:31	10:38:41	10:38:16
36.8	55.8	22.2	⬆	旅游公路, 龙湾港	Tourism Highway, Longwan Port	10:48:00	10:46:59	10:46:29
38	54.6	21.2	⬆	孟美园村	Mengmeiyuan Village	10:49:34	10:48:31	10:48:00
39	53.6	18.5	⬆	旅游公路, K15	Tourism Highway, K15	10:50:52	10:49:47	10:49:16

QIONGHAI-QIONGHAI  
琼海 – 琼海1<sup>st</sup> STAGE  
第一赛段公里 (km)  
from the start  
距终点 (km)  
to the finish  
海拔 Alt. (m)  
前进方向说明  
Instruction描述  
Description预计达到时间  
Estimated Arrival Time  
42km/h 44km/h 46km/h

40.2	52.4	17.7	⬆	草塘村	Caotang Village	10:52:26	10:51:19	10:50:47
43	49.6	19.9	⬆	旅游公路, K19	Tourism Highway, K19	10:56:05	10:54:54	10:54:19
43.5	49.1	14.6	⬆	滨海大道	Binhai Ave.	10:56:44	10:55:32	10:54:57
43.9	48.7	15.2	⬆	潭门大桥	Tanmen Bridge	10:57:16	10:56:03	10:55:27
49.9	42.7	26.8	⬅	亚洲湾大道	Asian Bay Ave.	11:05:05	11:03:42	11:03:02
50	42.6	26.8	⬆	马六甲路口	Maliujia Rd. Intersection	11:05:13	11:03:50	11:03:09
50.4	42.2	25.1	➡	听海路	Tinghai Rd.	11:05:44	11:04:20	11:03:40
53.1	39.5	26.3	⬆	海的故事	Sea Story	11:09:16	11:07:47	11:07:04
53.7	38.9	26	⬆	博鳌庙街	Boao Temple Street	11:16:43	11:13:14	11:10:03
54.5	38.1	23.4	⬆	博鳌亚洲论坛永久会址	Permanent Site of Boao Forum for Asia	11:17:26	11:13:55	11:10:42
54.6	38	18	⬅	水城路	Shuicheng Rd.	11:18:00	11:14:27	11:11:13
54.9	37.7	23.2	⬆	博鳌亚洲论坛永久会址景区 (东门)	Permanent Site of Boao Forum for Asia Scenic Area (East Gate)	11:18:26	11:14:52	11:11:37
55	37.6	23.8	⬆	水城路	Shuicheng Rd.	11:18:34	11:15:00	11:11:44
55.1	37.5	24.3	⬆	金海岸中桥	Golden Coast Middle Bridge	11:18:43	11:15:08	11:11:52
55.3	37.3	26	⬆	博鳌海底通道	Boao Submarine Channel Entrance	11:19:00	11:15:25	11:12:08
55.5	37.1	20.5	⬆	远洋大道	Yuangyang Ave.	11:19:17	11:15:41	11:12:23

92.6KM 10月5日 OCT.5 / 星期四 THURSDAY

1<sup>st</sup> STAGE  
第一赛段QIONGHAI-QIONGHAI  
琼海 – 琼海

公里 (km) from the start 距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 42km/h 44km/h 46km/h		
56.2	36.4	17.6	↑	远洋大道 (东屿岛大酒店)	Dongyu Island Hotel, Yuanyang Ave.	11:20:17 11:16:38 11:13:18
56.7	35.9	24.6	➡	远洋大道	Yuanyang Ave.	11:21:00 11:17:19 11:13:57
58.2	34.4	26.2	↑	培兰大桥	Peilan Bridge	11:23:09 11:19:22 11:15:55
58.8	33.8	33.2	⬇	博鳌亚洲论坛永久 会址景区 (西门)	Permanent Site of Boao Forum for Asia Scenic Area (West Gate)	11:24:00 11:20:11 11:16:42
64.7	27.9	37.9	↑	石头村大桥	Shitou village Bridge	11:32:26 11:28:14 11:24:23
66.8	25.8	37	➡	康乐路	Kangle Rd.	11:35:26 11:31:05 11:27:08
68.1	24.5	32.4	⬅	乐颐大道	Leyi Ave.	11:37:17 11:32:52 11:28:50
69.4	23.2	29.6	↑	亚洲干细胞	Asian Stem Cell Hospital	11:39:09 11:34:38 11:30:31
70.2	22.4	31.7	↑	乐颐大道	Leyi Ave.	11:40:17 11:35:44 11:31:34
71.8	20.8	32.3	↑	乐颐大道	Leyi Ave.	11:42:34 11:37:55 11:33:39
72.8	19.8	33.6	↑	乐颐大道	Leyi Ave.	11:44:00 11:39:16 11:34:57
73.6	19	34.7	↑	乐颐大道	Leyi Ave.	11:45:09 11:40:22 11:36:00
74.2	18.4	33.6	⬅	乐天路	Letian Rd.	11:46:00 11:41:11 11:36:47
75.6	17	42.6	➡	高速辅路	to highway	11:48:00 11:43:05 11:38:37
75.9	16.7	45.1	➡	G9812	G9812	11:48:26 11:43:30 11:39:00

10月5日 OCT.5 / 星期四 THURSDAY 92.6KM

QIONGHAI-QIONGHAI  
琼海 – 琼海1<sup>st</sup> STAGE  
第一赛段

公里 (km) from the start 距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 42km/h 44km/h 46km/h		
78.7	13.9	50	➡	人民南路	Renmin S. Rd.	11:52:26 11:47:19 11:42:39
79.2	13.4	37.8	➡	康庄路	Kangzhuang Rd.	11:53:09 11:48:00 11:43:18
80.3	12.3	35.3	↑	康庄路	Kangzhuang Rd.	11:54:43 11:49:30 11:44:44
82.1	10.5	37.2	⬇	康庄路	Kangzhuang Rd.	11:57:17 11:51:57 11:47:05
82.6	10	35.7	⬇	万泉河路	Wanquan River Rd.	11:58:00 11:52:38 11:47:44
84.4	8.2	38.5	↑	万泉河路, 豪华路路口	Wanquan River Rd., Haohua Rd. Intersection	12:00:34 11:55:05 11:50:05
86.6	6	38.1	↑	万泉河路, 666 夜市	Wanquan River Rd., 666 Night Market	12:03:43 11:58:05 11:52:57
86.8	5.8	38.1	↑	万泉河路	Wanquan River Rd.	12:04:00 11:58:22 11:53:13
88.2	4.4	38.1	➡	银河路	Yinhe Rd.	12:06:00 12:00:16 11:55:03
88.9	3.7	38	➡	银海路	Yinhai Rd.	12:07:00 12:01:14 11:55:57
91.2	1.4	37.5	↑	银海路, 金海路口	Yinhai Rd., Jinhai Rd. Intersection	12:10:17 12:04:22 11:58:57
92.1	0.5	40.6	⬇	银海路 (左幅)	Yinhai Rd. (L)	12:11:34 12:05:35 12:00:08
92.6	0	43.2	⬇	市政广场	Government Square	12:12:17 12:06:16 12:00:47



92.6KM 10月5日 OCT.5 / 星期四 THURSDAY

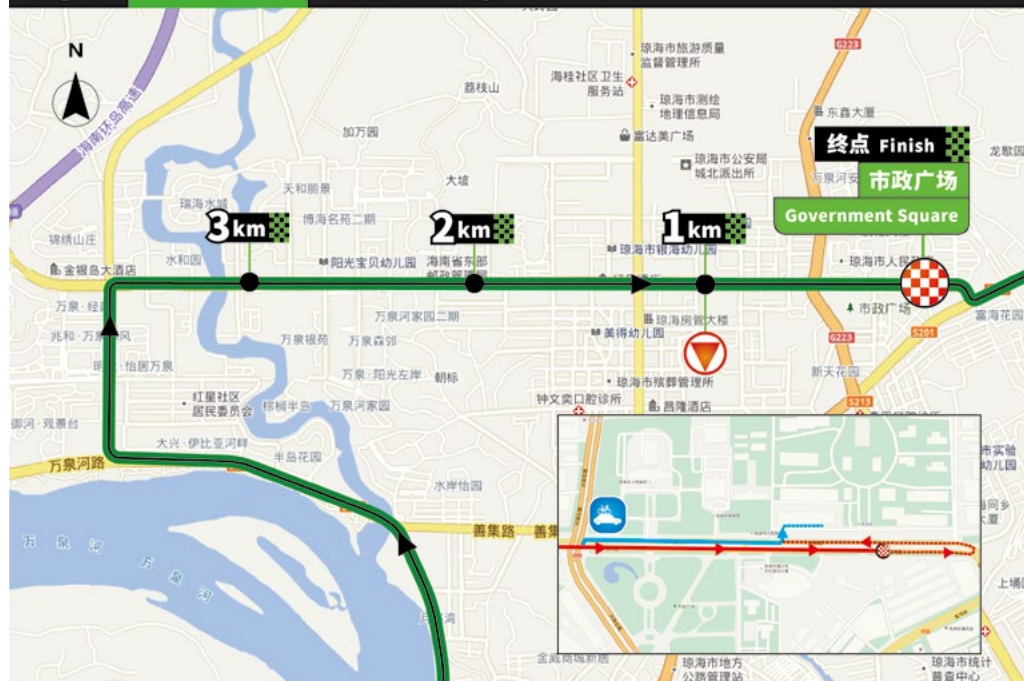
1<sup>st</sup> STAGE  
第一赛段

QIONGHAI-QIONGHAI  
琼海 - 琼海

Stage 01 入城图 The Finish Map



Stage 01 最后三公里图 The Last 3km Map

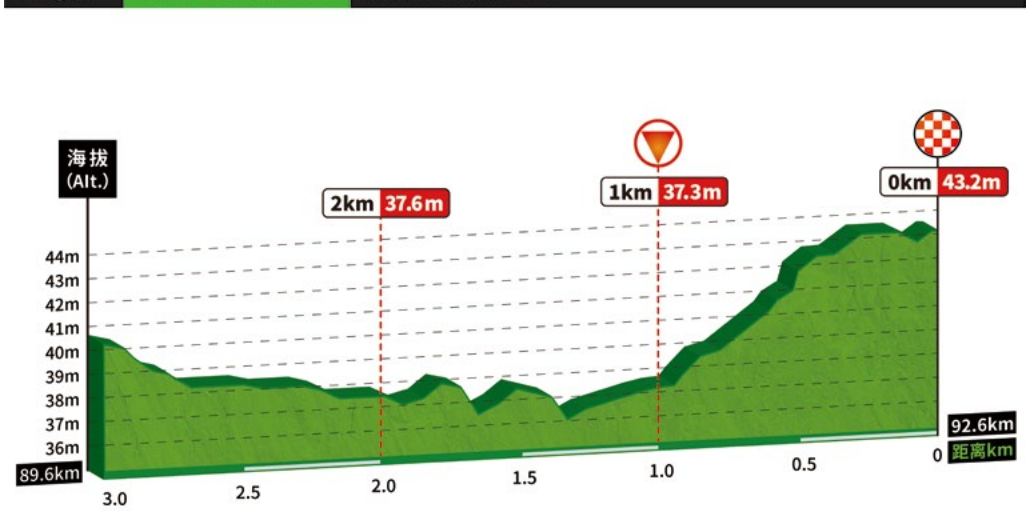


10月5日 OCT.5 / 星期四 THURSDAY 92.6KM

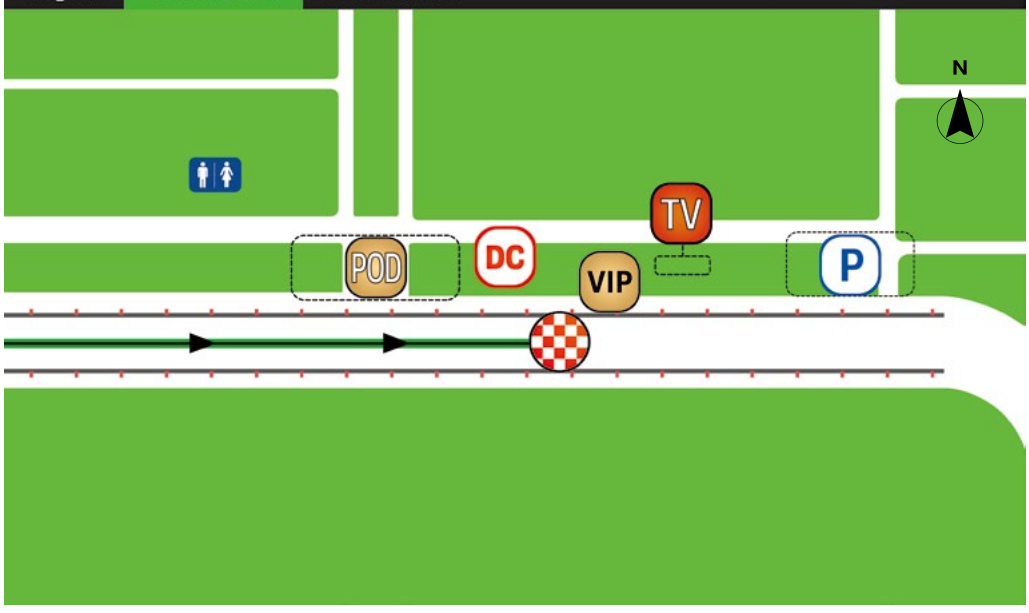
QIONGHAI-QIONGHAI  
琼海 - 琼海

1<sup>st</sup> STAGE  
第一赛段

Stage 01 最后三公里海拔图 The Last 3km Profile



Stage 01 终点布局图 The Finish Plan





92.6KM 10月5日 OCT.5 / 星期四 THURSDAY

1<sup>st</sup> STAGE  
第一赛段

QIONGHAI-QIONGHAI  
琼海 - 琼海

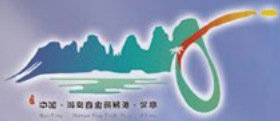


青島  
经典

百年酵母 传世麦香

畅享欢聚时刻





雨林仙境，康养保亭  
到保亭深呼吸



OCT.6, 2023  
星期五 FRIDAY

保亭空气质量好，生态环境佳，是一年365天都浸在绿意里的城市，面朝七仙岭可见如画美景，背靠温泉可体验康养项目，开门见绿、抬头见蓝，四季温暖、花朵常开，半城山水半城诗意。







QIONGHAI-BAOTING

琼海 - 保亭  
215.5KM

OCT.6, 2023  
星期五 FRIDAY







起点：市政广场  
Start: Government Square

#### 嘉积镇 Jiaji Town

嘉积镇是琼海的市政府所在地，也是海南东部的重要商埠与小商品集散地。而许多人开始认识这里，却是因为海南四大名菜之一的“嘉积鸭”。作为曾经的商埠古镇，如今的宜居小城，这座小镇可以让我们在青墙石板里品味田园风情，在青山绿水中呼吸历史气息。



Jiaji town is the seat of the municipal government of Qionghai, as well as an important commercial port and distribution center of small commodities in the east of Hainan. And many people began to know it because of "Jiaji duck", one of Hainan's four famous dishes. As an ancient commercial port town, this town is now a livable town. We can enjoy the pastoral style in the green wall slabstone and breathe the historical breath in the green mountains and clear water.

#### 博鳌东方文化苑 Boao Oriental Cultural Garden



博鳌东方文化苑坐落在万泉河畔，与博鳌亚洲论坛永久会址隔水相望，是博鳌的人文标志，也是认识海南人文地理的最佳景区。博鳌东方文化苑由博鳌禅寺、莲花馆及水上游览区组成。它以东方文化为核心，以佛教文化为主导，借助博鳌先人留下的佛教、鳌文化两大文化遗产，依托地方民俗民情、历史积淀与海南独有的海洋湿地地理，通过园林造景、宗教建筑与

大自然有机结合，直观演绎了东方文化的丰富内涵。文化苑是博鳌地区唯一一个可以从多角度、全方位，由立体到平面、从陆地到水面，高低呼应、动静结合地欣赏博鳌风情的景区。进入博鳌东方文化苑我们能目睹博鳌美的所在，揭开博鳌的神秘面纱，了解亚洲论坛落户博鳌的时空必然性。

Boao Oriental Culture Garden is located on the bank of the Wanquan River, facing the permanent site of Boao Forum for Asia across the water. It is a cultural symbol of Boao and the best scenic spot to learn about Hainan's human geography. Boao Oriental Culture Garden consists of Boao Zen Temple, Lotus Hall and water tour area. Fang Wen east of it as the core, dominated by Buddhist culture, with the help of Boao fathers of Buddhism and Aaojiang cultural heritage. Relying on the local folk customs, history and Hainan's unique marine wetland geography, through the organic combination of garden landscape, religious architecture and nature, the visual interpretation of the rich connotation of Oriental culture. Cultural Garden is the only scenic spot in Boao where you can appreciate Boao's



customs from multiple angles and in all directions. Entering Boao Oriental Culture Garden, we can witness the beauty of Boao, unveil the mysterious veil of Boao.

#### 龙寿洋乡村生态旅游区 Longshouyang Rural Ecological Tourism Area

龙寿洋乡村生态旅游区，覆盖嘉积、塔洋和大路三个镇，总面积 404 平方公里。龙寿洋万亩田野公园是龙寿洋国家农业公园的嘉积核心区，面积为 13218 亩，覆盖 5 个村委会，距离琼海市区约 2 公里，距离博鳌亚洲论坛会址约 10 公里。

龙寿洋依托优越的自然、生态条件和“党建+公司+合作社+农户”的运行体系，提出打造“生态农园、梦幻花园、七彩果园、度假庄园、亲子乐园、康养慢园”共享农庄田园综合体的定位。相继开发生态花卉科技馆、福水莲花、四季花海、草莓、圣女果、香蜜番石榴、无病毒百香果采摘园等现代特色体验农业基地；打造了香草菲菲鲜花生态餐厅、儿童游乐园、农村淘宝店、共享农庄等服务项目；建设了农耕走廊、孔子广场、红色纪念馆等文化景点，并多次举办了“荷花节”、原创乡村音乐节、田园荧光跑、摄影大赛等丰富的旅游文化活动。

龙寿洋成为农民的幸福家园，市民的四季花园和游客的品牌度假天堂；也获得了国家农业部颁发的“中国美丽田园”、“海南省最美乡村”、“海南省乡村旅游示范点”、“海南省现代农业示范基地”“海南共享农庄示范基地”等荣誉称号。

Longshouyang Rural ecological tourism Zone covers three towns, Jiaji, Tayang and Dalu, with a total area of 404 square kilometers. Longshou Yang Field Park is the core area of Longshou Yang National Agricultural Park, covering an area of 13218 mu and covering 5 village committees. It is about 2 kilometers from the downtown of Qionghai city and about 10 kilometers from the site of Boao Forum for Asia.



Longshouyang proposes the positioning of building a shared farm and pastoral complex of "ecological farm garden, dream garden, colorful orchard, holiday manor, parent-child paradise, health and slow garden". The modern characteristic experience agricultural base has been developed. It has built farming corridors, Confucius Square, Red Memory Hall and other cultural attractions, and held numerous tourism and cultural activities.

Longshouyang has become the happy homeland of farmers, the four seasons garden of citizens and the brand holiday paradise of tourists; It has also won honorary titles such as "China's Beautiful Countryside", "Hainan's most Beautiful Village", "Hainan Rural Tourism Demonstration Site", "Hainan Modern Agriculture Demonstration Base" and "Hainan Shared Farm Demonstration Base" issued by the Ministry of Agriculture.

## 红色娘子军纪念园 Red Detachment of Women Memorial Park

红色娘子军纪念园位于嘉积镇，是为纪念第二次国内革命战争时期诞生的“中国工农红军第二独立师女子军特务连”而建造的文化旅游区，为省级重点革命纪念建筑物保护单位。红色娘子军纪念园里有和平广场、红色娘子军雕像、红色娘子军纪念馆、国防教育园、王运梅陈列馆等，在这里可以看到与红色娘子军相关的众多历史遗物，聆听她们的历史传说。

在纪念园里红色娘子军雕像特别引人注目，她脚穿草鞋、肩背竹笠，充分展现了一代巾帼英雄的气概。雕像由花岗石雕刻而成，其正面有胡耀邦金字题词：“红色娘子军”，底座背面刻有如下文字：“红色娘子军即中国工农红军第二独立师女子特务连”。红色娘子军不怕牺牲，英勇杀敌，为琼崖革命立下了不朽的功勋，斯为妇女解放运动之旗帜，海南人民之光荣，娘子军革命精神永存！



The Red Detachment of Women Memorial Park, located in Jiayi Town, is a cultural tourism area built to commemorate the women's Special Service Company of the second Independent Division of the Chinese Workers' and Peasants' Red Army, which was born during the second Revolutionary War. It is a provincial key revolutionary memorial building

protection unit. In the Memorial Park of the Red Detachment of Women, there are peace Square, statue of the Red Detachment of Women, Memorial Hall of the Red Detachment of Women, National Defense Education Park, Wang Yunmei Exhibition Hall, etc. Here you can see many historical relics related to the Red Detachment of Women and listen to their historical legends.

In the memorial garden, the statue of the Red Detachment of Women is particularly eye-catching. She wears straw sandals and carries a bamboo hat on her shoulder, fully showing the spirit of a generation of female heroes. The statue is made of granite. On the front of the statue, there is Hu Yaobang's inscription in gold: "The Red Detachment of Women". On the back of the base, there is the following inscription: "The Red Detachment of Women is the Special Service Company of the second Independent Division of the Chinese Workers' and Peasants' Red Army". The red detachment of Women is not afraid of sacrifice, bravely kill the enemy for the glory of Hainan people.

## 琼海多河文化谷旅游区 Qionghai Duo River Culture Valley Tourism Area

琼海多河文化谷景区位于琼海兴海南路勇敢村，是海南唯一一家以海南母亲河万泉河本土文化为主题的特色景区。景区始建于1986年，按国家旅游局3A级标准耗巨资建造，占地面积160余亩，曾被评为《2011年度海南10家特色景区》、《海南千里环岛文化示范点》。



景区共分为三大类内容：一、了解多河御名为万泉河的历史由来，追寻600多年前多河河畔发生的一段传奇美丽的爱情故事——万泉河之母青梅与元文宗的故事；二、在农居博览馆领略参观万泉河沿岸特色民居、传统农耕文化、丰富的华侨文化，在蓝色博物馆鉴赏万泉河的奇石文化，感悟奇妙人生。追寻万泉河的儿女琼海潭门渔民的文化，探寻古代海上丝绸之路的辉煌，揭开南中西沙四大群岛的奥秘；三、体验参与极具海南本土特色的代表民俗活动——传承1300多年的军坡节民俗文化，感受吃军坡、行军坡、闹军坡的神秘体验之旅！

Qionghai Duo River Culture Valley scenic spot is located in Brave Village, Hainan Road, Qionghai. It is the only special scenic spot in Hainan with the local culture of Wanquan River. The scenic spot was founded in 1986 and was built according to the 3A standard of the National Tourism Administration, covering an area of more than 160 mu. It has been awarded as "2011 Hainan's 10 Featured Scenic Spots" and "Hainan's Thousand Mile Island Cultural Demonstration Site". The scenic area is divided into three categories: first, to understand the historical origin of duohe royal named Wanquan River, more than 600 years ago to pursue the river bank of a legendary beautiful love story -- Wanquan River mother Qingmei and Yuan Wenzong story; Second, in the farm house Expo museum, you



can visit the characteristic residential houses, traditional farming culture and rich overseas Chinese culture along the Wanquan River. In the Blue Museum, you can appreciate the strange stone culture of Wanquan River and feel the wonderful life. You can experience and participate in the representative folk activities such as the mysterious Junpo!



## 海南白石岭旅游景区 Hainan Baishi Mountain Tourism Area



白石岭拥有众多奇峰怪石，最高峰登高岭海拔328米，山虽然不算高，但景色十分秀丽，登顶更可以将琼海全貌尽收眼底。游玩白石岭可以沿着石阶一步步向上，也可以直接乘坐索道上山。沿途风光多样，怪石嶙峋，山水相映，山脚的玉泉河如玉带一般蜿蜒而过，给人移步换景的感觉。登至山顶往下望去，高尔夫球场、大片椰林、槟榔树交相

辉映，远处还散落着些许村庄，一片静谧而辽阔的美景。从下方仰望，则犹如一匹奔腾的骏马，栩栩如生。巨石旁边还有一个山洞，大风吹来时，洞内会发出声音，甚是奇妙。

Baishi Mountain has many strange peaks and rocks. The highest altitude is 328 meters. The scenery along the way is diverse, rugged rocks, mountains and rivers set each other off, the Yuquan River at the foot of the mountain is like a winding jade belt, giving people the feeling of moving in step with the scenery. Looking down from the top of the mountain, you can see golf courses, coconut palms, areca palms, and a few villages scattered in the distance. Looking up from below, the view is very wonderful.



## 万泉河漂流 Wanquan River Rafting

万泉河漂流景区，位于中国海南省琼海市会山镇，景区所辖河段21公里，其中上游至牛路岭电站6公里，下游至会山镇激情漂流终点15公里。万泉河，是中国热带自然生态保存最完美的河流之一，两岸植被丰茂，峡谷风光秀美宁静，有着“中国最佳漂流胜地”、“中国热带第一漂”等诸多美誉。现阶段，景区共有三种体验服务：激情漂流 -- 飞跃激情险滩，观赏两岸风光和苗寨风情；休闲漂流 -- 船在山中行，人游溪谷间，观鸟赏瀑，沉醉热带雨林风情；峡谷探险 -- 穿越热带雨林，从崖顶速降，在飞瀑中下降，在溪谷里穿行，感受探险乐趣。



Wanquan River Rafting Scenic spot is located in Huishan Town, Qionghai City, Hainan Province, China. The scenic spot has a river section of 21 kilometers under its jurisdiction, including 6 kilometers to Niululing Power Station upstream and 15 kilometers to Huishan Town passion

rafting destination downstream. Wanquan River is one of the most perfect confluences of tropical natural ecology in China, with lush vegetation on both sides and beautiful and quiet canyon scenery. It has many reputations such as "China's best rafting resort" and "China's first tropical drift". At the present stage, there are three kinds of experience services in the scenic spot: passion rafting -- flying over passion rapids, watching the scenery on both sides and Miao Village customs; Leisure rafting -- boat in the mountains, people travel between the valley, bird watching waterfall, indulge in tropical rainforest style; Canyons adventure -- Travel through the rainforest, speed down from the cliff top, descend in waterfalls, and walk through valleys for adventure.

## 塔洋古邑小镇 Tayang Town

这里曾是古时会同县和琼东县的县治所在，故为“古邑小镇”。作为琼岛东部的历史重镇、名镇，塔洋仍保存着本土气息浓厚的民俗文化氛围。走进塔洋，透过白墙青瓦的明式风格建筑与青花绘就的宫灯样式路灯，悠久浓厚的历史底蕴和人文气息扑面而来，让人对这座古朴而精致的小镇一见倾心。在莲塘街上，大理石建造的牌坊和沿河护栏依稀还原了古镇的盛景。



It was the county administration of Huitong county and Qiongdong County in ancient times, so it was named "Guyi Town". As a historic and famous town in the east of Hainan Island, Tayang Town still retains a strong local atmosphere of folk culture. When you walk into Tayang, you can see the Ming style buildings with white walls and blue tiles and the palace lanterns with blue and white paintings. The long and strong historical background and cultural atmosphere come to you, making people fall in love at first sight, with this simple and exquisite town. On Liantang Street, marble archways and river guardrails vaguely restore the grand scenery of the ancient town.

## 官塘北仍村 Guantang Beireng Village

“望得见山，看得见水，记得住乡愁”——北仍村就是这样一个寄托了乡愁记忆的村庄。2015年3月，出席博鳌亚洲论坛年会的部分外方领导人夫人到北仍村参观考察，让北仍村“国际会客厅”之名瞬间走红大江南北，吸引了许多人慕名而来。

北仍村被评为“中国最美休闲乡村”和首批“中国乡村旅游创客示范基地”。在这里，乡间绿道曲径通幽，掩映在椰树和槟榔林下的农家小院错落有致，村风民风文明和谐。信步其中，仿佛置身于一个世外桃源，鸟语花香。

"Enjoying the views of mountains and waters can provoke feelings of nostalgia" -- Beireng Village is such a village with nostalgic memories. In March 2015, the wives of some foreign leaders attending the Annual Conference of Boao Forum for Asia visited Beireng Village, making the "Inter-national meeting room" of Beireng Village instantly become famous all over the world.

Beireng Village was rated as "China's Most Beautiful Leisure Village" and the first batch of "China Rural Tourism Maker Demonstration Base".



终点：七仙岭公园  
Finish: Qixianling Park

#### 七仙岭景区简介 Qixianling



七仙岭温泉国家森林公园位于保亭黎族苗族自治县的东北边，1998 经国务院和国家林业局联合批准为国家级森林公园，也是国家AAAA 级旅游景区。

七仙岭七座山峰以似人的掌指竖立，直指苍穹，如仙女亭立，岭名由此而得。全山密布

原始热带雨林，是天然的动植物王国。目前景区内已探明的植物 500 多种，动物 500 余种。其中包括海南黄花梨、蝴蝶木、桫欏、见血封喉、眼镜王蛇等国家珍稀保护的动植物。

当晨雾浮盖时，远眺中的七仙岭，酷似七位姐妹披着薄纱直立，端庄窈窕；时近中午，云雾消散，此时的七仙岭又象七把利剑直指云天，气势十分雄伟，是海南岛最负盛名的风景名胜之一。

Qixianling Spring National Forest Park is located in the northeast of Baoting Li and Miao Autonomous County. It was approved as a national forest park by The State Council and the State Forestry Administration in 1998. It is also a national AAAA tourist attraction.

It was named Qixianling, because the seven peaks of it stand up like a human palm finger, pointing at the sky, like a slim and graceful fairy. The whole mountain is covered with primitive tropical rainforest, which is a natural kingdom of animals and plants. At present, there are more than 500 kinds of plants and more than 500 kinds of animals in the scenic spot, including Hainan Dalbergia odorifera, Oroxylum indicum, Alsophila spinulosa, Antiaris toxicaria Lwsch, Ophiophagus hannah and other rare animals and plants under national protection.

When the morning mist cover, overlooking the Qixianling, like seven sisters draped in tulle upright,

dignified and graceful. Near noon, the clouds and mist dissipated, at this time, Qixianling is like seven sharp swords pointing at the clouds, and the momentum is very majestic. This is one of the most famous scenic spots on Hainan.



2023 年 10 月 6 日 (星期五) 6/10/2023 Friday

6:00-9:00 早餐 Breakfast

6:30-8:00 领水、领冰 Distribution of Ice and Water

9:00-9:50 “康师傅”每日签到时刻 Master Kong Sign on 10:00 比赛开始 Race Start

约 15:45 比赛结束 Estimated Finishing Time

约 15:15-15:45 “乐东电商”每日荣耀时刻 (赛段颁奖) Ledong E-commerce Awarding Ceremony

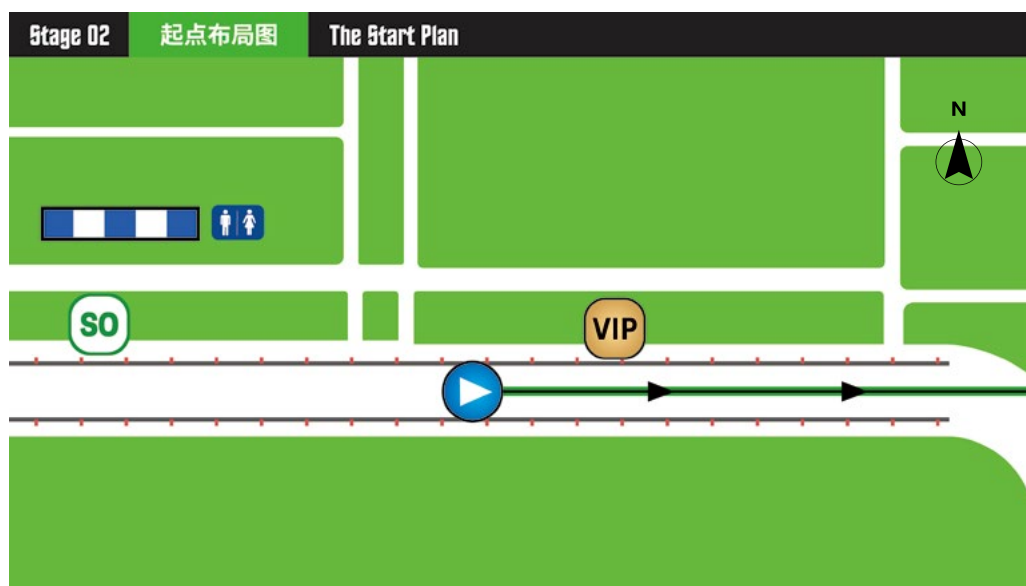
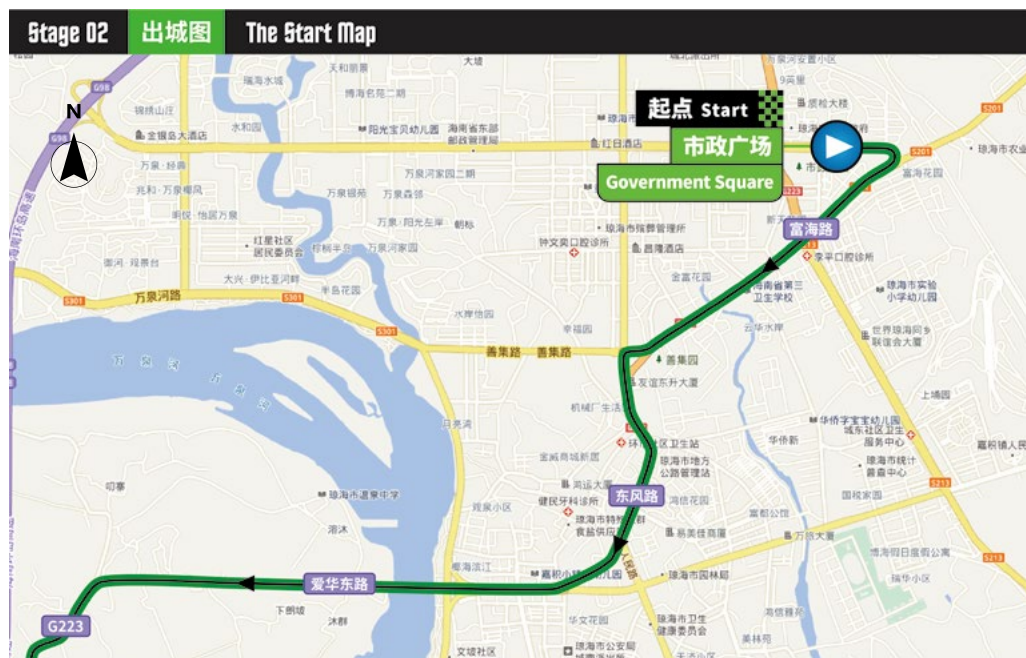
18:00-20:00 晚餐 Dinner 9:00-22:00 竞赛办公室开放 Opening of Race Office



215.5KM 10月6日 OCT.6 / 星期五 FRIDAY

2<sup>nd</sup> STAGE  
第二赛段

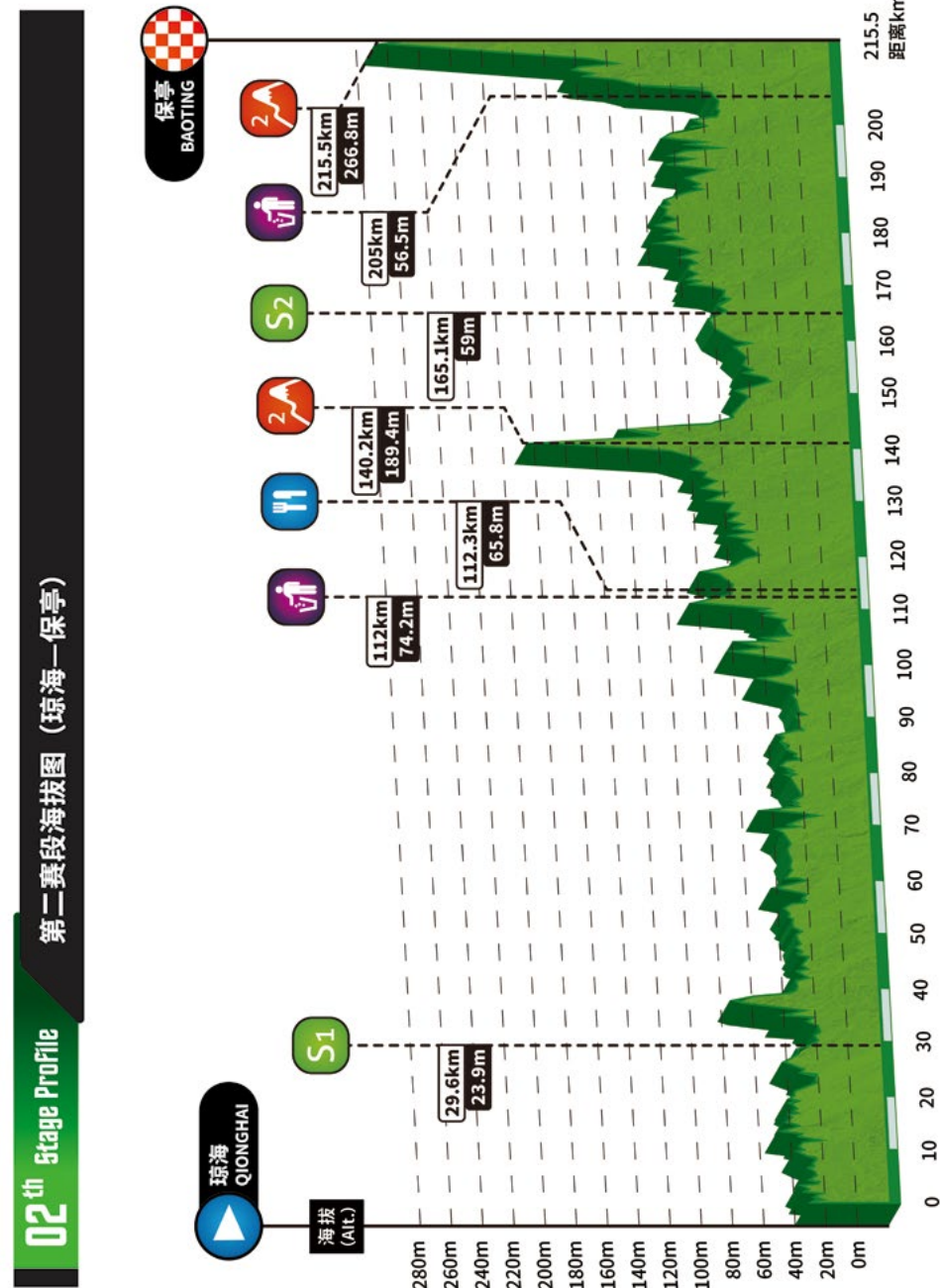
QIONGHAI - BAOTING  
琼海 - 保亭



10月6日 OCT.6 / 星期五 FRIDAY 215.5KM

QIONGHAI - BAOTING  
琼海 - 保亭

2<sup>nd</sup> STAGE  
第二赛段



公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 38km/h 40km/h 42km/h		
0	215.5	31.2	▶	市政广场 Government Square	10:00:00	10:00:00	10:00:00
0.15	215.35	30.1	↘	银海路 Yinhai Rd.	10:00:11	10:00:11	10:00:11
0.2	215.3	30.1	↘	富海路 Fuhai Rd.	10:00:15	10:00:15	10:00:15
0.8	214.7	26.9	↑	富海路 Fuhai Rd.	10:01:01	10:01:01	10:01:00
1.9	213.6	33.8	↙	东风路 Dongfeng Rd.	10:02:26	10:02:24	10:02:22
2.8	212.7	34.7	↑	东风路 Dongfeng Rd.	10:03:34	10:03:32	10:03:30
3	212.5	35.1	↑	东风路 Dongfeng Rd.	10:04:17	10:04:05	10:03:55
3.5	212	25.9	↑	东风路 Dongfeng Rd.	10:05:00	10:04:46	10:04:34
5.7	209.8	28	↑	温泉路牌 Wenquan Rd. Sign	10:08:09	10:07:46	10:07:26
9.4	206.1	37.2	⬇	G223 G223	10:13:26	10:12:49	10:12:16
10.5	205	36.7	↙	G223 G223	10:15:00	10:14:19	10:13:42
11.3	204.2	27.4	↘	G223 K123+600 便道通行 G223 K123+600 Sidewalk	10:16:09	10:15:25	10:14:44
13.8	201.7	36.7	↘	G223,K125+50 G223,K125+50	10:19:43	10:18:49	10:18:00
16.2	199.3	42.2	↑	中原镇 Zhongyuan Town	10:23:09	10:22:05	10:21:08
16.8	198.7	39.6	↑	中兴北路 Zhongxing N. Rd.	10:24:00	10:22:55	10:21:55
19.8	195.7	38.8	↑	G223,博鳌迎宾 路口 G223,Yinbin intersection,Boao	10:28:17	10:27:00	10:25:50

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 38km/h 40km/h 42km/h		
26.8	188.7	38.4	↑	万宁界, K138 Wanning Border, K138	10:38:17	10:36:33	10:34:57
29.6	185.9	23.9	S1	龙滚镇政府 Longgun Town Government	10:42:17	10:40:22	10:38:37
31	184.5	22.9	↙	X428 X428	10:44:17	10:42:16	10:40:26
32.7	182.8	20.1	↑	山钦湾路牌 Shanqin Bay Rd. Sign	10:46:43	10:44:35	10:42:39
33.9	181.6	24.5	↑	山钦湾 Shanqin Bay	10:48:26	10:46:14	10:44:13
34.8	180.7	42.5	↘	旅游公路 (往山 钦湾燕子洞) Tourism highway (to Yanzi Cave,Shanqin Bay)	10:49:43	10:47:27	10:45:23
36.3	179.2	55.3	↑	正门岭高架桥 Zhengmenling Viaduct	10:51:51	10:49:30	10:47:21
37.2	178.3	73.4	↑	正门岭路牌 Zhengmenling Rd. Sign	10:53:09	10:50:44	10:48:31
38.1	177.4	60.7	↑	云梯岭大桥 Yuntuling Bridge	10:54:26	10:51:57	10:49:42
38.9	176.6	36	↑	龙滚河大桥 Longgun River Bridge	11:01:25	10:58:21	10:55:34
41.5	174	27	↑	新村中桥 Xincun Middle Bridge	11:05:32	11:02:15	10:59:17
42	173.5	27.9	↑	新村大桥 Xincun Bridge	11:06:19	11:03:00	11:00:00
44.9	170.6	27.1	↑	青山河大桥 Qingshan River Bridge	11:10:54	11:07:21	11:04:09
50	165.5	28.2	↑	万宁国家现代农 业产业园路口 Wanning National Modern Agriculture Industrial Park intersection	11:18:57	11:15:00	11:11:26
50.9	164.6	31.8	↑	文容河大桥 Wenrong River Bridge	11:20:22	11:16:21	11:12:43



公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 38km/h 40km/h 42km/h
56.2	159.3	25	↑	溪谷河中桥 Xigu River Middle Bridge	11:28:44 11:24:18 11:20:17
56.9	158.6	23.9	↩	和港大道 Hegang Ave.	11:29:51 11:25:21 11:21:17
57.4	158.1	24.5	↑	港北大桥 Gangbei Bridge	11:30:38 11:26:06 11:22:00
59.4	156.1	29.3	↑	旅游公路, 往东澳 Tourism highway,to Dongao	11:33:47 11:29:06 11:24:51
64.2	151.3	34.5	↑	海天一色路牌 Haitianyise Rd. Sign	11:41:22 11:36:18 11:31:43
69.8	145.7	39.6	↑	旅游公路, 左侧大花角 Tourism highway, Dahuaajiao Scenic Spot on the Left	11:50:13 11:44:42 11:39:43
71.6	143.9	20.4	↩	旅游公路, 往东澳方向 Tourism highway,to Dongao	11:53:03 11:47:24 11:42:17
73.4	142.1	26.6	↑	春园村 Chunyuan Village	11:55:54 11:50:06 11:44:51
75.6	139.9	22.9	↑	旅游公路, 乌场港 Tourism highway,Wuchang Port	11:59:22 11:53:24 11:48:00
76.1	139.4	23.7	↩	旅游公路, 往保定方向 Tourism highway,to Baoding	12:00:09 11:54:09 11:48:43
81.1	134.4	36.9	⬇	太阳河景观大桥 Sun River Landscape Bridge	12:08:03 12:01:39 11:55:51
84.8	130.7	29.7	⬇	蓝田村 Lantian Village	12:13:54 12:07:12 12:01:09
90.4	125.1	23.6	↩	旅游公路 Tourism highway	12:22:44 12:15:36 12:09:09
94.3	121.2	26.2	↩	旅游公路 Tourism highway	12:28:54 12:21:27 12:14:43
99	116.5	24.8	↑	旅游公路, 神州 半岛路口 Tourism highway,Shenzhou Peninsula intersection	12:36:19 12:28:30 12:21:26

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 38km/h 40km/h 42km/h
104.5	111	40.5	↑	石梅湾观景台 Shimei Bay Vista	12:45:00 12:36:45 12:29:17
106.2	109.3	27.4	⬇	海田路 (旅游公路) Haitian Rd.(Tourism highway)	12:47:41 12:39:18 12:31:43
106.4	109.1	27.2	⬇	海田路 (旅游公路) Haitian Rd.(Tourism highway)	12:48:00 12:39:36 12:32:00
106.7	108.8	27.8	⬇	海田路 (旅游公路) Haitian Rd.(Tourism highway)	12:48:28 12:40:03 12:32:26
107	108.5	28.4	⬇	海田路 (旅游公路) Haitian Rd.(Tourism highway)	12:48:57 12:40:30 12:32:51
107.5	108	29.6	↩	兴梅大道 Xingmei Ave.	12:49:44 12:41:15 12:33:34
108.3	107.2	29.6	↩	兴梅大道, 石梅 湾互通路口 Xingmei Ave. and Shimei Bay Interchange Rd.	12:51:00 12:42:27 12:34:43
112	103.5	74.2	⬇	兴梅大道 Xingmei Ave.	12:56:51 12:48:00 12:40:00
112.3	103.2	65.8	⬇	兴梅大道, 热带 花园路口 Xingmei Ave.,	12:57:19 12:48:27 12:40:26
112.8	102.7	63.3	↑	石梅半岛 Shimei Peninsula	12:58:06 12:49:12 12:41:09
113.3	102.2	63.3	⬇	兴梅大道 Xingmei Ave.	12:58:54 12:49:57 12:41:51
114.3	101.2	61.8	⬇	兴梅大道 Xingmei Ave.	13:00:28 12:51:27 12:43:17
114.6	100.9	61.1	↩	莲兴西路 Lianxing W.Rd.	13:00:57 12:51:54 12:43:43
119.9	95.6	44.6	↩	G223	13:09:19 12:59:51 12:51:17
120.5	95	45.6	↑	G223	13:10:16 13:00:45 12:52:09
121.2	94.3	47.6	↑	合口大桥 Hekou Bridge	13:11:22 13:01:48 12:53:09

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 38km/h 40km/h 42km/h		
124.1	91.4	51.7	←	修路 G223,K210+700, 水泥硬化便道通行	Hard concrete sidewalk access, Road Work:G223, K210+700	13:15:57	13:06:09 12:57:17
125.3	90.2	57.3	→	六甲二桥修桥 G223, K211+900, 水泥硬化便道 + 钢便桥通行	G223,K211+900, Temporary Steel Bridge and Hard concrete sidewalk access	13:17:51	13:07:57 12:59:00
126.4	89.1	61.9	←	六甲三桥修桥 G223,K213 水泥 硬化便道通行	G223,K213,Hard concrete sidewalk access	13:19:35	13:09:36 13:00:34
126.7	88.8	56.9	↑	G223,K213+300	G223,K213+300	13:20:03	13:10:03 13:01:00
131.5	84	68.1	↑	南桥路牌, K218+200	Nanqiao Rd. Sign,K128+200	13:27:38	13:17:15 13:07:51
139	76.5	93.3	⬆️	上坡牌	Uphill Sign	13:39:28	13:28:30 13:18:34
140.2	75.3	1894	⬆️	牛岭山顶, 万宁 欢迎您再来牌, K226+950	Niuling Mountain Summit,Rd. Sign:Welcome to Wanning Again,K226+950	13:41:22	13:30:18 13:20:17
144.7	70.8	69.8	↑	岭门路牌	Lingmen Rd. Sign	13:48:28	13:37:03 13:26:43
150.6	64.9	48.1	↑	光坡路牌	Guangpo Rd. Sign	13:57:47	13:45:54 13:35:09
153.1	62.4	33.6	→	G361, 往保亭 方向	G361,to Baoting	14:01:44	13:49:39 13:38:43
153.4	62.1	33.6	⬆️	G361, 护栏	G361,Guardrails	14:02:13	13:50:06 13:39:09
157.5	58	46.8	↑	提蒙路牌	Timeng Rd. Sign	14:08:41	13:56:15 13:45:00

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 38km/h 40km/h 42km/h		
164.5	51	61.6	↑	本号路牌	Benhao Rd. Sign	14:19:44	14:06:45 13:55:00
165.1	50.4	59	S2	本号农贸市场	Benhao Farmer's Market	14:20:41	14:07:39 13:55:51
166.2	49.3	60	←	G361, 保亭方向	G361,to Baoting	14:22:25	14:09:18 13:57:26
169.9	45.6	67	↑	芬坡乡	Fenpo Village	14:28:16	14:14:51 14:02:43
171.1	44.4	79.5	↑	大坡路牌 ( 祖关 )	Dapo Rd. Sign(Zuguan)	14:30:09	14:16:39 14:04:26
183.6	31.9	98.9	↑	保亭界 G361 K30+400	G361 K30+400,Baoting Border	14:49:54	14:35:24 14:22:17
187.5	28	78.4	↑	什玲镇路牌	Zaling Town Rd. Sign	14:56:03	14:41:15 14:27:51
191.1	24.4	67.7	↑	宝亭大道	Baoting Ave.	15:01:44	14:46:39 14:33:00
194.4	21.1	85	←	东环路	Donghuan Rd.	15:06:57	14:51:36 14:37:43
195.1	20.4	76.5	↑	南环路	Nanhuan Rd.	15:08:03	14:52:39 14:38:43
197.1	18.4	80.9	↑	南环中路	Nanhuan Middle Rd.	15:11:13	14:55:39 14:41:34
198.8	16.7	81.6	↑	南环中路	Nanhuan Middle Rd.	15:13:54	14:58:12 14:44:00
200.2	15.3	66.2	→	保兴西路	Baoxing W.Rd.	15:16:06	15:00:18 14:46:00
201.6	13.9	57.3	↑	保兴中路	Baoxing Middle Rd.	15:18:19	15:02:24 14:48:00

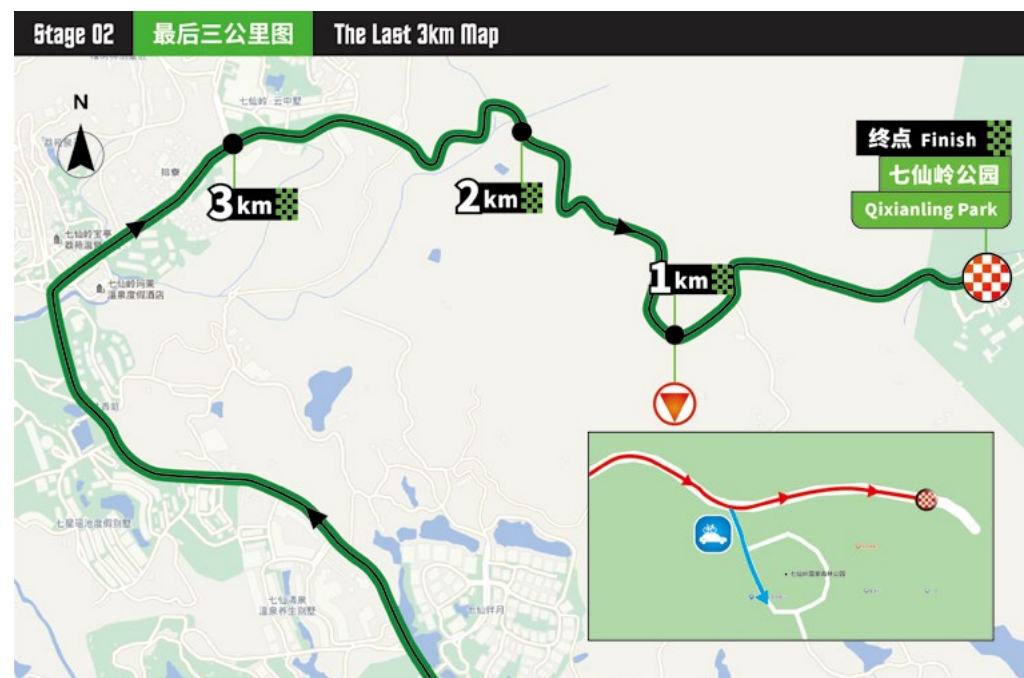


215.5KM 10月6日 OCT.6 / 星期五 FRIDAY

2<sup>nd</sup> STAGE  
第二赛段QIONGHAI - BAOTING  
琼海 - 保亭

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 38km/h 40km/h 42km/h		
202	13.5	54.8	↑	保兴东路 Baoxing E.Rd.	15:18:57	15:03:00	14:48:34
202.8	12.7	55.2	↓	抄茂桥 Chaomao Bridge(Race in both lanes)	15:20:13	15:04:12	14:49:43
202.9	12.6	55	←	七仙大道 Qixian Ave.	15:20:22	15:04:21	14:49:51
203.4	12.1	54.4	↑	七仙大道 Qixian Ave.	15:21:09	15:05:06	14:50:34
204.1	11.4	55.3	↑	七仙大道 Qixian Ave.	15:22:16	15:06:09	14:51:34
204.9	10.6	56.7	↑	七仙大道 Qixian Ave.	15:23:32	15:07:21	14:52:43
205	10.5	56.5	⚠	月亮休闲广场 Moon Leisure Square	15:23:40	15:07:30	14:52:51
205.5	10	56.2	⚠	七仙大道 Qixian Ave.	15:24:28	15:08:15	14:53:34
205.9	9.6	59.2	↑	七仙大道 Qixian Ave.	15:25:06	15:08:51	14:54:09
211.8	3.7	134.4	⚠	排寮公路 Pailiao Highway	15:34:25	15:17:42	15:02:34
215.1	0.4	263.7	↑	排寮公路 Pailiao Highway	15:39:38	15:22:39	15:07:17
215.45	0.05	266.3	☁	七仙岭景区广场 停车场 (右) Qixianling Scenic area square parking lot(R)	15:40:11	15:23:10	15:07:47
215.5	0	266.8	🏁	七仙岭公园, 坡长 3.65 公里, 坡度 4% Qixianling Park, Slope Length 3.6KM(Gradient 4%)	15:40:16	15:23:15	15:07:51

10月6日 OCT.6 / 星期五 FRIDAY 215.5KM

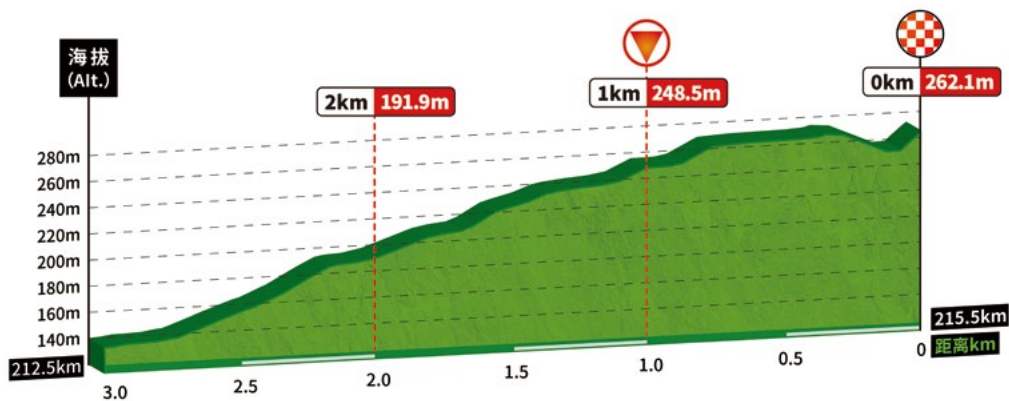
QIONGHAI - BAOTING  
琼海 - 保亭2<sup>nd</sup> STAGE  
第二赛段

215.5KM 10月6日 OCT.6 / 星期五 FRIDAY

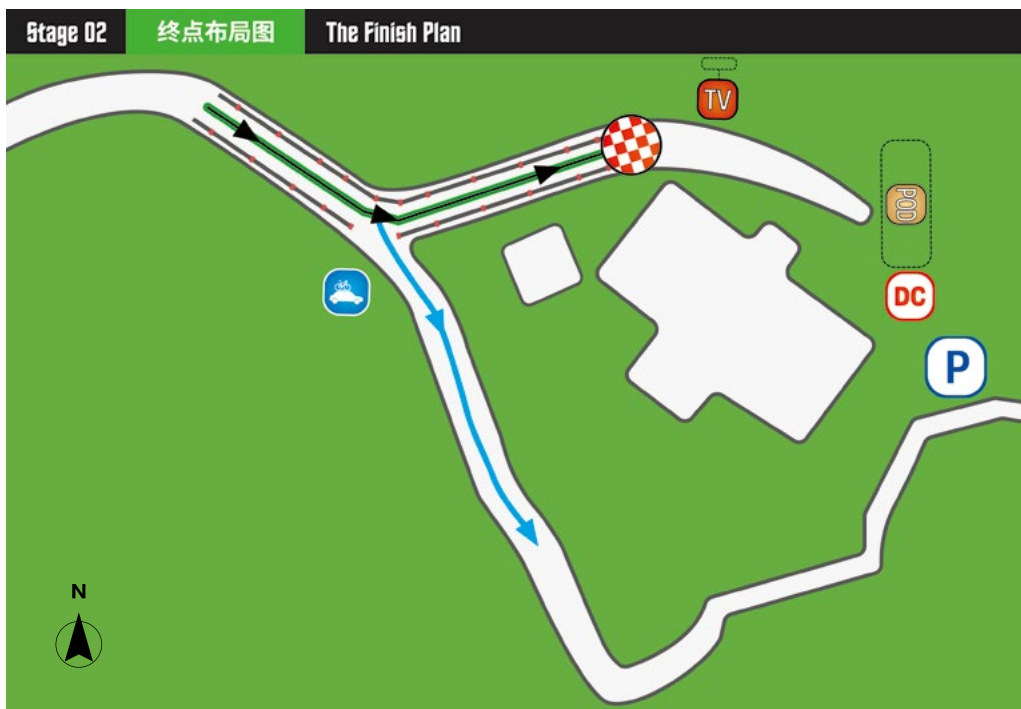
2<sup>nd</sup> STAGE  
第二赛段

QIONGHAI - BAOTING  
琼海 - 保亭

Stage 02 最后三公里海拔图 The Last 3km Profile



Stage 02 终点布局图 The Finish Plan



10月6日 OCT.6 / 星期五 FRIDAY 215.5KM

QIONGHAI - BAOTING  
琼海 - 保亭

2<sup>nd</sup> STAGE  
第二赛段

Stage 02 酒店/加油站/充电桩分布图 Hotel & Gas Station & Charging Station



Stage 02 非竞赛车辆转场路线图 Staff Car Transfer



琼海(市政广场) - 保亭(七仙广场) 约178km

银海路-琼海互通-G98-S10(山海高速)-保亭互通-G361-文明南路-新兴东路-七仙广场路-七仙广场





匹克品牌代言人 吴磊

吴磊



随时随地  
清凉畅爽



怕上火 喝王老吉





WUZHISHAN 五指山

海南五指山 热带雨林

不到五指山  
不算到海南



OCT.7, 2023  
星期六 SATURDAY





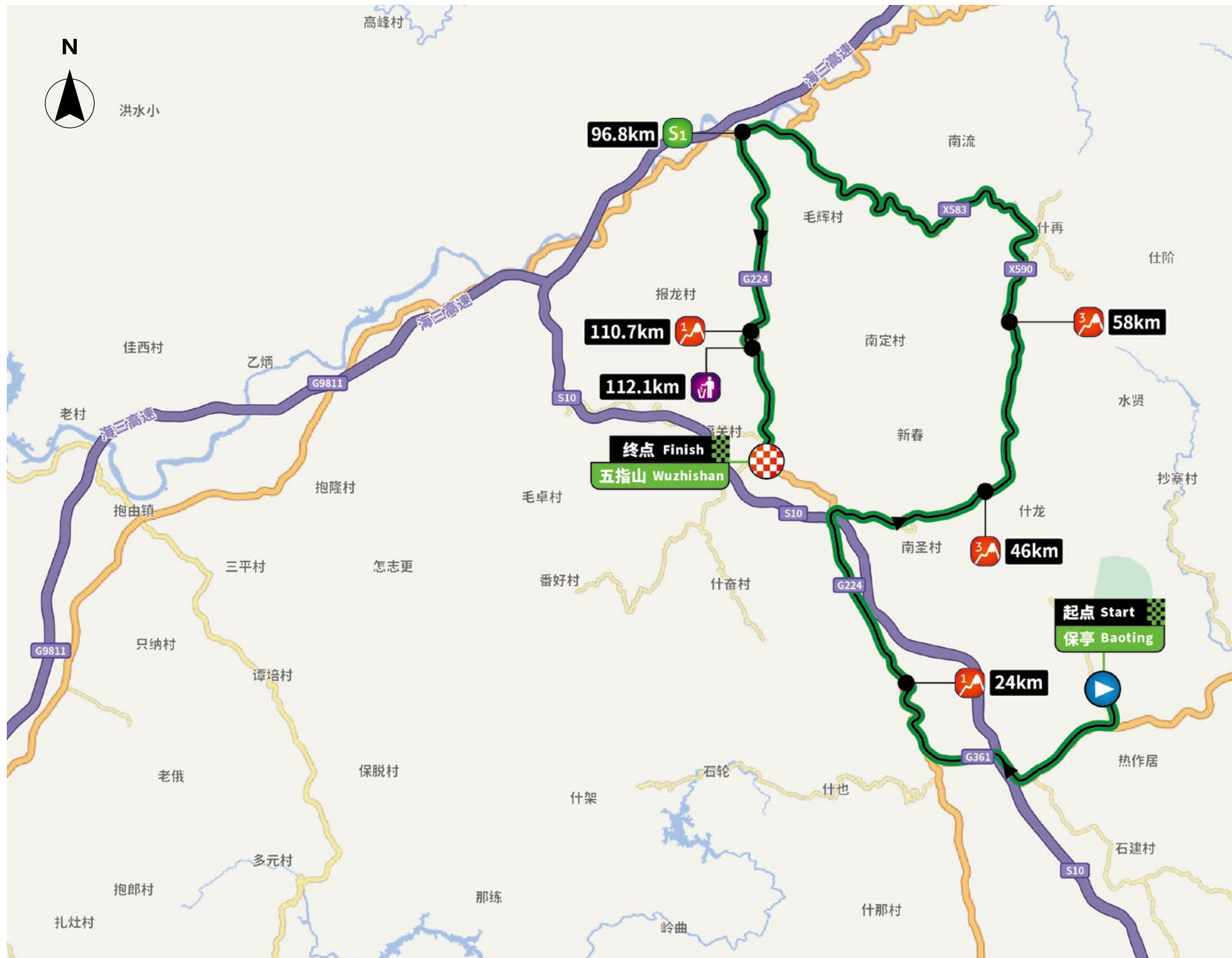


BAOTING-WUZHISHAN

保亭 - 五指山  
122.6KM



OCT.7, 2023  
星期六 SATURDAY





起点：七仙广场  
Start: Qixian Square

### 保亭 Baoting

保亭地处全球黄金度假带——北纬 18 度，年平均气温 20.7-24.5℃，冬无严寒，夏无酷暑，季节温差不大。森林覆盖率达 84% 以上，每立方厘米空气负氧离子在 8200 个以上，被誉为“海南绿肺”“天然氧吧”。这里也是同时能够享受热带雨林和天然温泉的地方，是发展气候康养旅游产业的绝佳之地。

保亭自然资源丰富，是我国重要的南药种植基地。拥有益智、沉香、降香、砂仁等多种南药品种，同时还拥有槟榔谷、呀诺达两个 5A 级景区，七仙岭 4A 级景区，以及神玉岛、布隆赛等康养旅游点和乡村旅游点。保亭空气质量好，生态环境佳，是一年 365 天都浸在绿意里的城市，面朝七仙岭可见如画美景，背靠温泉可体验康养项目，开门见绿、抬头见蓝，四季温暖、花朵常开，半城山水半城诗意。



Baoting is located in the world's golden resort - 18 degrees north latitude, the annual average temperature 20.7-24.5 °C . Winter without cold, summer without heat, the seasonal temperature difference is not large. Forest coverage rate is more than 84%, and per cubic centimeter of air is more than 8200 negative oxygen ions, known as "Hainan green lung" and "natural oxygen bar". What' s more, it is a great place to develop a climate health tourism industry and you can enjoy tropical rainforests and natural hot springs at the same time.

Baoting has abundant natural resources and is a important base for the cultivation of traditional Chinese medicinal herbs in China. It has various types of southern medicinal herbs, such as Lignum Aquilariae Resinatum, Dalbergia odorifera T.Chen, and Fructus amomi, as well as two 5A-level scenic spots, Binglang valley and Yanoda Rainforest, a 4A Scenic Spot: Qixian Ridge, and health tourism sits such as Shenyu Island and Blonsai. Baoting has good air quality and a favorable ecological environment, making it a city immersed in greenery all year round. Facing the Qixian Ridge, you can see picturesque scenery, and with hot spring at your back, you can experience health preservation projects. It is a city with greenery at your doorstep and blue skies above, with a warm climate and flowers blooming all year round, combining the charm of both natural scenery and port beauty.

### 民族风情街 Baoting Ethnic Style Street

保亭民族风情一条街是保亭为完善县城旅游服务配套功能而精心打造的旅游、休闲、购物等一条龙旅游配套项目，同时具有传统古建筑特色和黎苗风情。



正如其名，保亭民族风情一条街着力从宜居宜游宜乐的目标出发，以黎苗建筑风情与当地热带雨林气候相契合，具有浓郁黎苗风格的建筑与依河而建空中走廊连为一体，使该街成为展示保亭少数民族风情的窗口。

Baoting Ethnic Style Street is a carefully built tourism, leisure, shopping and other one-stop tourism supporting projects, in order to improve the county tourism service supporting function. At the same time, it has traditional architectural features and Li & Miao nationality flavor. Just as its name, Baoting Ethnic style street focuses on the goal of livable, pleasant and fun, with Li & Miao architectural customs and the local tropical rainforest climate. The building which has strong Li & Miao style and the air corridor built by the river are integrated, making the street a window to show the national minority customs of Baoting.



### 槟榔谷黎苗文化旅游区 Binglanggu Hainan Li and Miao Cultural Heritage Park



槟榔谷黎苗文化旅游区创建于 1998 年，是中国首家民族文化型 5A 级景区，坐落在万棵亭亭玉立、婀娜多姿的槟榔林海和古木参天、藤蔓交织的热带雨林中。

槟榔谷因其两边森林层叠叠嶂，中间是一条延绵数公里的槟榔谷地而得名。景区由非遗村、甘什黎村、雨林苗寨、梦想田园四大板块组成；主推项目包括大型实景演出《槟榔古韵》、《热带风暴》体验馆、《刀山火海》表演、田野卡丁车、空中小火车等；此外还可在“波隆人家”餐厅品尝到地道的黎族特色美食，在兰花客栈及田园客栈领略雨林风光。景区内还展示了十项国家级非物质文化遗产，其中“黎族传统纺染织绣技艺”被联合国教科文组织列入非物质文化遗产急需保护名录。槟榔谷还是海南黎、苗族传统“三月三”及“七夕嬉水节”的主要活动举办地之一，文化魅力十足，是海南民族文化的“活化石”。

Binglanggu Hainan Li and Miao Cultural Heritage Park, China's first national cultural 5A scenic spot, was established in 1998, which located in the enchanting betel nut forest and tropical rain forest with towering ancient trees and intertwined vines.

Binglanggu is named for its forest layer upon layer of mountains on both sides and betel Nut Valley which reaches for kilometers in the middle. The scenic spot consists of four parts: Intangible Cultural Heritage Village, Ganzali Village, rainforest Miao village and dream countryside. The main projects include the great live musical drama Areca and the Ancient Rhymes, the experience museum Tropical



Storm, "Mountains of Fire" performance, Field karting, Train in the sky, etc.; In addition, you can also taste the authentic Li nationality cuisine in the "Bolong Family" restaurant, and enjoy the rainforest scenery in the Orchid cabin and the rural Inn. Ten of the National Intangible Cultural Heritages are exhibited as well, and UNESCO has inscribed traditional Li textile techniques: spinning, dyeing weaving and embroidering on the List of Intangible Cultural Heritage in Need of Urgent Safeguarding upon the proposal of China. Furthermore, with distinct cultural charm, Binglanggu is one of the main venues for the traditional Hainan Li-Miao Sanyuesan Festival and the Star Water Festival and is regarded as the living fossil of Hainan ethnic culture.

#### 神玉岛文化旅游区 Shenyudao Cultural Tourism Zone

海南神玉岛文化旅游区位于海南省保亭黎族苗族自治县响水镇，海南岛五指山南麓。景区置身于海南原生态热带雨林腹地，具有得天独厚的自然生态资源，拥有山地湖泊、原始生态热带雨林及千年荔枝树、森林浑谷、亿万年植物“活化石”桫欏丛林、“水中大熊猫”桃花水母等生态自然奇观。

景区内以玉文化为主线，将文化瑰宝融入人间仙境般的雨林山水。三大文化游览线路串联十二生肖广场、乐寿宫、神玉宝塔、须弥灵境、归乡岛五大节点艺术景观，内设神玉艺术馆、神玉书院、神玉度假酒店、归璞农场等文化旅游项目，汇入“琴、棋、书、画、茶、玉、禅、香、花”君子九雅文化盛宴。

神玉岛素有“神仙岛”、“长寿岛”、“健康岛”之美誉。天蓝、山清、水秀、景美，是神玉岛一张闪亮的绿色名片，神玉岛以中华玉文化、生态康养文化为核心主题，旨在打造集文化康养、森林康养、运动康养、康养度假四位一体、具有文化内核的康养文化旅游区。



Hainan Shenyudao Cultural Tourism Zone is located in Xiangshui Town, Li and Miao Autonomous County, Baoting, Hainan Province, at the southern foot of Five-finger Mountain. The scenic spot is located in the hinterland of Hainan's original tropical rain forest, with unique natural ecological resources, mountain, lakes, primitive tropical rain forests and millennium lychee trees, forest and valley, spinulose tree fern jungle-

-millions of years of plants "living fossils", "pandas in the water" freshwater jellyfish and other ecological natural wonders.

In the scenic area, the jade culture as the main line, and the cultural treasures are integrated into the fairyland rainforest landscape. The three cultural tour routes are connected with the five nodes of the art landscape of the twelve Zodiac Square, Leshou Palace, Shenyu Pagoda, Xumi spirit realm, and Guixiang Island. There are Shenyu Art Museum, Shenyu Academy, Shenyudao Resort Hotel, Guipu



Farm and other cultural tourism projects, and they are merged into the "guqin, chess, calligraphy, paintings, tea, jade, Zen, incense, and flowers arrangements" gentlemen's nine elegant cultural feast. Shenyudao is known as "fairy Island", "longevity Island", "health island" reputation. Blue sky, picturesque scenery, wonderful view, are the conspicuous representative of Shenyudao. With Chinese jade culture and ecological health culture as the core theme, Shenyudao aims to build a health culture tourism zone which has cultural core, integrating cultural health, forest health, sports health and health vacation.

#### 呀诺达雨林文化旅游区 Yanoda Tropical Rainforest Culture Tourism Zone



海南呀诺达雨林文化旅游区是国家 5A 级景区，国家级文化产业示范基地，联合国教科文组织“善行旅游”合作调研基地。呀诺达集植物奇观、峡谷流泉、飞瀑怪礁、黎峒风情、热带瓜果于一身，是海南岛五大热带雨林精品的浓缩，堪称中国钻石级雨林景区。

呀诺达景区整体规划面积 45 平方公里，周边是 123 平方公里的生态恢复保护区。呀诺达景区坚持天人合一的生态开发理念，融汇“原始生态绿色文化、黎苗文化、南药文化、民俗文化”等优秀文化理念。目前已开放雨林谷、梦幻谷、三道谷等景观，拥有世界三大热带雨林中最美、规模最大的栈道，中国最大的开放式热带雨林生态博览馆，亚洲最长雨林高空滑索，热带雨林最好的踏瀑戏水体验项目；建成了雨林一号度假酒店、“野奢”露营区住宿系统，以及“宝善堂”、“香巴拉养生餐厅”、大型养生自助餐等餐饮系统，具备了吃住行游购娱等基本要素。

Hainan Yanoda Rainforest Cultural Tourism Zone is a national 5A scenic spot, a national cultural industry demonstration base, and a cooperative research base of UNESCO "Good Tourism". Yanoda--plant wonders, canyons, waterfalls, various reefs, Li Dong customs, tropical melons and fruits in one, is the concentration of Hainan five tropical rainforest boutique, which can be called China's diamond rainforest scenic spot.

The overall planning area of Yanoda scenic spot is 45 square kilometers, and the surrounding zone is 123 square kilometers of ecological restoration protection. Yanoda scenic spot insist on the ecological development concept of the Unity of Heaven and Man, integrates some excellent cultural concepts of "primitive ecological green culture, Li & Miao ethnic culture, Southern medicine culture, folk culture". It has opened some landscapes, such as Rainforest Valley, Dream Valley, Sandao Valley, and has the most beautiful and largest walkway among the three tropical rainforests in the world and China's largest open tropical rainforest Ecological Expo Hall. Besides, there is the longest zip lining of rain forest in Asia, and the best experience project of paddling in the rain forest; Rain forest No. 1 Resort Hotel, "Wild Luxury" camping area accommodation system, as well as "Baoshantang", "Shambhala Health restaurant", large-scale health buffet and other catering systems have been built, with basic elements such as food, accommodation, travel, shopping and entertainment.



终点：五指山青少年活动中心  
Finish: Wuzhishan Youth Activity Center

### 五指山红峡谷文化旅游区 Wuzhishan Red Canyon Cultural Tourism Scenic Area

五指山红峡谷文化旅游区位于五指山市南圣镇，规划占地 3000 亩，是省、市重点建设项目。景区以五指山热带雨林、峡谷漂流为主题，依托黎苗文化为根基，形成集观光度假、休闲娱乐、居住养生为一体的复合型景区。目前已开放红峡谷漂流、勇者之路、红峡谷栈道、玻璃旱滑道、露营、烧烤、餐厅、脚踏船等项目。

截至目前景区已基本完成一期工程建设，主要以峡谷漂流为主，其他配套设施为辅的特色体验项目，现已建成并开放的项目有红峡谷漂流、勇者之路探险、星空露营、休闲脚踏船等；二期工程项目由上、下游景区分区进行建设，其中上游景区建设内容为养生居、赏月养生酒店，下游景区建设内容为游客接待中心、5D 影院、室外演艺广场、旅游商品街、购物街、独栋客房、停车场、剧场、养生酒店等。



Wuzhishan Red Canyon Cultural Tourism Scenic Area is located in Nansheng Town, Wuzhishan City, planning to cover an area of 3000 mu, which is a provincial and municipal key construction projects. The scenic area takes Wuzhishan tropical rain forest and canyon rafting as the theme. Based on Li and Miao culture, it forms a complex scenic spot integrating sightseeing, recreation and living.

At present, it has opened some projects, such as the Red Canyon Rafting, the Brave Road, the Red Gorge Plank Road, glass drought slide, camping, barbecue, restaurant, pedal boat.

Up to now, the scenic area has basically completed the first phase of the project construction, mainly canyon rafting, supplemented by other supporting facilities of the characteristic experience projects. Now the projects which completed and open are Red Canyon rafting, Brave Road Adventure, stary camping, leisure pedal boat and so on; The second phase of the project is constructed by the upper and lower reaches of the scenic area. The construction content of the upstream scenic area is the health residence and the Admiring moon health hotel, and the construction content of the downstream scenic area is the tourist reception center, 5D cinema, outdoor performing arts square, tourist commodity street, shopping street, single-family guest room, parking lot, theater, health hotel, The whole journey is 3.8 kilometers, with a drop of more than 80 meters. It is named after the rocks along the way are washed by mountains and rain and form a yellow-red color. The rocky wall of the canyon is precipitous, the river is full of rocks and the coast plants the original tropical rain forest.

### 毛纳村 Maona Village

毛纳村位于五指山脚下，水满乡西南部。因得天独厚的山地优势和生态资源，毛纳村以发展茶产业为主导产业，全村种植茶面积约 600 亩。

近年来，毛纳村始终以习近平新时代中国特色社会主义思想为指导，坚持党建引领，立足“全域旅游示范村”建设，大力推进党建共建活动。毛纳村将积极落实习近平总书记考察海南重要讲话精神和对毛纳村的殷殷嘱托，坚持以党建为引领，立足毛纳村特色资源优势，在保持茶产业平稳发展的基础上，大力推动茶旅、休闲旅游、康养、研学、露营一二三产业融合发展。



Maona Village, located at the foot of Wuzhishan Mountain and southwest of Shuiman Township. Due to its unique terrain advantages and ecological resources, Maona Village takes the development of tea industry as the leading industry, and the cultivated area of the tea in whole village is about 600 mu. In recent years, Maona Village leads by Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era, under the overall leadership of the Party, and based on the construction of a "comprehensive tourism demonstration village", that promoted party building and co construction activities. Maona Village will actively implement president Xi Jinping's ardent entrustment in an important speech that he visited Hainan: Adhering to the leadership of Party and based on the unique resource advantages of Maona Village. Furthermore, maintain the stable development of the tea industry, the village will vigorously promote the integrated development of the primary, secondary, and tertiary industries of tea tourism, leisure tourism, health care, research and learning, and camping.

### 黎峒文化园 Wuzhishan Lidong Cultural Park



五指山黎峒文化园位于海南省五指山市水满乡五指山第一峰山麓，规划占地面积 3352 亩，兴建 36 个建筑区域和景观，是一个体验式景区。自 2014 年黎祖袍隆扣巨幅塑像开光典礼后，就被海南省政府确定为每年全省“三月三”大型活动的祭拜黎祖永久地址，连年成功举办了盛大祭祖仪式。

黎祖大殿背靠高山，大殿与五指山第一峰在同一条主轴线上，居高临下，蔚为壮观。景区“一园三地”的定位，赋予其

特别的亮点：她是黎族人民的精神家园：是黎族同胞祭奠先祖的人文圣地：是展示、研究、传承和体验黎族文化的基地，更完整、更深入、更细致地体现黎族文化的发展历程：她也是黎族文化、五指名山、热带雨林相结合的旅游观光、休闲康养的胜地。



Wuzhishan Lidong Cultural Park is located at the foot of the first peak of Wuzhishan mountain, Shuiman Village, Wuzhishan City, Hainan Province. It is an experiential scenic spot with a planned area of 3352 mu and 36 architectural areas and landscapes. Since the opening ceremony of the giant statue of Li Zu in 2014, it has been determined by the Hainan provincial government as the permanent address of the annual "The Double Third" large-scale activities to worship Li Zu, and the grand ancestor worship ceremony has been successfully held every year.



The worship hall of Li Zu is backed by the high mountain, the main hall and the first peak of the Wuzhishan in the same principal axis, looking down from a height, which is spectacular. The location of "one garden and three places" gives it special highlights: it is the spiritual home of the Li people; a cultural holy place for Li compatriots to pay homage to their ancestors; the base for displaying, studying, inheriting and experiencing Li culture. Besides, it reflects the development process of Li culture more completely, more deeply and more carefully. It is also a tourist, leisure and health resort that combines Li culture, Wuzhishan Mountain and tropical rainforests.

#### 海南热带雨林国家公园（五指山） National Park of Hainan Tropical Rainforest (Wuzhishan)

海南热带雨林国家公园（五指山）景区位于海南热带雨林国家公园内，是归属林业厅管辖的海南省直属事业单位。五指山所代表的海南热带雨林与南美洲的亚马逊河流域、印度尼西亚的热带雨林并称为全球保存最完整的三块热带雨林，被誉为海南岛之“肺”，素有“天然氧吧”之称。



五指山遍布热带原始森林，是海南主要河流昌化江、万泉河的发源地，不仅自然风光优美且极具神秘色彩。森林中有野生维管植物种类 2146 种，野生脊椎动物 289 种，是一个生物多样性极为丰富的宝库。

National Park of Hainan Tropical Rainforest (Wuzhishan) Scenic area is located in National Park of Hainan Tropical Rainforest, which is under the jurisdiction of the Department of Forestry of Hainan Province. The tropical rain forest in Hainan represented by Wuzhishan, the Amazon River basin in South America and the tropical rain forest in Indonesia have called the three best-preserved tropical rainforests in the world, known as the "lungs" of Hainan and "natural oxygen bar".

Wuzhishan Mountain is covered with tropical virgin forests, and is the birthplace of Hainan's main rivers Changhua River, Wanquan River. The natural scenery in here is beautiful and mysterious. There are 2146 species of wild vascular plants and 289 species of wild vertebrates in the forest, which is a treasure house of biodiversity.

#### 牙胡梯田 Yahu Terraced Fields



被誉为“海南第一梯田”的牙胡梯田，是海南境内面积最大的梯田，距琼乐高速毛阳互通仅有 4.6 公里，紧邻鹦哥岭自然保护区，因位于五指山市毛阳镇牙胡村而得名。牙胡梯田一年四季景色各不同。春天引水灌溉时，水满田畴，梯田犹如镶嵌在群山之间的一块块明镜，光影澹澹；夏天时，梯田中的禾苗滋长，绿意盈阶，油油密密；到了秋天，稻子成熟，金黄色的稻禾随风舞动，随着阳光变幻，整个梯田都闪耀着金灿灿的光辉。

有趣的是，在这浩瀚的梯田世界里，面积最大的一块不过一亩二分地，最小的只能播种数百株禾苗。有句民族俗语是这样形容梯田的，“我家田仔多又多，一只青蛙跳五行”。

Yahu Terrace Fields, known as "the first terrace fields in Hainan", is the largest terrace in Hainan. It is only 4.6 kilometers away from Maoyang Interconnecting of Qiongle Expressway and close to Yinggeling Nature Reserve. It is named after Yahu Village, Maoyang Town, Wuzhishan City. The scenery of Yahu terraces fields varies throughout the year. In spring, when water is diverted for irrigation, the fields are filled with water, and the terraces are like mirrors inlaid among the mountains. In summer, the seedlings in the terraces grow, which is greenery and glossy; In autumn, the rice is ripe, the golden rice dancing with the wind, and the whole terraces are shining golden light with the sun variation. Interestingly, in this vast terraced fields, the largest field is only about 0.008 hectares. The smallest one can only plant hundreds of seedlings. There is a proverb to describe the terraced fields "I have a lot of fields, but a frog jumps five lines."

#### 2023 年 10 月 7 日（星期六）7/10/2023 Saturday

6:00-9:00 早餐 Breakfast

6:30-8:00 领水、领冰 Distribution of Ice and Water

9:00-9:50 “康师傅”每日签到时刻 Master Kong Sign on 10:00 比赛开始 Race Start

约 13:20 比赛结束 Estimated Finishing Time

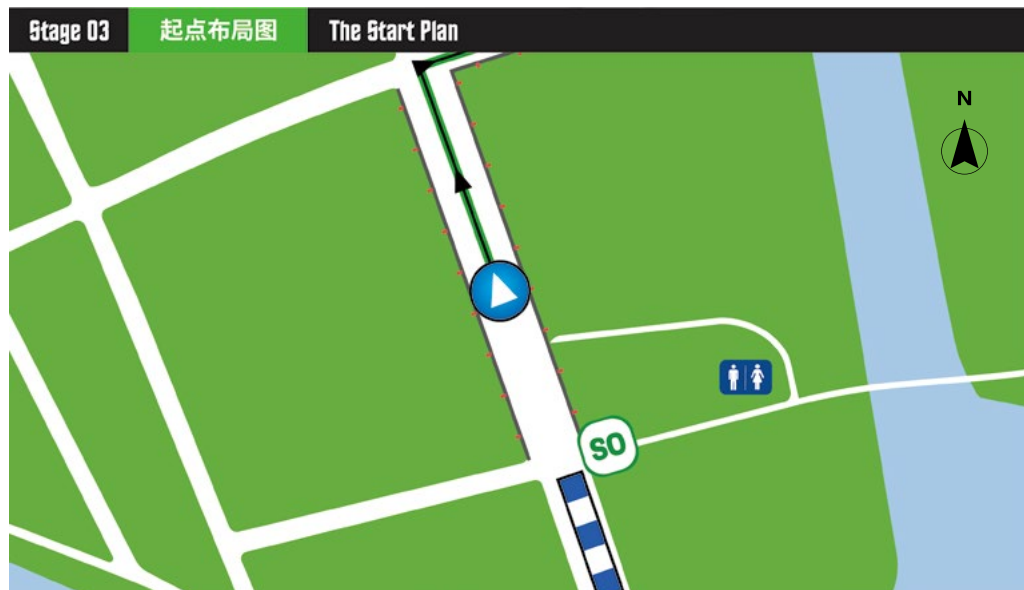
约 13:00-13:30 “乐东电商”每日荣耀时刻（赛段颁奖）Ledong E-commerce Awarding Ceremony

18:00-20:00 晚餐 Dinner 9:00-22:00 竞赛办公室开放 Opening of Race Office

122.6KM 10月7日 OCT.7 / 星期六 SATURDAY

3<sup>rd</sup> STAGE  
第三赛段

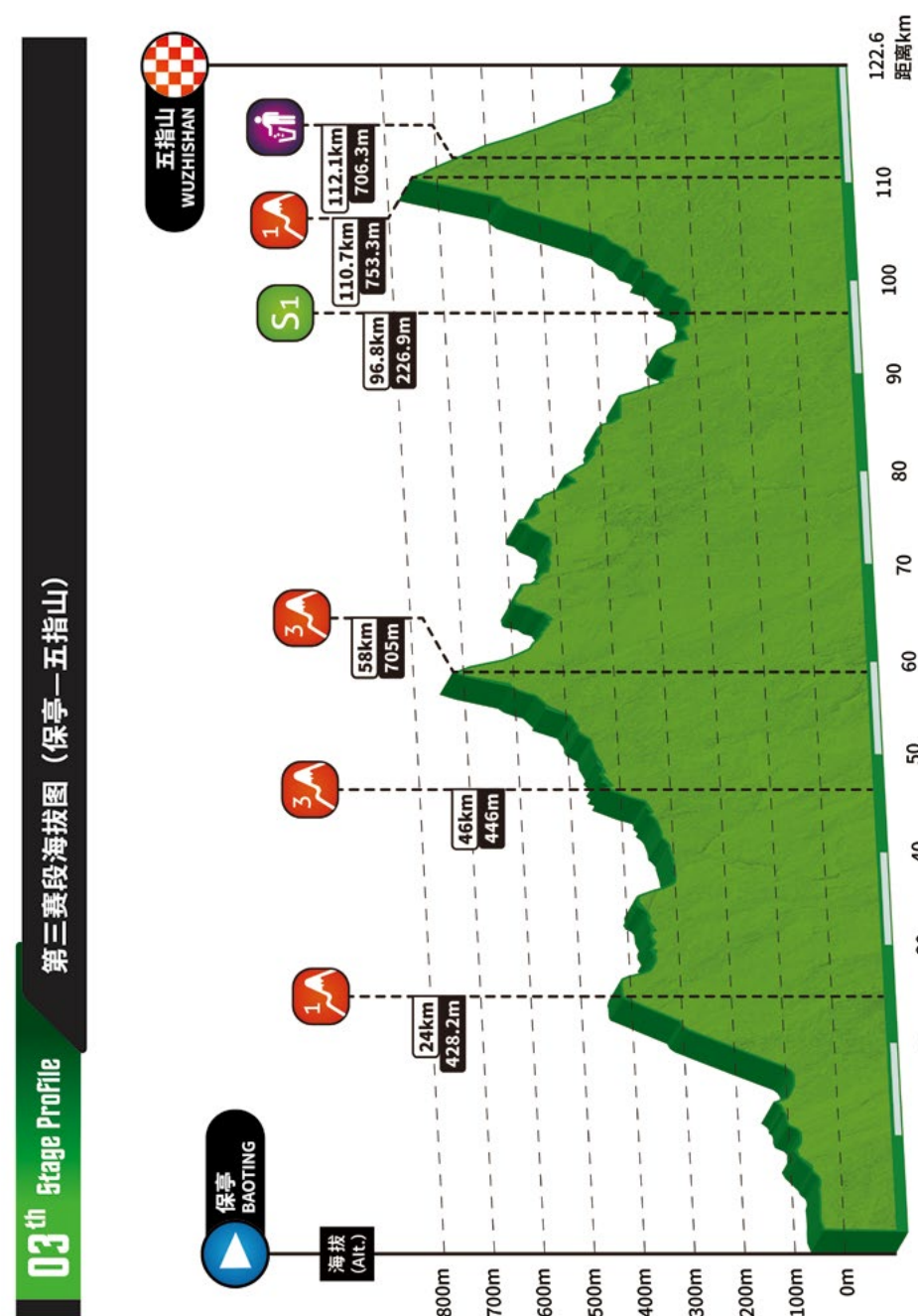
BAOTING - WUZHISHAN  
保亭 - 五指山



10月7日 OCT.7 / 星期六 SATURDAY 122.6KM

BAOTING - WUZHISHAN  
保亭 - 五指山

3<sup>rd</sup> STAGE  
第三赛段





3<sup>rd</sup> STAGE  
第三赛段BAOTING - WUZHISHAN  
保亭 - 五指山

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time			
					38km/h	40km/h	42km/h	
0	122.6	52.5		七仙广场	Qixian Square	10:00:00	10:00:00	10:00:00
0.14	122.46	52.4		新兴东路	Xinxing E. Rd.	10:00:11	10:00:11	10:00:10
0.3	122.3	52		民族风情街	Ethnic Style Street	10:00:23	10:00:23	10:00:23
0.9	121.7	53		滨河西南路	Binhe S. Rd.	10:01:09	10:01:08	10:01:07
1.7	120.9	55.4		迎宾桥	Yingbin Bridge	10:02:10	10:02:09	10:02:08
1.8	120.8	55.2		七仙大道	Qixian Ave.	10:02:18	10:02:16	10:02:15
3.8	118.8	53.2		抄茂桥, 保兴东路	Chaomao Bridge, Baoxing E. Rd.	10:05:26	10:05:11	10:04:57
4.6	118	52.2		保兴中路	Baoxing Middle Rd.	10:06:34	10:06:16	10:06:00
5.1	117.5	52.5		保兴西路	Baoxing W. Rd.	10:07:17	10:06:57	10:06:39
6.6	116	66.9		G361	G361	10:09:26	10:09:00	10:08:37
11.1	111.5	112.4		G361	G361	10:15:51	10:15:08	10:14:29
14	108.6	108.3		什冲桥	Zachong Bridge	10:20:00	10:19:05	10:18:16
17	105.6	106.5		G361,K58	G361,K58	10:24:17	10:23:11	10:22:10
17.3	105.3	120.3		G224	G224	10:24:43	10:23:35	10:22:34
24	98.6	428.2		大本岭, K230+600	Daben Mountain, K230+600	10:34:17	10:32:44	10:31:18

BAOTING - WUZHISHAN  
保亭 - 五指山3<sup>rd</sup> STAGE  
第三赛段

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time		
						38km/h	40km/h	42km/h
27.5	95.1	370.6	↑	毛岸路牌	Maoan Rd. Sign	10:39:17	10:37:30	10:35:52
30.9	91.7	372.6	↑	五指山界	Wuzhishan Border	10:44:09	10:42:08	10:40:18
31.1	91.5	368.4	↩	便道通行, 桁木桥	Sidewalk, Hengmu Bridge	10:44:26	10:42:25	10:40:34
36	86.6	327.6	↘	南水路	Nanshui Rd.	10:51:26	10:49:05	10:46:57
36.1	86.5	323.5	↘	X588, 建岛路	X588, Jiandao Rd.	10:51:34	10:49:14	10:47:05
36.8	85.8	317.6	↑	建岛桥	Jiandao Bridge	10:52:34	10:50:11	10:48:00
38.6	84	319.2	↩	南水路	Nanshui Rd.	10:55:09	10:52:38	10:50:21
40.1	82.5	322.5	↑	X590, 南水路	X590, Nanshui Rd.	10:57:17	10:54:41	10:52:18
42.6	80	346.6	↑	上坡牌	Uphill Sign	11:00:51	10:58:05	10:55:34
43.5	79.1	358.4	↑	南水路	Nanshui Rd.	11:02:09	10:59:19	10:56:44
44.5	78.1	364.5		红峡谷漂流路口	Red Canyon Drifting Intersection	11:10:16	11:06:45	11:03:34
46	76.6	446		X590,K5+800	X590,K5+800	11:12:38	11:09:00	11:05:43
47.8	74.8	448.9	↑	同甲村	Tongjia Village	11:15:28	11:11:42	11:08:17
48.8	73.8	462.4	↑	永忠村	Yongzhong Village	11:17:03	11:13:12	11:09:43
50.7	71.9	473.6	↑	毛祥村 ( 桥 )	Maoxiang Village(Bridge)	11:20:03	11:16:03	11:12:26
54.4	68.2	561	坡顶	K14+200	K14+200	11:25:54	11:21:36	11:17:43

3<sup>rd</sup> STAGE  
第三赛段BAOTING - WUZHISHAN  
保亭 - 五指山

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 38km/h 40km/h 42km/h		
55.1	67.5	568	↑	新民村 Xinmin Village	11:27:00	11:22:39	11:18:43
54.7	67.9	581.6	↑	上坡牌 Uphill Sign	11:26:22	11:22:03	11:18:09
56	66.6	600	⬆️	上坡牌 Uphill Sign	11:28:25	11:24:00	11:20:00
58	64.6	705	⬆️	水满界, X590,K18+500 Shuiman Border, X590,K18+500	11:31:35	11:27:00	11:22:51
61.2	61.4	583.8	↑	方响村 Fangxiang Village	11:36:38	11:31:48	11:27:26
61.4	61.2	580	↑	X590,K21 X590,K21	11:36:57	11:32:06	11:27:43
62.3	60.3	563	⬅️	毛纳村 (宝山路) Maona Village, Baoshan Rd.	11:38:22	11:33:27	11:29:00
63.9	58.7	542.8	➡️	青山路 (桥) Qingshan Rd.(Bridge)	11:40:54	11:35:51	11:31:17
64.4	58.2	553.6	↑	上坡 Uphill	11:41:41	11:36:36	11:32:00
65.1	57.5	586	↑	青山路 Qinghai Rd.	11:42:47	11:37:39	11:33:00
65.4	57.2	612.4	⬅️	X583 X583	11:43:16	11:38:06	11:33:26
73.8	48.8	580.9	↑	方满上村 Fangmanshang Village	11:56:32	11:50:42	11:45:26
93.6	29	235.6	⬅️	G224 G224	12:27:47	12:20:24	12:13:43
96	26.6	228.3	↑	毛阳镇路牌 Maoyang Town Rd. Sign	12:31:35	12:24:00	12:17:09
96.8	25.8	226.9	S1	旺家福旅租 Wangjiafu Hotel	12:32:51	12:25:12	12:18:17
96.9	25.7	228.6	↑	G224 G224	12:33:00	12:25:21	12:18:26

BAOTING - WUZHISHAN  
保亭 - 五指山3<sup>rd</sup> STAGE  
第三赛段

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 38km/h 40km/h 42km/h		
102.6	20	342.3	⬆️	G224, K194 G224,K194	12:42:00	12:33:54	12:26:34
103	19.6	353	↑	G224, K194+400 G224,K194+400	12:42:38	12:34:30	12:27:09
110.7	11.9	753.3	⬆️	阿陀岭, G224,K202+100 Atuo Mountain, G224,K202+100	12:54:47	12:46:03	12:38:09
112.1	10.5	706.3	⬆️	G224 G224	12:57:00	12:48:09	12:40:09
112.6	10	681.6	⬆️	G224 G224	12:57:47	12:48:54	12:40:51
119.2	3.4	352.6	↑	海南省农林 科技学校 Hainan Sheng Nong Lin Ke Ji Xue Xiao	13:08:13	12:58:48	12:50:17
120.3	2.3	325.5	↑	三月三大道 Sanyuesan Ave.	13:09:57	13:00:27	12:51:51
120.6	2	325.2	↑	三月三大道, 五指山车站 Wuzhishan Station,Sanyuesan Ave.	13:10:25	13:00:54	12:52:17
120.8	1.8	323	↑	五指山大桥 Wuzhishan Bridge	13:10:44	13:01:12	12:52:34
121.3	1.3	330.5	↑	三月三大道 Sanyuesan Ave.	13:11:32	13:01:57	12:53:17
121.8	0.8	321	↑	三月三大道 Sanyuesan Ave.	13:12:19	13:02:42	12:54:00
122.4	0.2	323.8	⬆️	三月三大道 (左幅) Sanyuesan Ave.(L)	13:13:16	13:03:36	12:54:51
122.6	0	328.6	⬆️	五指山青少年 活动中心 Wuzhishan Youth Activity Center	13:13:35	13:03:54	12:55:09



122.6KM 10月7日 OCT.7 / 星期六 SATURDAY

3<sup>rd</sup> STAGE  
第三赛段

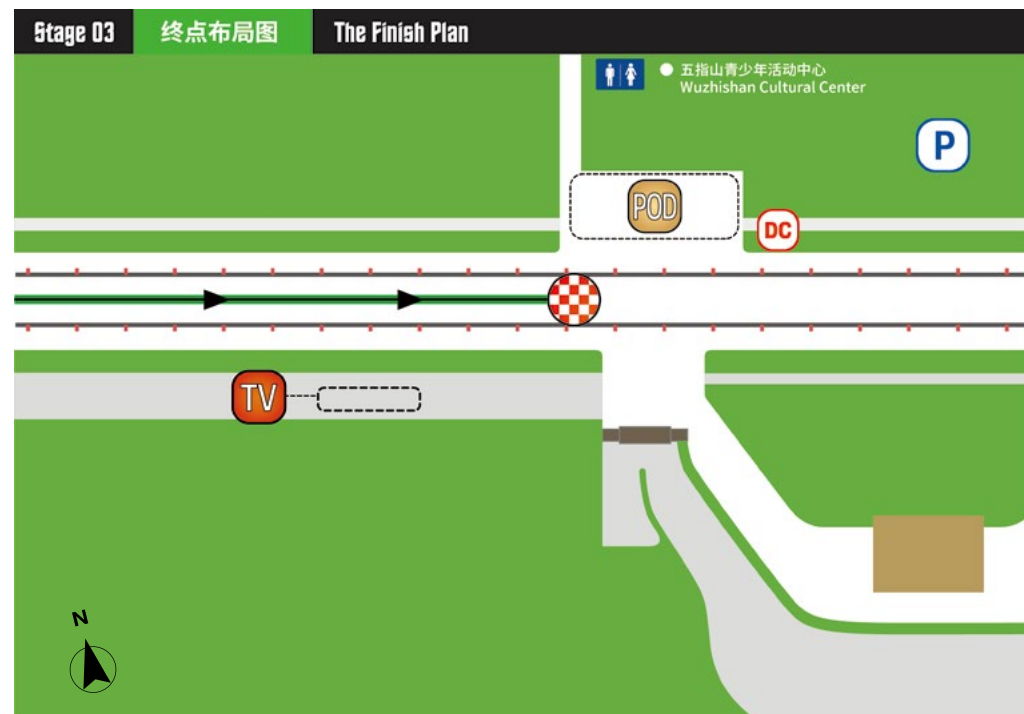
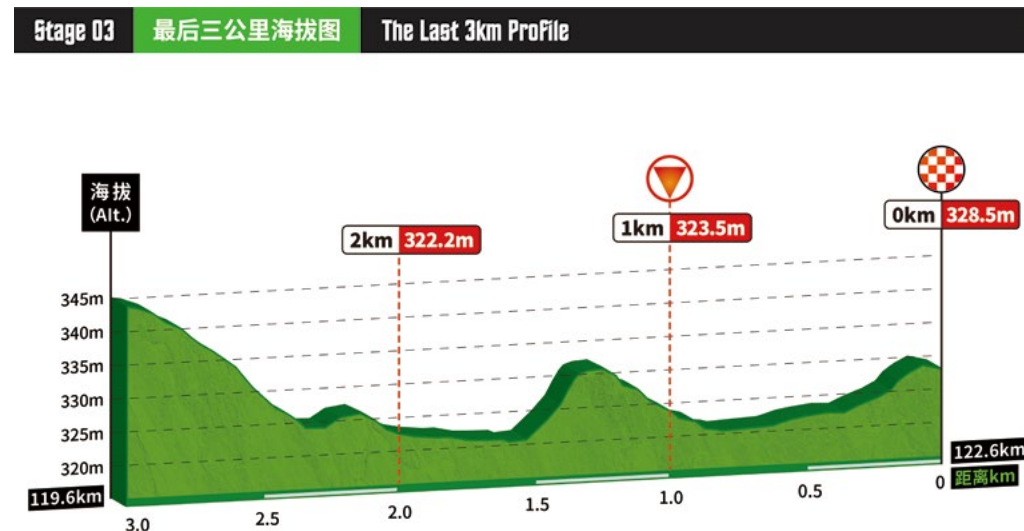
BAOTING - WUZHISHAN  
保亭 - 五指山



10月7日 OCT.7 / 星期六 SATURDAY 122.6KM

BAOTING - WUZHISHAN  
保亭 - 五指山

3<sup>rd</sup> STAGE  
第三赛段



122.6KM 10月7日 OCT.7 / 星期六 SATURDAY

3<sup>rd</sup> STAGE  
第三赛段

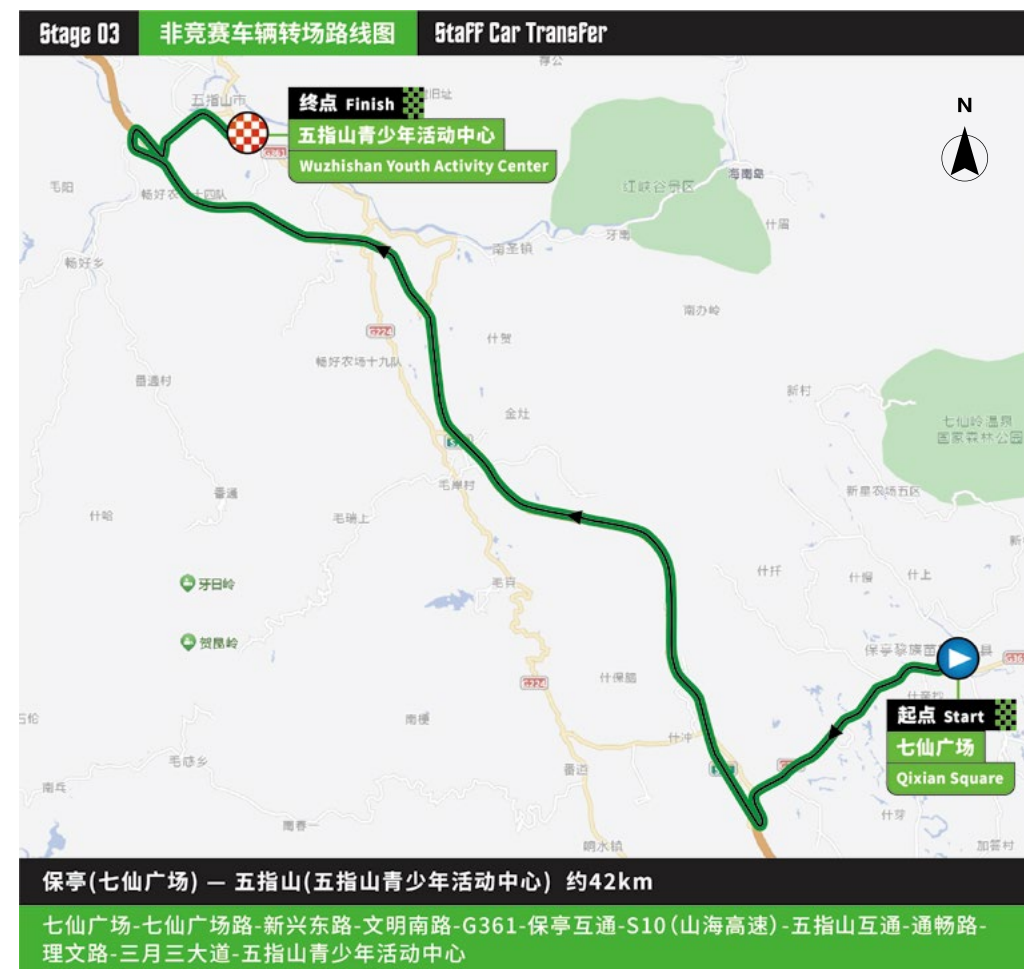
BAOTING - WUZHISHAN  
保亭 - 五指山



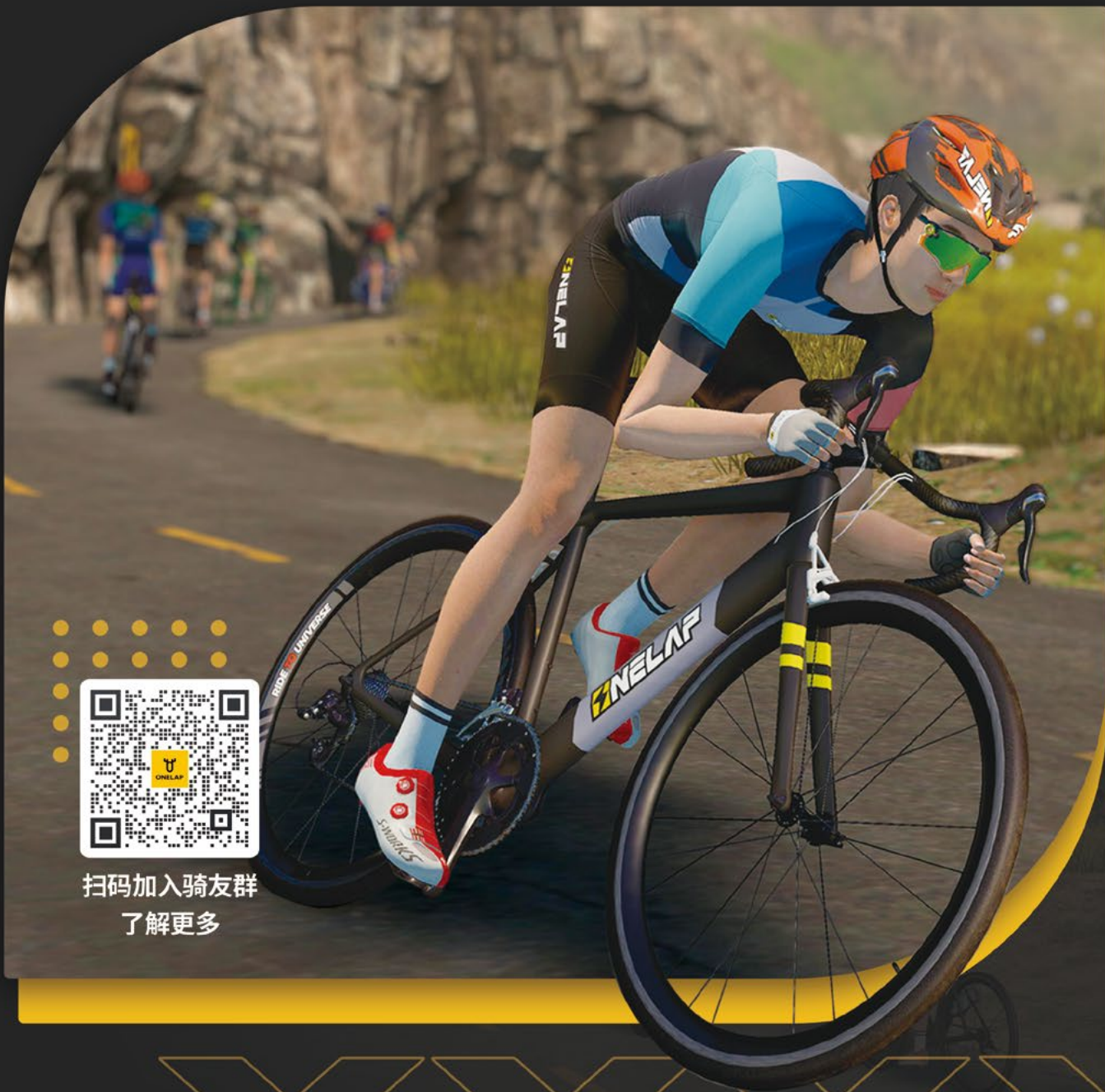
10月7日 OCT.7 / 星期六 SATURDAY 122.6KM

BAOTING - WUZHISHAN  
保亭 - 五指山

3<sup>rd</sup> STAGE  
第三赛段







扫码加入骑友群  
了解更多

**顽鹿**是一款搭配智能设备，集聚全球各地骑友一起组团比赛、训练的骑行运动生态平台。

**搭配骑行台**，体验模拟室外真实坡度、风阻、滚阻等。打破地域限制，全球骑友在线组团训练、竞技，实现娱乐和科学的完美结合。

**搭配码表/功率计**，户外比赛训练，通勤骑游导航，提供骑行数据一站式管理服务。

无论你是参与**线上比赛**还是完成**日常训练**或者**户外骑游**，记录你每一次骑行，配合全面严谨的数据分析及专业科学的训练状态管理，见证每一次成长。



### 完美搭配迈金智能硬件推荐

- 迈金智能骑行台T600
- 迈金智能码表C606
- QED牙盘组P505盘爪功率计套装





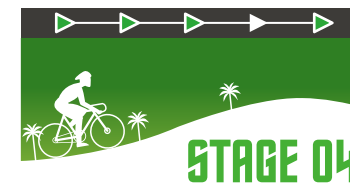
昌江,一颗镶嵌在海南岛西部的灿烂明珠,因昌化江流经境内而得名。昌江历史悠久,人杰地灵,具有深厚的历史文化底蕴,约2万年前就有古人类在昌江活动。全县总人口26.5万,主要居住有汉、黎、苗等民族,其中黎族人口占总人口的三分之一。全县总面积1617平方公里,全县土地面积242.56万亩,海岸线长63.7公里,水域面积8.3万亩,全县森林面积142.5万亩,森林覆盖率达58.75%。属于典型的热带海洋性气候,年平均降水量达1800毫米,平均气温24.3度,全年无冬,日照充足,四季如春。



OCT.8, 2023  
星期天 SUNDAY







WUZHISHAN-CHANGJIANG

五指山 - 昌江  
147.1KM



OCT.8, 2023  
星期天 SUNDAY





起点：五指山青少年活动中心  
Start: Wuzhishan Youth Activity Center

## 五指山 Wuzhishan

五指山市位于海南岛中南部，因境内五指山脉而得名，是原海南黎族苗族自治州首府所在地。五指山市拥有 1867 米的海南最高山峰，地处北纬 18.77 度，年平均降雨量 1887 毫米，年日照数 1897 小时，是海南岛的“滤芯”“水塔”和“三江源”，是中部生态保育区和主要河流发源地，森林覆盖率约 90%。



五指山依托热带雨林和峡谷资源，大力推进“体育 + 旅游”“文化 + 旅游”的深度融合，积极打造雨林漂流、自行车骑行、露营运动等体验感强、参与度高的体育旅游产品，推出了以五指山阿陀岭“皇后赛道”为代表的 11 条自行车骑行路线，体育旅游项目日益丰富，2023 年成功获评省级体育旅游示范区，进一步提高五指山市“体育 + 旅游”的品牌 IP 形象。

Wuzhishan City is located in the central southern part of Hainan Island, named after the Wuzhishan Mountains within its territory. It was the capital of the original Hainan Li and Miao Autonomous Prefecture. Wuzhishan City has the highest peak in Hainan at 1867 meters, located at 18.77 degrees north latitude, with an average annual rainfall of 1887 millimeters and 1897 hours of sunshine. It is the "filter", "water tower", and "source of the three rivers" of Hainan, and is a central ecological conservation area and the source of major rivers. The forest coverage rate is about 90%.

Relying on tropical rainforest and canyon resources, Wuzhishan city vigorously promotes the deep integration development of "sports and tourism" and "culture and tourism". It actively creates sports and tourism products with strong experience and participation in rainforest rafting, cycling, camping, and other sports. It has launched 11 bike riding routes represented by the "Queen's Track" in Wuzhishan Atuoling, and sports and tourism projects are becoming increasingly rich. In 2023, it was successfully awarded the provincial sports and tourism demonstration zone, and further enhance the brand IP image of "sports and tourism" in Wuzhishan City.

## 阿陀岭森林公园 Atuoling Forest Park



位于五指山市翡翠城北郊毗的阿陀岭，距离市中心 1000 米，在海榆中线 200 公里处。从主岭峰上向南俯瞰，整体阿陀岭山脉如英语字母“U”的形状，峡谷深度 200 米左右，整个山岭区域森林覆盖面积约有 16 万亩。公园内山水相依，风景秀丽。有原始森林、人工林、溪流、

清泉和蜿蜒连绵起伏的群山、太平飞瀑、青春岭飞瀑等具有魅力的自然景观。沿着盘山公路骑行进入林区，既可观赏到各种珍稀林木，又可谛听到各种鸟叫蝉鸣，别有一番情趣。阿陀岭作为环岛赛著名的皇后赛段，极具挑战性，蜿蜒起伏的崎岖山路不但考验车手的耐力和实力，更重要的还有团队配合。

Locating on the northern countryside of Feicui Town in Wuzhishan City, Atuoling is 1000m from the downtown and stands in the 200km milestone in Haiyu Middle Line. When you overlook the south from the peak of the main mountain, the whole Atuoling looks like a "U". The canyon is about 200m in depth with the forest cover area of 160,000 acres. In the forest park, you can enjoy mountain views, waterscapes and natural landscapes, including primitive forest, plantations, brooks, springs, winding hills, Taiping Waterfall and Qingchun Ling Waterfall. Riding into the forest area through the mountain road, various rare trees, twittering birds and chirping insects will bring you a fresh and delightful experience. As a well-known queen stage of Tour of Hainan, Atuoling is extremely challenging. Its rugged and twisting mountain road requires patience and strength of riders. More importantly, teamwork and cooperation are essential.



## 海南省民族博物馆 Hainan National City Museum

海南省民族博物馆，是以挖掘、征集、收藏、保护、研究和展示海南民族文化遗产为宗旨的综合性博物馆，以展示和弘扬海南世居少数民族——黎族、苗族、回族文化遗产为特色，是民族文化交流的重要平台，爱国主义教育和民族团结进步教育基地。



海南省民族博物馆 1986 年 10 月 1 日对外开放，曾被国家文物局授予全国优秀博物馆，被评为 3A 级景区。博物馆设有基本陈列（海南民族历史展、海南民族纺织文化展、海南民族艺术展），二个专题展厅，向社会提供优质的公共文化服务。同时，海南省民族博物馆顺应时代要求，结合“海南自由贸易港”建设需要，积极创新“文物 + 旅游”、“文化与旅游融合发展”的展示交流方式，重塑民族文化旅游亮点。

Hainan National City Museum is a comprehensive museum dedicated to excavating, collecting, collecting, protecting, researching and displaying the ethnic cultural heritage of Hainan. It features the display and promotion of the cultural heritage of the Li, Miao and Hui ethnic minorities living in Hainan. It is an important platform for ethnic cultural exchange and an educational base for patriotism education and national unity and progress.

Opened to the public on October 1, 1986, Hainan National City Museum has been awarded the



national excellent museum by the State Administration of Cultural Heritage, and was rated as 3A scenic spot. There are some basic exhibitions (Hainan Ethnic History Exhibition, Hainan Ethnic Textile Culture Exhibition, Hainan Ethnic Art Exhibition) and two special exhibition halls to provide high-quality public cultural services to the society. At the same time, Hainan National City Museum conforms to the requirements of the times, combining with the needs of the construction of "Hainan Free Trade Port", actively innovating the display and exchange methods of "cultural relics + tourism" and "integrated development of culture and tourism", and reshapes the highlights of ethnic cultural tourism.



#### 五指山革命根据地纪念园 Wuzhishan Revolutionary Base Memorial

五指山市五指山革命根据地纪念园位于五指山市毛阳镇毛贵村，距离市区 25 公里，是海南岛第一面五星红旗升起的地方，见证着海南土地革命、抗日战争、解放战争、国共合作。五指山革命根据地的建立，为保证琼崖解放战争的顺利进行和海南革命胜利起着积极作用，为海南的解放树立了不朽功勋。



纪念广场设置有琼崖纵队党政领导人雕像，琼崖纵队一些著名的战斗场景；纪念碑高 23 米，寓意着海南岛孤岛奋战、二十三年红旗不倒。纪念碑基座上方为冯白驹、王国兴等历史人物的雕像，基座下方的浮雕反映了军民一家亲、军政训练、革命斗争和发展经济等场景；历史陈列馆共分为七个部分，设置了“白沙起义”“挺进毛贵”“三大攻势”“解放海南”“薪火相传”等主题，通过图文介绍、实物展示和视频播放等多种形式，真实再现五指山区域发生的历史事件和革命故事，生动地展示了琼崖军民英勇顽强、不屈不挠、奋力抗敌的革命英雄事迹。

Wuzhishan Revolutionary Base Memorial is located in Maogui Village, Maoyang Town, Wuzhishan City, 25 kilometers away from the urban area. It is the place where the first five-star red flag rised in Hainan Island, witnessing the Hainan Agrarian Revolution, the War of Resistance against Japanese Aggression, the War of Liberation, and the Kuomintang-Communist cooperation. The establishment of the Wuzhishan revolutionary base area played a positive role in ensuring the smooth running of the Qiongya Liberation War and the victory of the Hainan Revolution, and set up immortal exploits for the liberation of Hainan.

There are statues of party and government leaders of Qiongya Latituude Team and some famous battle scenes of it in the memorial square; The monument is 23 meters high, which means that the

Hainan Island fought a lone battle and the red flag did not fall in 23 years. Above the base of the monument are statues of historical figures such as Feng Baiju and Wang Guoxing, and below the base reflects the scenes of military and civilian family, military and political training, revolutionary struggle and economic development. The historical exhibition hall is divided into seven parts, setting up the themes of "Baisha Uprising", "Pushing forward Maogui", "Three major offensives", "Liberation of Hainan" and "Passing The Flame". Through various forms of graphic introduction, physical display and video playback, the historical events and revolutionary stories that happened in the Wuzhishan area are truly demonstrated. It vividly shows the heroic revolutionary deeds of Qiongya army and people who are brave, indomitable and resistant.



终点：昌江宣传文化中心  
Finish: Changjiang Cultural Center

#### 昌化岭 Changhualing Mountain

昌化岭风景区位于石碌镇西 50 公里的海滨，十里九峰，雄伟峻峭，西端延伸至秀丽的棋子湾海滩，与其构成一幅引人入胜的天然山水画。岭高 460 米，奇峰兀立，林翠花艳，山泉长流，素以岩奇、山青、花香、泉甜而闻名于世。昌化岭与棋子湾山水相依，西北二公里是古昌化城，三个景点把奇峰异石、青山翠谷、碧水银浪、白滩奇礁、古迹文物、今时民情等景观集为一体，观赏游乐内容十分丰富，加之近年旅游设施不断完善，游人常年络绎不绝。



Changhualing Scenic Spot stands on the seaside, 50km away from the west of Shilu Town, with towering and constant mountains. The west side reaches to the beautiful Qizi Bay, becoming an attractive natural paint. Changhualing is 460m in height, with the world-famous reputation of steep hills, green plants, colorful flowers, clear and sweet springs. Together with Qizi Bay and the Ancient Changhua City in the

distance of 2km in the northwest, Chuanghualing puts steep hills and stones, green mountains and valleys, clear waves and white beaches, and historic relics in a place, improving the tourism resources and attracting visitor all year round with completing tourism equipment.

## 棋子湾 Qizi Bay



棋子湾位于海南昌江县古昌化城的北部，西接昌化江入海口，东倚昌化岭风景区，距昌化线石碌 50 多公里，这里沙滩雪白与天连成一片，有“万亩沙漠落海南”之美称，是光浴和沙浴的理想之地。棋子湾海湾水面平静，海水清澈见底，海沙细软且洁白如银，海岸奇峰林立，怪石嶙峋。有引人入胜的峻壁角、细眉角、鉴真坐禅、黄帝祭海、神龟探海、大角石林、小角石林、仙人足迹、八戒背媳妇、祭海石、观鱼石、火焰石、情侣石、帆船石、观音石、观音潭、棋子篮、望郎滩、白沙岭、治瘴沟、天然盘景园及野菠萝度假村等天然景点二十多处。历代慕名而至的名人有苏东坡、赵鼎、郭沫若等等，他们都被它美丽神奇的景色所吸引，留下了脍炙人口的诗篇。

Locating on the north of the ancient Changhua City in Chuangjiang County, Qizi Bay is near the Mouth of Changhua River to the west and Changhua Ling Scenic Spot to the east, and is over 50km from Changhua Line. The pure white beach is reaching to the sky, which is a heaven of sunbath and sand bath, given a beautiful comment of "the vast desert lies in Hainan". Qizi Bay has peaceful sea, clear water, soft and snow-white sand. Over 20 steep and fantastic hills and stones distribute on the coast, including Topped Wall Angle, Fine Brow Angle, The Zen Buddhism of Jianzhen, Huangdi Holds Rituals for the Sea, Turtle Diving Sea, Big Hockstone Forest, Small Hockstone Forest, Footprints of God, Zhu Bajie Carrying His Wife on His Back, the Stone for Rituals, the Stone for Watching Fishes, Fire Stone, Lovers Stone, Sailing Boat Stone, Guanyin Stone, Guanyin Pond, A Basket of Chess Pieces, The Shoal for Watching Husband, White Sand Ling, Cure Ditch, Natural Miniascape Park and Pinguin Holiday Resort. Since ancient time, many famous poets like Su Shi, Zhao Ding, and Guo Moruo, have been attracted to this place by these beautiful and fantastic scenes and left their masterpieces.

Locating on the north of the ancient Changhua City in Chuangjiang County, Qizi Bay is near the Mouth of Changhua River to the west and Changhua Ling Scenic Spot to the east, and is over 50km from Changhua Line. The pure white beach is reaching to the sky, which is a heaven of sunbath and sand bath, given a beautiful comment of "the vast desert lies in Hainan". Qizi Bay has peaceful sea, clear water, soft and snow-white sand. Over 20 steep and fantastic hills and stones distribute on the coast, including Topped Wall Angle, Fine Brow Angle, The Zen Buddhism of Jianzhen, Huangdi Holds Rituals for the Sea, Turtle Diving Sea, Big Hockstone Forest, Small Hockstone Forest, Footprints of God, Zhu Bajie Carrying His Wife on His Back, the Stone for Rituals, the Stone for Watching Fishes, Fire Stone, Lovers Stone, Sailing Boat Stone, Guanyin Stone, Guanyin Pond, A Basket of Chess Pieces, The Shoal for Watching Husband, White Sand Ling, Cure Ditch, Natural Miniascape Park and Pinguin Holiday Resort. Since ancient time, many famous poets like Su Shi, Zhao Ding, and Guo Moruo, have been attracted to this place by these beautiful and fantastic scenes and left their masterpieces.

2023 年 10 月 8 日 ( 星期天 ) 8/10/2023 Sunday

6:00-9:00 早餐 Breakfast

6:30-8:00 领水、领冰 Distribution of Ice and Water

9:00-9:50 “康师傅”每日签到时刻 Master Kong Sign on

10:00 比赛开始 Race Start

约 14:00 比赛结束 Estimated Finishing Time

约 13:40-14:10 “乐东电商”每日荣耀时刻 ( 赛段颁奖 ) Ledong E-commerce Awarding Ceremony

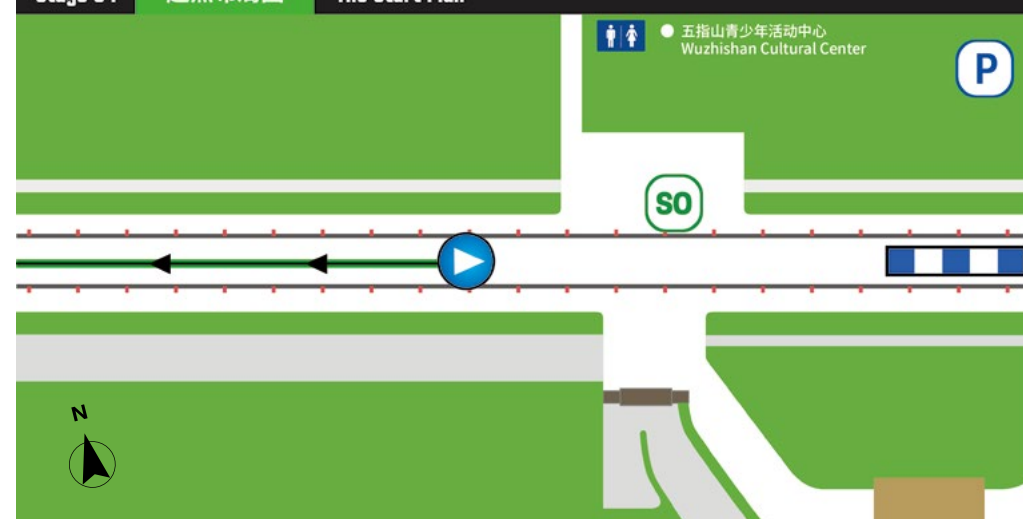
18:00-20:00 晚餐 Dinner

9:00-22:00 竞赛办公室开放 Opening of Race Office

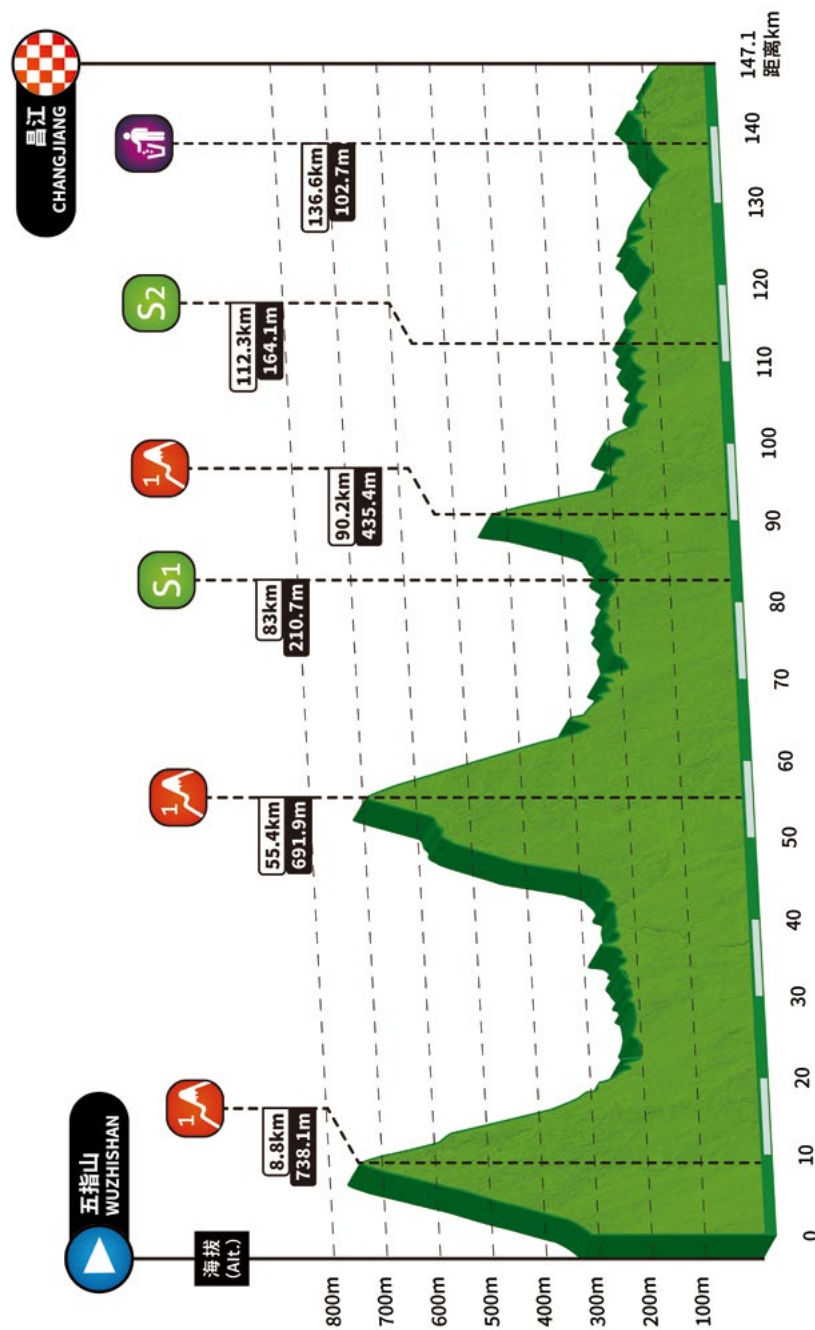
## Stage 04 出城图 The Start Map



## Stage 04 起点布局图 The Start Plan





04<sup>th</sup> Stage Profile  
第四赛段海拔图 (五指山—昌江)

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 39km/h 41km/h 43km/h		
					39km/h	41km/h	43km/h
0	147.1	328.6	▶	五指山青少年活动中心 Wuzhishan Youth Activity Center	10:00:00	10:00:00	10:00:00
1.5	145.6	324.8	↑	五指山大桥 Wuzhishan Bridge			
1.8	145.3	321.3	↩	三月三大道大转盘 Sanyuesan Ave. Roundabout			
2	145.1	322.2	↑	五指山车站 Wuzhishan Station			
3	144.1	343.3	↑	翠城公路道班 Cuicheng Highway Maintenance Squad			
0	147.1	321.6	↑	翠城公路道班 Cuicheng Highway Maintenance Squad	10:06:00	10:06:00	10:06:00
0.3	146.8	322.1	START	海南省民族技工学校 Hainan Minzu Technical School	10:06:23	10:06:23	10:06:22
8.8	138.3	738.1	1	阿陀岭 G224 坡长 8.5 公里, 坡度 5% G224 K203 - 850 Atuo Mountain (Slope Length 8.5km, Gradient 5%), G224 K203-850	10:17:14	10:17:07	10:17:00
11.1	136	603.9	↑	红山路牌 Hongshan Rd. Sign	10:20:10	10:20:01	10:19:52
15.9	131.2	362.1	↑	G224 K195 G224 K195	10:26:18	10:26:05	10:25:52
22.2	124.9	212.3	↑	毛阳路牌 Maoyang Rd. Sign	10:34:20	10:34:03	10:33:45
22.4	124.7	209.8	↑	G224 K188 G224 K188	10:37:15	10:36:33	10:35:13
25.8	121.3	219.4	↑	水满路口 Shuiman Rd. Intersection	10:42:00	10:41:11	10:39:39
27.4	119.7	221	↩	毛阳桥, 钢便桥通行 Maoyang Bridge, Temporary Steel Bridge access	10:44:14	10:43:22	10:41:44
29.3	117.8	229.6	↑	琼中界 (G224, K181+500) Qiongzong Border (G224, K181+500)	10:46:53	10:45:57	10:44:13

4<sup>th</sup> STAGE  
第四赛段WUZHISHAN - CHANGJIANG  
五指山 - 昌江

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 39km/h 41km/h 43km/h
40.7	106.4	247.8	↑	什运路牌 Zayun Rd. Sign	11:02:47 11:01:30 10:59:05
41.3	105.8	244.3	↩	G361, 往白沙方向 G361, to Baisha	11:03:38 11:02:19 10:59:52
42.3	104.8	253.4	↑	G361, 往白沙方向 G361, to Baisha	11:05:01 11:03:41 11:01:10
44.4	102.7	270.7	⬆	什隆村口 Zalong Village Entrance	11:07:57 11:06:33 11:03:55
47.5	99.6	470	↑	鹦哥岭瀑布桥 Yingge Mountain Waterfall Bridge	11:12:17 11:10:46 11:07:57
48.5	98.6	497	↑	冲山桥 Chongshan Bridge	11:13:40 11:12:08 11:09:16
50.8	96.3	557	↑	鹦哥岭水库平台路牌 Yingge Mountain Reservoir Platform Rd.Sign	11:16:53 11:15:16 11:12:16
54	93.1	619.7	↑	白沙界 Baisha Border	11:21:21 11:19:38 11:16:26
55.4	91.7	691.9	⬆	鹦哥岭, G361,K140+300 Yingge Mountain, G361,K140+300	11:23:18 11:21:33 11:18:16
64	83.1	280.2	↑	晚村 Wan Village	11:35:18 11:33:16 11:29:29
66.1	81	271.4	↑	红坎瀑布风景区 Hongkan Waterfall Scenic Spot	11:38:14 11:36:08 11:32:13
75.1	72	227.2	↑	G361,K160, 牙叉界 G361,K160, Yacha Border	11:50:47 11:48:25 11:43:57
81	66.1	215.2	↑	桥南路 Qiaonan Rd.	11:59:01 11:56:27 11:51:39
82	65.1	223.3	↩	金沙南路 Jinsha S. Rd.	12:00:25 11:57:49 11:52:57
83	64.1	210.7	⬆	白沙县政府 Baisha County Government	12:01:49 11:59:11 11:54:16
83.3	63.8	239	↩	G361 G361	12:14:09 12:07:54 12:02:14

WUZHISHAN - CHANGJIANG  
五指山 - 昌江4<sup>th</sup> STAGE  
第四赛段

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 39km/h 41km/h 43km/h
84.1	63	223.4	↑	G361 G361	12:15:23 12:09:04 12:03:21
87.3	59.8	243.7	⬆	上坡路牌, G361,K172+300 Uphill Sign, G361,K172+300	12:20:18 12:13:45 12:07:49
90.2	56.9	435.4	⬆	九架岭, K175+100 Jiujia Mountain, K175+100	12:24:46 12:18:00 12:11:52
97.2	49.9	200	↩	G361 G361	12:35:32 12:28:15 12:21:38
104.7	42.4	154	↑	光雅路牌 Guangya Rd. Sign	12:47:05 12:39:13 12:32:06
112.3	34.8	164.1	⬆	国标酒店 Guobiao Hotel	12:58:46 12:50:20 12:42:42
113.2	33.9	157	↩	G361 G361	13:00:09 12:51:40 12:43:57
117.1	30	145.5	↩	G361 G361	13:06:09 12:57:22 12:49:24
125.3	21.8	131.5	↑	G361 G361	13:18:46 13:09:22 13:00:50
125.8	21.3	148	↑	G361 G361	13:19:32 13:10:06 13:01:32
126.3	20.8	145.6	↑	G361 G361	13:20:18 13:10:50 13:02:14
126.7	20.4	127	↑	G361 G361	13:20:55 13:11:25 13:02:47
131.2	15.9	108.6	↩	G225 G225	13:27:51 13:18:00 13:09:04
136.6	10.5	102.7	⬆	G225 G225	13:36:09 13:25:54 13:16:36
137.1	10	108.3	⬆	G225 G225	13:36:55 13:26:38 13:17:18
141	6.1	135.7	↩	昌江大道 Changjiang Ave.	13:42:55 13:32:20 13:22:45



147.1KM 10月8日 OCT.8 / 星期天 SUNDAY

4<sup>th</sup> STAGE  
第四赛段

WUZHISHAN - CHANGJIANG  
五指山 - 昌江

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 39km/h 41km/h 43km/h
145.1	2	94	↩	环城东一路 Huancheng E. No.1 Rd.	13:49:14 13:38:20 13:28:28
145.9	1.2	100	↪	环城东路 Huancheng E. Rd.	13:50:28 13:39:31 13:29:35
146.9	0.2	85.6	☁	环城东路, 队车分流 (左) Huancheng East Rd., Detour(L)	13:52:00 13:40:59 13:30:59
147.1	0	86	🏁	昌江宣传文化中心 Changjiang Cultural Center	13:52:18 13:41:16 13:31:15



10月8日 OCT.8 / 星期天 SUNDAY 147.1KM

WUZHISHAN - CHANGJIANG  
五指山 - 昌江

4<sup>th</sup> STAGE  
第四赛段



147.1KM 10月8日 OCT.8 / 星期天 SUNDAY

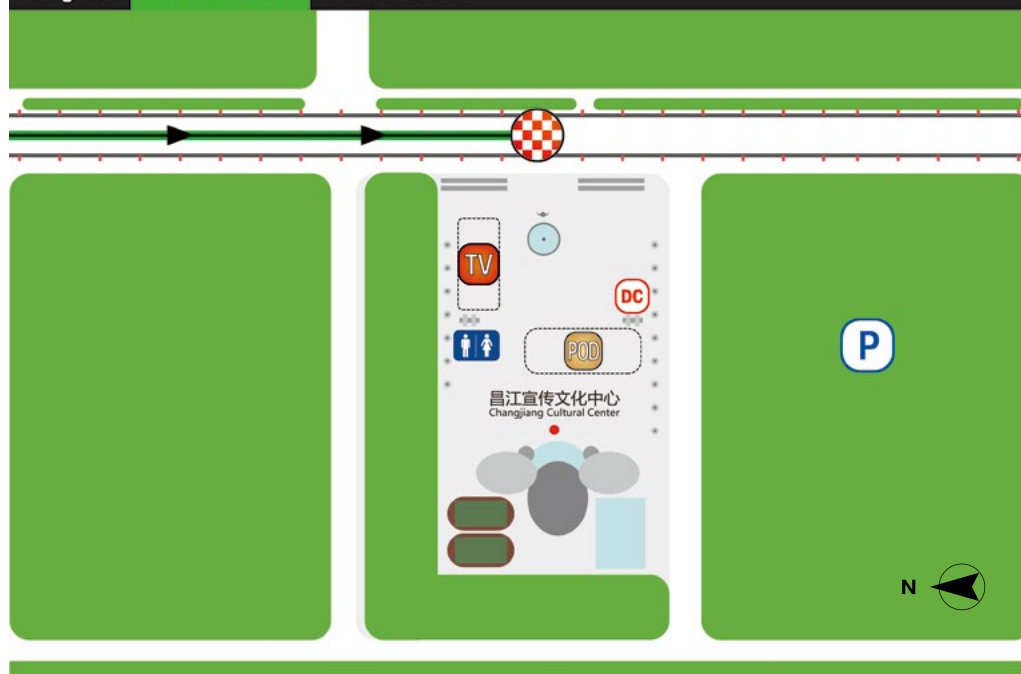
4<sup>th</sup> STAGE  
第四赛段

WUZHISHAN - CHANGJIANG  
五指山 - 昌江

Stage 04 最后三公里海拔图 The Last 3km Profile



Stage 04 终点布局图 The Finish Plan



10月8日 OCT.8 / 星期天 SUNDAY 147.1KM

WUZHISHAN - CHANGJIANG  
五指山 - 昌江

4<sup>th</sup> STAGE  
第四赛段

Stage 04 酒店/加油站/充电桩分布图 Hotel & Gas Station & Charging Station





147.1KM 10月8日 OCT.8 / 星期天 SUNDAY

4<sup>th</sup> STAGE  
第四赛段

WUZHISHAN - CHANGJIANG  
五指山 - 昌江



Cono Sur  
VINEYARDS & WINERY  
柯诺苏

全球倍受欢迎葡萄酒品牌  
NO.11 2019《Drinks International/国际饮料》

- 荷兰皇家航空、德国汉莎航空、维珍航空等全球十大航空公司用酒：  
荷兰皇家航空，芬兰航空，台湾长荣航空，韩国航空，德国汉莎航空  
维珍航空，南美拉塔姆航空，加勒比航空，英国航空，美国航空；
- 蝉联“IWSC智利年度酒庄”（2017&2018）
- 柯诺苏逸品 —— BWW智利最佳葡萄酒
- 《醇鉴》4次国际首奖、10次地区首奖，首奖次数位列全球第二
- 2018-2020环海南岛国际公路自行车赛官方用酒



厦门丰德进出口贸易有限公司

✉ fdwine@fondwine.com

☎ 0592-5115099

🌐 www.fondwine.com







## 乐东电子商务进农村综合示范县

富域乐东  
乐聚丰泰 花开暖东



跟着环岛赛去旅游，我在乐东等你！

Travel with the Tour of Hainan, see you in Ledong!





美丽三亚 浪漫天涯 Sanya  
Forever Tropical Paradise

三亚——国际性热带滨海度假城市。

地处北纬18度，是中国海南岛最南端的城市。

这里四季如夏，年平均温度25.4摄氏度，是一个理想的、舒适的度假天堂。

来到三亚，您可以尽情地体验极具本地特色的旅游产品：

海景SPA、海景婚纱、温泉、潜水、高尔夫、生态观光、

海上娱乐、中医理疗、沙滩运动、户外拓展、旅游房产等等，

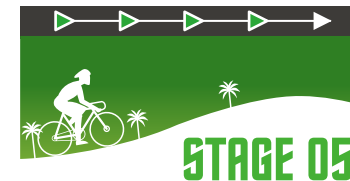
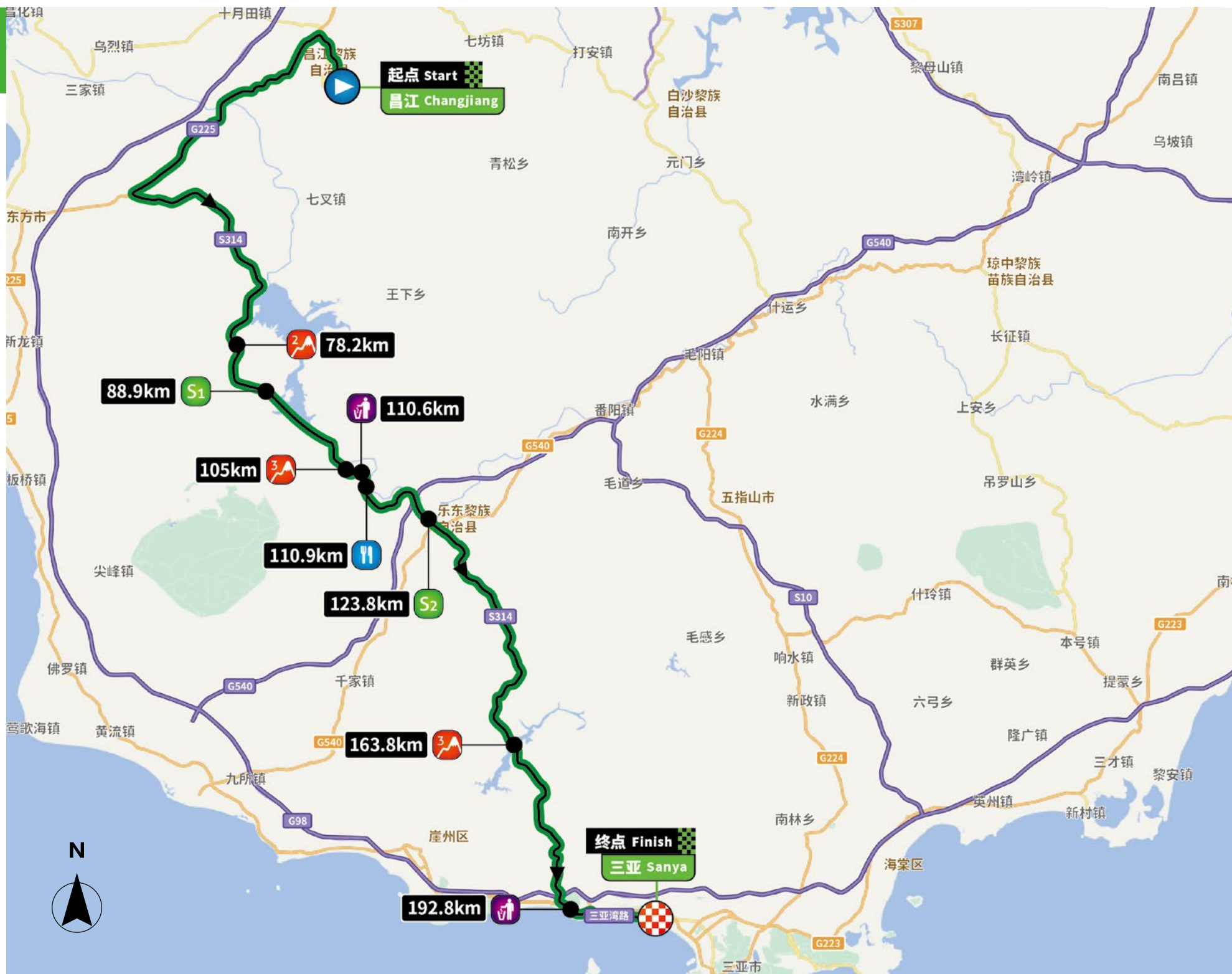
让您充满欢心，释放激情，享受生命。



OCT.9, 2023  
星期一 MONDAY







CHANGJIANG-SANYA

昌江 - 三亚  
203.3KM



OCT.9, 2023  
星期一 MONDAY







起点：昌江宣传文化中心

Start: Changjiang Cultural Center

## 昌江 Changjiang

昌江黎族自治县地处海南岛西部，东与白沙黎族自治县毗邻，南与乐东黎族自治县接壤，西南与东方市以昌化江为界对峙相望，西北濒临北部湾，东北部隔珠碧江同儋州市相连。

昌江文化源远流长，民间艺术历史悠久，内容丰富多样。昌江地方特色民间艺术有黎族舞蹈、对歌，汉族有荡秋千、赛山歌、舞龙舞狮和歌会等，尤其是一年一度的黎族传统“三月三”和汉族的端午节赛龙舟方兴未艾。昌江的黎族制陶工艺被列入国家非物质文化遗产，黎族传统游艺、体育竞技、染技艺被海南省人民政府公布为省级第三批非物质文化遗产名录。



Changjiang County. Changjiang Li Autonomous County locates in the west of Hainan Island. It is adjacent to Baisha Li Autonomous County on the east, bordering on Ledong Li Autonomous County on the south, facing Dongfang City with Changhua River as the boundary on the southwest, close to Beibu Gulf on the northwest and abutted Zhubi River and Danzhou City on the northeast.

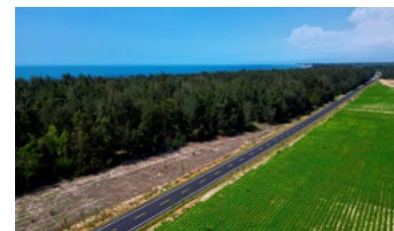
Changjiang culture has a long tradition with an age-old history of folk art and diverse content. Li's dances, antiphonal singing, Han's swing, folk song singing, dragon and lion dance, and folk song gathering are part of local folk art in Changjiang, especially Li's traditional annual Double Third Festival and the Han's dragon boat race which are in the ascendant. The traditional Li pottery techniques in Changjiang have been certificated as one of the national intangible cultural heritage of China. And the Li traditional entertainment, sports competition, and dyeing skill have been inscribed on the third batch List of Intangible Cultural Heritage of Hainan Province by the Hainan Provincial People's Government.

## 海南省环岛旅游公路（昌江段）Hainan Circum-island Tourism Highway(Changjiang Section)

海南省环岛旅游公路昌江段全长 57.3 公里，选线途经乌烈镇、昌化镇和海尾镇三个镇。沿着旅游公路打卡，可以欣赏到湿地如画、百鸟翔集的海尾国家湿地公园；水清沙白、绝美落日的棋子湾；“水生支港钓船通”的海尾港……追寻苏东坡先生笔下的“峻灵神韵”。除此之外，在海南环岛旅游公路昌江段，将设有三个驿站，分别为：峻灵神韵、闲敲棋子、海尾守望。每个驿站功能强大，除了提供餐饮、休息、



加油服务等基础功能，还包含房车基地、海洋文化馆、垂钓、海上娱乐项目体验区和热气球基地游玩体验。此外，驿站还将结合区域景观风格打造具有一定主题的特色景观，便于游客沿途旅行。



The Changjiang section of Hainan Circum-island Tourism Highway is 57.3 kilometers long and passes through three towns: Wulie Town, Changhua Town and Haiwei Town. Along the tourist highway, you can enjoy Haiwei National Wetland Park with the picturesque wetlands and hundreds of birds flying, clear water and white sand, beautiful sunset in Qizi Bay and Haiwei Port...

... Look for Mr. Su Tungpo's "Junling romantic charm". In addition, in the Changjiang section of Hainan Circum-island Tourism Highway, there will be three stations: Junling Romantic Charm, Xian Qiao Qi Zi, Haiwei Expecting. Each station has powerful functions, in addition to providing basic functions such as dining, rest, refueling services, but also includes RV base, aquarium, fishing, Marine entertainment experience area and hot air balloon base. Furthermore, the station will also combine the regional landscape style to create a special landscape with thematic feature, which is convenient for tourists to travel.

## 昌化江入海口 the Mouth of Changhua River

昌化江，也称昌江，是海南岛的第二大河，它发源于海南琼中黎母山林区的空示岭，横贯海南岛的中西部，河流自东北向西南流过琼中五指山，在乐东县转向西北，最后从东方市穿过昌江县的昌化港西流入南海，在入海口冲出一个广阔的喇叭口。昌化江干流全长 232 公里，流域面积 5150 平方公里，总落差 1270 米。隋代昌化县治在今河河北侧，昌化江因此得名。



Changhua River, also known as Changjiang, is the second largest river in Hainan, originating from Kongshiling Mountain in Limu Mountain Forest Zone in Qiongzong, traversing the midwest of Hainan. The river crosses Wuzhishan Mountain in Qiongzong from northeast to southwest, then turned to the northwest in Ledong County and finally entries to the South China Sea through the west river of Changhua port in Changhua County, Dongfang City. The river torrents out a grand trumpet-shaped entry. The mainstream of Changhua River is 232km in total, with a 5,150km<sup>2</sup> drainage area, a total drop of 1,270m. Its name can be originated from the Sui Dynasty when Changhua County was built on the north side of the estuary.

## 霸王岭国家森林公园 Bawangling National Forest Park



霸王岭国家森林公园位于海南岛西南部昌江县境内，其主要山峰都在 1000 米以上，主峰高 1495 米，是我国热带生物资源最丰富的地区之一。林区内原始林木种类达 1400 多种，被列为国家重点保护的珍贵树种如见血封喉、陆筠松等有 27 种。野生植物 2213 种，野生动物 365 种，是热带野生动植物的宝库。其中，不亚于大熊猫价值的国宝——海南长臂猿就仅存于霸王岭的热带原始雨林之中。

经过多年的开发建设，霸王岭国家森林公园在国内已有一定的知名度，雅加度假山庄和王道、钱道、情道等住宿和观光游不断升级。霸王岭巍巍群山、莽莽林海，风光无限，处处充满着神奇的色彩，是旅游观光、休闲度假的理想胜地。

Bawangling National Forest Park stands on Changjiang County in the southwest of Hainan and is one of the zones with the richest of tropical ecological resources in China. The main peaks are over 1,000m, while the highest peak is 1,495m. Primordial trees are up to over 1,400 species in the forest, including 27 species of state-level protection rare trees such as



Antiaris toxicaria Lesch and Lu Yun Pine. The forest is also known as a treasury of tropical wild plants and animals, growing 2,213 species of plants and 365 species of animals. Especially for Hainan Gibbon, a national animal that can be compared with the giant panda, here is the only habitat to grow. With the development for several years, Bawangling National Forest Park has become a famous attraction, with upgrading tourism equipment of Yajia Resort, King's Lane, Richer's Lane and Lover's Lane. Bawangling is an ideal tourism heaven with towering mountains, waving forest and mysterious but colorful scenes.

## 王下乡 Wangxia Village



王下乡隶属海南省昌江黎族自治县，地处霸王岭南麓。王下乡是“中国第一黎乡”，因地处霸王岭生态保护区而得名，拥有全国保存最为完整的黎族风俗文化。游客来到王下乡，除了深入黎族村落游玩，还可以参观皇帝洞、十里画廊等景点，“流动的黎族文化博物馆”和喀斯特地貌也很值得探访。春天火红的木棉花开，美不胜收。

Wangxia Village belongs to Changjiang Li Autonomous County, Hainan Province, and located at the southern foot of Bawang Mountain. Wangxia Village is "the first Li village in China", named for its

location in Bawangling Ecological Protection Area. It has the most complete Li customs and culture preserved in China. When visitors come to Wangxia Village, in addition to visiting Li villages, they can also visit Emperor Cave, Ten-mile Gallery and other scenic spots. What's more, the "flowing Li Culture Museum" and karst landforms are worth visiting. In spring, the red silk cotton flowers opens, and it is extremely beautiful.

## 乐东县 Ledong County

乐东位于海南省西南部，靠山临海，由东至西分布有龙沐湾、龙腾湾、龙栖湾三个天然港湾。作为黎苗族少数民族聚居区，展现着多彩独特的黎苗族文化。



乐东物华天宝，自然条件优越，素有“天然温室”、“热带宝地”“绿色宝库”等美称，每年大量的热带水果、反季节瓜果源源不断地销往国内外市场，是全国闻名的“瓜果之乡”。乐东

的旅游资源也十分丰富，有充满热带风情的尖峰岭国家森林公园、我国南方最大的莺歌海盐场、神奇的毛公山自然景观和古海遗迹景观等众多受海内外游客青睐的游览胜地。

乐东自古就是一块人杰地灵的热土，在这块盛产传奇的热土上，至今仍保留着很多质朴淳厚的民风民俗和生活习惯，如黎苗“三月三”、黎苗歌舞，黎家婚礼等，尤其是黎族工艺品、织锦刺绣、剪纸艺术更是久负盛名。

Ledong County. Locating on the southwest of Hainan Province, Ledong faces the sea with a mountain behind, distributing Longmu Bay, Longteng Bay, and Longqi Bay from east to west. As the residential area of Li and Miao, colorful and unique cultures from Li and Miao are shown in this place.

Rich in natural resources, Ledong has an outstanding ecological condition with the name of "Native Greenhouse", "Tropical Crop Heaven" "Green Treasury", etc. Every year, a large number of tropical fruits and off-season vegetables are sold to both domestic and international market from this well-known "Melons and Fruits Hometown". With the rich tourism resources, Ledong also attracts domestic and international tourists by Jianfengling National Forest Park with the tropical style, the biggest sea salt farm in the south of China—Yingge Sea Salt Farm, fantastic and charming Maogong Mountain, and Ancient Sea Heritage Landscape.

Since ancient time, Ledong has been a treasured place, maintaining various folk customs, cultures and lifestyles such as Li and Miao's "Sanyuesan Festival", Li and Miao's dance, and Li's traditional wedding. Furthermore, Li's artworks, brocade, and embroidery, the art of paper cut have also been prestigious for a long time.

## 海南省环岛旅游公路（乐东段）Hainan Circum-island Tourism Highway (Ledong Section)

乐东段全长 62.4 公里，其中新改建段 53.8 公里，利用段 8.6 公里，规划建设旅游驿站有逐日龙栖驿站，莺歌唱晚驿站，岭头揽胜驿站，穿梭在莺歌海万亩盐田中，与“天空之境”的美景交相辉映，在



说走就走的旅行中，受一场视觉盛宴。

该项目建成后，有助于进一步完善海南公路网结构，提升旅游服务质量，促进沿线地区旅游资源开发和经济社会发展。

The Ledong section of Hainan Circum-island Tourism Highway has a total length of 62.4 kilometers, including a newly renovated section of 53.8 kilometers and a utilized section of 8.6 kilometers. It is planned to build some tourist stations such as the Zhurilongqi Station, the Yinggechangwan Station, and the Lingtoulansheng Station. Going through the thousands of acres of salt fields in the Yingge Sea, complementing the beautiful scenery of the "Sky Land". During the quick and easy journey, it was a visual feast.



After the completion of this project, it will help further improve the structure of Hainan's highway network and the quality of tourism services, promoting the development of tourism resources and economic and social development along the line.



终点：三亚湾路 海坡二横巷路口

Finish: Sanya Bay Rd., Haipo No.2 Cross Alley Intersection

### 三亚市 Sanya



三亚位于海南岛的最南端，别称“鹿城”又被誉为“东方夏威夷”，是一座具有热带海滨风景特色的国际旅游城市，也是中国对外贸易的重要口岸之一。

三亚地理环境极为独特，三面环山，形成环抱之势，山、海、河三种美景自然融合，水清沙白的海滩，枝繁叶茂的雨林及物美价廉的海鲜是三亚的金字招牌。海棠湾、亚龙湾、三亚湾、

大东海等景区是热门的旅游度假目的地，同时还有天涯海角、大小洞天、南山海上观音、蜈支洲岛等闻名世界的旅游胜地。

Sanya City. Standing in the southmost of Hainan Province, also known as "the Deer City" and "Oriental Hawaii", Sanya is an international tourism city with the feature of tropical seaside landscapes and one of the key ports for China foreign trade.

The geographical environment in Sanya is extremely unique. Surrounded by mountains on three sides, this city puts magnificent mountains, splendid sea, and wonderful rivers together with a brand name for clear seawater and white beach, flourishing rainforest, and cheap and cheerful seafood. In Sanya, you can enjoy the popular tourist destinations such as Haitang Bay, Yalong Bay, Sanya Bay, and the Great East Sea as well as the world-famous vacationlands, including Tianya Haijiao, Fairyland (Sanya Dongtian Park), the Statue of Guanyin, and Wuzhizhou Island.

### 凤凰岛 Phoenix Island



三亚凤凰岛位于三亚湾“阳光海岸”的核心区，属于人工填岛，始建于2002年，占地面积1258.8亩。凤凰岛四面临海，由一座长394m、宽17m的跨海大桥与三亚市区连接。

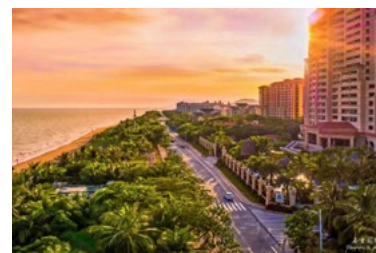
三亚凤凰岛由国际邮轮港、超星级酒店、国际养生度假公寓、国际游艇会、热带风情商业街、商务度假别墅、奥运主题公园等七大业态构成，目标是以邮轮产业为依托，建设集邮轮主题休闲港、丝绸之路自贸区、海洋亲水旅游湾、健康度假养生地、文化演艺娱乐岛等五大主题为一体的高端旅游度假综合体，将三亚凤凰岛打造成邮轮之都、海港之城、梦幻之岛。

Sanya Phoenix Island is located in the core area of "Sunshine Coast" in Sanya Bay, which is an artificial island and covers an area of 839,199.16 square meters. It was established in 2002. Phoenix Island is surrounded by the sea, a bridge connects it and the urban area of Sanya, which length is 394m and width is 17m.



The Phase I project of Sanya Phoenix Island consists of seven business forms, which include the international cruise port, super star hotel, international health resort apartments, international yacht, tropical commercial street, business holiday villas, the Olympic theme park. The international health resort apartments have been completed. Sanya Phoenix Island's goal is the construction of high-end tourist holiday Complex based on the cruise industry, which contains five themes, cruise ship theme leisure port, the Silk Road free trade area, marine hydrophilic tourist Bay, health resort health, cultural entertainment island respectively. Sanya Phoenix Island will be the Cruise Capital, Harbor City, and Dream Island.

### 三亚湾 Sanya Bay



三亚湾是三亚著名的五大名湾之一，是旅游开发最早的海湾，素有“海南最美的海岸线”之美誉。它东起三亚港，西至天涯湾，有着20多公里长的滨海大道，把大海的美景和市区的繁华完美地融合在了一起。最具当地特色的当属连绵22公里的“椰梦长廊”，那是三亚最著名的滨海大道，有着“亚洲第一大道”之称。细长优美的沙滩，一望无际的大海，绿色成荫的椰树，构成了三亚湾绝美的画面。三亚湾

视野开阔，可看见东、西两岛和三亚地标建筑“凤凰岛”，是最受游客欢迎的公共海滩。

Sanya Bay is one of the five famous bays in Sanya. It is the earliest bay for tourism development. It is known as the most beautiful coastline in Hainan. From Sanya Port in the east to Tianya Bay in the west, it has more than 20 kilometers of coastal avenue, which perfectly blends the beauty of the sea with the prosperity of the city. The most distinctive feature of Sanya Bay is the 22 km long "Coconut Dream Corridor", which is Sanya's most famous coastal avenue, known as "Asia's first avenue". Slender and graceful beach, endless sea, green coconut trees in the shade, constitute the beautiful picture of Sanya Bay. Sanya Bay is the most popular public beach for tourists because of its wide view and the landmark buildings of "Phoenix Island" in the East and west of Sanya Bay.

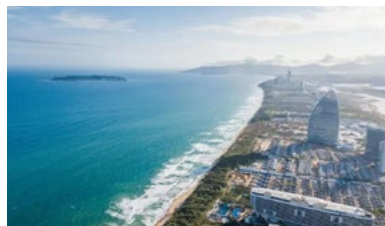
#### 海棠湾 Haitang Bay



被定位为“国家海岸”的海棠湾距三亚市区 28 公里，距凤凰国际机场 40 公里，拥有比肩世界著名滨海旅游度假区的国家稀缺性旅游资源。海棠湾海岸线长 21.8 公里，区域内除海水、沙滩、风情、民俗、温泉及岛屿外，还有总长 13.8 公里长的原生态内河水系，总面积 8 平方公里的潟湖以及丰富的湿地资源。

灿烂的阳光，湛蓝的海水，洁白的沙滩，婆娑的椰林，质朴的民风等，无不让人流连忘返。目前，海棠湾内已拥有国际免税城、亚特兰蒂斯七星级酒店等一批享誉世界的休闲度假和娱乐设施。

Being considered as "National Seashore", Haitang Bay is 28km away from Sanya's downtown; 40km from Phoenix International Airport. Its national scarce tourism resources can be compared with world-famous coastal tourist resorts. With 21.8km of coastline, the area of Haitang Bay owns beaches, folk cultures, springs and islands as well as the 13.8km of ecological river network, a lagoon with a total area of 8k m<sup>2</sup>, and abundant wetland resources. You will be enchanted with the bright sunshine, clear blue sea, pure white beaches, coconut forests, and friendly folk custom. At present, you can find a series of internationally renowned vacation resorts and entertainment equipment such as international tax-free shopping mall and a seven-star hotel—Atlantis Sanya.



#### 蜈支洲岛 Wuzhizhou Island

蜈支洲岛位于海南三亚亚龙湾景区内，是亚龙湾美景身后静静绽放光彩的度假天堂，被称作中国的马尔代夫。蜈支洲岛南北宽 1100 米，的海岸线全长 5.7 公里，南部最高峰海拔 79.9 米。岛东、南、西三面漫山叠翠，85 科 2700 多种原生植物郁郁葱葱，不但有高大挺拔的乔木，也有繁茂葳蕤的灌木，其



中不但有从恐龙时代流传下来的桫欏这样的奇异花木，还生长着迄今为止地球上留存下来最古老的植物，号称“地球植物老寿星”的龙血树，寄生、绞杀等热带植物景观随处可见。蜈支洲岛享有“潜水基地”美誉。四周海域清澈透明，海水能见度 6-27 米，水域中盛产夜光螺、海参、龙虾、马鲛鱼、海胆、鲳鱼及五颜六色的热带鱼，

南部水域海底有着保护很好的珊瑚礁，是世界上为数不多的没有礁石或者鹅卵石混杂的海岛，是国内潜水胜地。

Located on the scenic area of Yalong Bay, Wuzhizhou Island is a heaven of vacation behind the beautiful landscapes of Yalong Bay, being named the Maldives in China. From south to north, the island is 1100m in width with the 5.7km coastline and the 79.9m south highest mountain. In the east, south, and west side of the island, totally 2700 kinds of native plants from 85 families are growing here, including tall and erect arbor and flourish shrub, especially for Alsophila spinulosa, a fantastic plant has lived since the dinosaur era, and dracaena cambodiana, the oldest plant in the earth, called "The God of Longevity in Earth Plants". Moreover, you will see tropical plant views like parasitic trees and strangling plants as you go. Wuzhizhou Island has a reputation for the "Top One Diving Base of China". The waters here bound with the green snail, sea cucumber, lobster, mackerel, sea urchin, silvery pomfret and colorful tropical fishes, visibility of which is 6-27 meters. On the seabed of the southern water grow well-protected coral reefs. Wuzhizhou Island, the best diving base in China, is one of the few islands which have few rocks and pebbles.



#### 三亚国家水稻公园 Sanya Rice National Park



三亚水稻国家公园位于海棠区湾坡路，总面积 7680 亩，目前已开发 3808.80 亩，拥有袁隆平水稻科研基地和南繁水稻科研基地，展示中国水稻科技发展成果，除此之外，该景区目前已优化了各项软硬件配套，开发出稻田花海和温泉景观、百龙大道、房车营地、稻田盛宴海鲜广场、共享农庄体验基地、

田野狂欢实景演艺等版块，挖掘中国农耕文明，展示稻作文化，打造农旅融合发展的新模式，盘活农村资源，带动村民致富。

Sanya Rice National Park is situated on the curved slope road of Haitang District with a total area of 7680 mu. At present, it has developed 3808.80 mu. It has the rice research base of Yuan Longping



and the rice research base of Nanfang, showing the achievements of rice science and technology development in China. In addition, the scenic spot has optimized the matching of various hardware and software, and has developed the scenic spots of paddy fields, Huahai and hot springs. View, Bailong Avenue, RV Camp, Paddy Field Feast Seafood Plaza, Shared Farm Experience Base, Field Carnival Actual Arts and other sections, excavate China's farming civilization, display rice culture, create a new mode of integration and development of agriculture and tourism, revitalize rural resources, and promote villagers to become rich.

### 三亚国际免税城 Sanya International Duty-Free City



三亚国际免税城是由中旅集团投资 50 亿元，旗下子公司中旅集团股份有限公司运营的集免税购物、餐饮、娱乐、文化展示为一体的旅游零售高端商业综合体，在这里游客可以享受奢华时尚的购物体验。三亚国际免税城毗邻东部高速公路和东部铁路两大交通枢纽，酒店距三亚市区仅 30 分钟车程，整个建

筑是由世界知名设计公司打造的连续弯曲钢结构，像一朵精致的“海棠花”盛开在蓝色的海岸线上。这棵海棠花是三亚的新地标，也是海南的新标签。海南国际旅游岛这个独特而充满活力的综合旅游和零售目的地，也将成为世界了解中国免税旅游零售行业的新窗口。

Sanya International Duty-Free City is a high-end commercial complex of tourism retailing with tax-free shopping, catering, entertainment and cultural exhibition, built by China Travel Group with an investment of 5 billion yuan and operated by its subsidiary, China Duty-Free Group Co.Ltd. Tourists can enjoy luxury and fashionable shopping experience. Sanya



International Duty-Free City is adjacent to the two major transport hubs of the Eastern Expressway and the Eastern Railway. It is only 30 minutes' drive from the downtown area of Sanya. The whole building is a continuous curved steel structure created by world-renowned design companies, like a delicate "begonia flower"; blooming in the blue coastline. This Chinese flowering crabapple is a new landmark of Sanya and a new impression of Hainan. The unique and dynamic comprehensive tourist and retail destination of Hainan International Tourism Island will also become a new window for the world to understand China's tax-free and tourism retail industry.

### 鹿回头 Luhuitou Park

鹿回头山顶公园位于三亚市区南边 3 公里处的三面环海的海边小山，主峰海拔 275.1 米。这里山岬角与海浪辉映，站在山上可俯瞰浩瀚的大海，远眺起伏的山峦，三亚市全景尽收眼底，景色极为壮观。



相传古代一位英俊的黎族青年猎手，头束红巾，手持弓箭，从五指山翻越九十九座山，涉过九十九条河，紧紧追着一只坡鹿来到南海之滨。前面山崖之下便是无路可走的茫茫大海，那只坡鹿突然停步，站在山崖处回过头来，鹿的目光清澈而美丽，凄艳而动情，青年猎手正准备张弓搭箭的手木然

放下。忽见火光一闪，烟雾腾空，坡鹿回过头变成一位美丽的黎族少女，两人遂相爱结为夫妻并定居下来，此山因而被称为“鹿回头”。根据这个美丽爱情传说而建造的海南全岛最高雕塑“鹿回头”已成为三亚的城雕，三亚市也因此得名“鹿城”。

Luhuitou Park is in a seaside hill where is 3km away from Sanya's downtown in the south and surrounded by the sea on the other three sides. The main peak is 275.1m in height. The cape is merged with the sea so that you can overlook the magnificent sea, undulating mountains and the wonderful panorama of the city. A story states that



in ancient time, a handsome Li hunter with a red headscarf, bow and arrows chased an Eld's deer to the seaside of the South Sea from Five Fingers Mountain, tramping over ninety-nine mountains and crossing ninety-nine rivers. There was no road but sea for the deer, so she stopped, stood on the cliff and turned around. Her eyesight was clear and beautiful with sadness, leading to the hunter unconsciously laid his weapon down. Suddenly, a fire was shining, then the fog was fluttering. The deer became a beautiful Li girl. In the end, the hunter and the girl got married and lived happily ever after. Thus, the hill was given a name of "Luhuitou (a deer returned around)" and the Hainan's highest statue "Luhuitou", which is based on the beautiful love story, has become Sanya's city statue. Sanya is also given a name, "Deer City".

### 天涯海角 Tianya Haijiao

天涯海角游览区，位于三亚市天涯区，是海南建省 20 年第一旅游名胜，国家 AAAA 级旅游景区。因景区两块巨石分别刻有“天涯”“海角”及郭沫若先生题写的“天涯海角游览区”而得名。

天涯海角游览区依山傍海，碧海、青山、白沙、礁盘，浑然一体，宛若七彩交融的丹青画屏；椰林、波涛、渔舟、鸥燕、云霞，辉映点衬，形成了南国独特的椰风海韵。

天涯海角游览区使人们心灵中美好的“天涯情结”藉以物化载体，四方游人慕名而来，圆心中“走遍天涯海角”之梦想。



Tianya Haijiao ends area, located in the Tianya district of Sanya City, is the first tourist attraction in the 20 years since the establishment of Hainan Province, and is the national AAAA tourist attraction. It's famous for the two stones of the scenic spot which are engraved with "Tianya", "Cape". Furthermore, "Tianya ends area" inscribed by Mr. Guo Moruo.



Tianya Haijiao ends area by the mountains beside the sea, blue sea, green mountains, white sand, great reefs, one integrated mass, is like a colorful blend of the red and green painting screen. Coconut groves, waves, fishing boats, gull and swallows, clouds, enhance each other's beauty, forming a unique coconut sea rhyme in southern China.

The Tianya ends area makes wonderful "Tianya complex" of people's heart to materialize the carrier, and tourists from all over the world come to enjoy the tour, and accomplish the dream of "going to the Tianya ends" in people's heart.

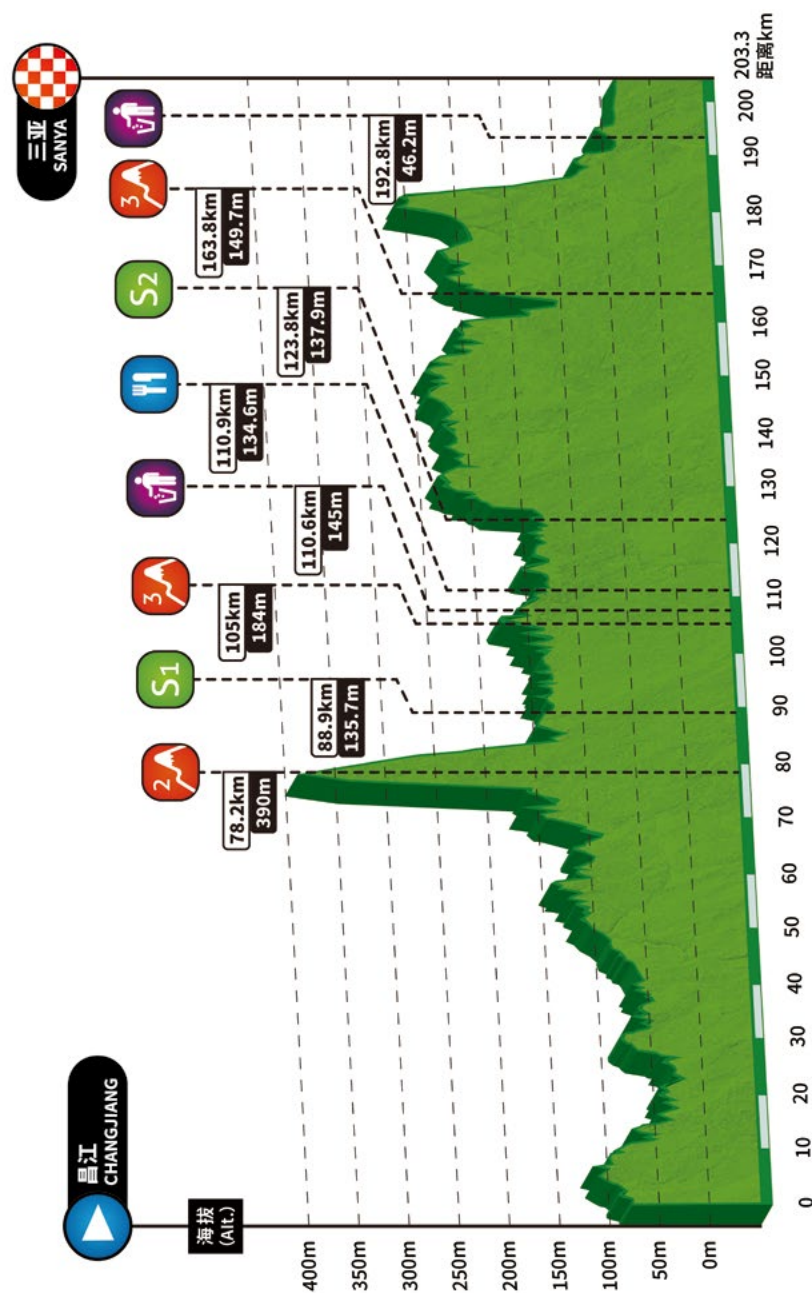
2023年10月9日(星期一) 9/10/2023 Monday

- 6:00-9:00 早餐 Breakfast
- 6:30-8:00 领水、领冰 Distribution of Ice and Water
- 9:00-9:50 “康师傅”每日签到时刻 Master Kong Sign on
- 10:00 比赛开始 Race Start
- 约 15:25 比赛结束 Estimated Finishing Time
- 约 14:55-15:25 “乐东电商”每日荣耀时刻(赛段颁奖) Ledong E-commerce Awarding Ceremony
- 18:00-20:00 晚餐 Dinner
- 9:00-22:00 竞赛办公室开放 Opening of Race Office





第五赛段海拔图 (昌江—三亚)



公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time			
					38km/h	40km/h	42km/h	
0	203.3	80.8		昌江黎族自治县 宣传文化中心	Changjiang Cultural Center	10:00:00	10:00:00	10:00:00
1.17	202.13	92.5		环城东一路	Huancheng E. No.1 Rd.	10:01:30	10:01:29	10:01:28
2.05	201.25	86.6		昌江大道	Changjiang Ave.	10:02:37	10:02:35	10:02:34
3.8	199.5	106		昌江大道 (市民广场二路)	Changjiang Ave. (People Square No.2 Rd.)	10:04:51	10:04:48	10:04:45
4.3	199	112.7		红棉西路	Hongmian W. Rd	10:05:29	10:05:26	10:05:22
4.6	198.7	110.3		红棉广场	Hongmian Square	10:05:52	10:05:49	10:05:45
4.8	198.5	110.2		红棉广场	Hongmian Square	10:06:51	10:06:33	10:06:16
4.95	198.35	109.2		往 G225	To G225	10:07:04	10:06:45	10:06:27
5.8	197.5	103.4		桥	Bridge	10:08:17	10:07:55	10:07:34
6.1	197.2	111.4		桥顶	End of the bridge	10:08:43	10:08:19	10:07:57
6.4	196.9	106.4		G225	G225	10:09:09	10:08:44	10:08:21
7	196.3	99		G225,K208	G225,K208	10:10:00	10:09:33	10:09:08
14.7	188.6	40		G225	G225	10:21:00	10:20:03	10:19:10
22.8	180.5	27		G225	G225	10:32:34	10:31:05	10:29:44
23.5	179.8	30.2		叉河大桥	Chahe Bridge	10:33:34	10:32:03	10:30:39
31.6	171.7	53.5		G225 大田路牌	G225,Datian Rd. Sign	10:45:09	10:43:05	10:41:13

5<sup>th</sup> STAGE  
第五赛段CHANGJIANG-SANYA  
昌江 - 三亚

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	Estimated Arrival Time 38km/h 40km/h 42km/h
40.4	162.9	60	↑	G225 大田路牌	G225,Datian Rd. Sign 10:57:43 10:55:05 10:52:42
41	162.3	58.6	↩	新民街, S314	Xinmin Street,S314 10:58:34 10:55:55 10:53:29
50	153.3	111.6	↑	S314, K141+500	S314,K141+500 11:11:26 11:08:11 11:05:13
58.2	145.1	112.8	↑	东河镇	Donghe Town 11:23:09 11:19:22 11:15:55
58.4	144.9	116.6	↑	S314	S314 11:23:26 11:19:38 11:16:10
61.5	141.8	102.6	↩	S314, 东河镇	S314,Donghe Town 11:27:51 11:23:52 11:20:13
64.4	138.9	119.6	↑	S314,K127	S314,K127 11:32:00 11:27:49 11:24:00
65.8	137.5	96.2	↑	大广坝风景区 1KM 路牌	Daguangba scenic Area 1KM Rd. Sign 11:34:00 11:29:44 11:25:50
66.9	136.4	105.2	↑	大广坝风景区 路牌	Daguangba scenic Area Rd. Sign 11:35:34 11:31:14 11:27:16
74.44	128.86	162.8	⬆	上坡牌	Uphill Sign 11:57:32 11:51:40 11:46:21
76.45	126.85	313	↑	S314,K115	S314,K115 12:00:43 11:54:41 11:49:13
78.2	125.1	390	⬆	玉龙山, K113+100 爬升 232 米, 坡长 4.83Km	Yulong Mountain, K113+100 Climb 232M, Slope Length 4.83Km 12:03:28 11:57:18 11:51:43
78.4	124.9	389	↑	S314,K113	S314,K113 12:03:47 11:57:36 11:52:00
83.1	120.2	142	↑	连续下坡 5Km 结束牌	Continuous Downhill 5Km Finish Sign 12:11:13 12:04:39 11:58:43
83.8	119.5	140.3	↑	白查村 (船型屋)	Baicha Village (Boat House) 12:12:19 12:05:42 11:59:43

CHANGJIANG-SANYA  
昌江 - 三亚5<sup>th</sup> STAGE  
第五赛段

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	Estimated Arrival Time 38km/h 40km/h 42km/h
87.9	115.4	146.6	↑	俄查村	E'cha Village 12:18:47 12:11:51 12:05:34
88.3	115	142	↑	江边乡	Jiangbian Village 12:19:25 12:12:27 12:06:09
88.9	114.4	135.7	S1	江边卫生院	Jiangbian Health Center 12:20:22 12:13:21 12:07:00
89.1	114.2	136.7	➡	S314	S314 12:20:41 12:13:39 12:07:17
92	111.3	135.2	↑	土眉大桥	Tumei Bridge 12:25:16 12:18:00 12:11:26
92.6	110.7	136	↑	上坡牌	Uphill Sign 12:26:13 12:18:54 12:12:17
94.3	109	136.5	↑	万山桥	Wanshan Bridge 12:28:54 12:21:27 12:14:43
104.4	98.9	142.3	⬆	上坡牌, K87+100	Uphill Sign,K87+100 12:44:51 12:36:36 12:29:09
105	98.3	184	⬆	坡度 7.3%, 坡 长 600 米	Slope Length 600M (Gradient 7.3%) 12:45:47 12:37:30 12:30:00
105.3	98	183	↑	乐东人民欢迎 您路牌	Rd. Sign:The People of Ledong welcome you 12:46:16 12:37:57 12:30:26
110.6	92.7	145	⬆	K81	K81 12:54:38 12:45:54 12:38:00
110.9	92.4	134.6	⬆	K81-300	K81-300 12:55:06 12:46:21 12:38:26
111.5	91.8	133.5	↑	山荣大桥	Shanrong Bridge 12:56:03 12:47:15 12:39:17
111.9	91.4	135.7	⬆	K80-300	K80-300 12:56:41 12:47:51 12:39:51
112.9	90.4	133.2	⬆	K79-300	K79-300 12:58:16 12:49:21 12:41:17
113.5	89.8	137	↑	K78	K78 12:59:13 12:50:15 12:42:09



5<sup>th</sup> STAGE  
第五赛段CHANGJIANG-SANYA  
昌江 - 三亚

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 38km/h 40km/h 42km/h
121.2	82.1	138	↩	往抱由 To Baoyou	13:11:22 13:01:48 12:53:09
121.7	81.6	138.2	↑	乐祥路 Lexiang Rd.	13:12:09 13:02:33 12:53:51
122.1	81.2	131	↑	乐祥路 Lexiang Rd.	13:12:47 13:03:09 12:54:26
122.2	81.1	131.5	↑	乐祥路 Lexiang Rd.	13:12:57 13:03:18 12:54:34
122.8	80.5	137.1	↑	乐东县公安局 Ledong Police Station	13:13:54 13:04:12 12:55:26
123.8	79.5	137.9	S2	智园 SOHO Zhiyuan SOHO	13:15:28 13:05:42 12:56:51
124.2	79.1	136.8	↩	迎宾南路 Yingbin S.Rd.	13:16:06 13:06:18 12:57:26
124.3	79	137.5	➡	感恩路 Gan'en Rd.	13:16:16 13:06:27 12:57:34
125.1	78.2	145.7	↑	S314, 离开抱由镇 S314, leave Baoyou Town	13:17:32 13:07:39 12:58:43
132.3	71	221.8	↑	大安派出所 Da'an Police Station	13:28:54 13:18:27 13:09:00
141	62.3	225.4	↑	志仲镇 Zhizhong Town	13:42:38 13:31:30 13:21:26
142.2	61.1	223	↑	S314 S314	13:44:32 13:33:18 13:23:09
144.1	59.2	232.2	↑	S314 S314	13:47:32 13:36:09 13:25:51
146.6	56.7	244	↑	解放小学 Jiefang Primary School	13:51:28 13:39:54 13:29:26
146.9	56.4	240.5	↑	S314 S314	13:51:57 13:40:21 13:29:51
149.8	53.5	230	➡	保国农场 S314 Baoguo Farm S314	13:56:32 13:44:42 13:34:00

CHANGJIANG-SANYA  
昌江 - 三亚5<sup>th</sup> STAGE  
第五赛段

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 38km/h 40km/h 42km/h
162.1	41.2	111	↑	雅亮桥 Yaliang Bridge	14:15:57 14:03:09 13:51:34
162.6	40.7	111	START	S314 S314	14:16:44 14:03:54 13:52:17
163.8	39.5	149.7	3	S314, K27, 坡度 4.6%, 坡长 1.2Km S314, K27(Slope Length 1.2KM Gradient 4.6%)	14:18:38 14:05:42 13:54:00
169.2	34.1	199	U	育才敬老院 Yucai Gerocomium	14:27:09 14:13:48 14:01:43
173.4	29.9	202.5	U	育才中学 Yucai Middle School	14:33:47 14:20:06 14:07:43
176.3	27	200	U	立才学校 Licai School	14:38:22 14:24:27 14:11:51
185.9	17.4	83	↑	S314, K5 S314, K5	14:53:32 14:38:51 14:25:34
189.7	13.6	75	↑	S314 往 G225, 天涯海角 S314 To G225, Tianyahaijiao	14:59:32 14:44:33 14:31:00
190.5	12.8	50	↑	黑龙江街 Heilong N. Street	15:00:47 14:45:45 14:32:09
190.8	12.5	45	↩	马岭街 Maling street	15:01:16 14:46:12 14:32:34
192.1	11.2	42	➡	G225 G225	15:03:19 14:48:09 14:34:26
192.6	10.7	48.4	↑	G225, K401 G225, K401	15:04:06 14:48:54 14:35:09
192.8	10.5	46.2	U	G225 G225	15:04:25 14:49:12 14:35:26
193.3	10	50.9	U	天涯海角游览区 Tianyahaijiao Tourist Area	15:05:13 14:49:57 14:36:09
195.1	8.2	43.9	↑	西岛游客中心 West Island Tourist Center(R)	15:08:03 14:52:39 14:38:43
196.1	7.2	42.3	➡	御海路 Yuhai Rd.	15:09:38 14:54:09 14:40:09

203.3KM 10月9日 OCT.9 / 星期一 MONDAY

5<sup>th</sup> STAGE  
第五赛段CHANGJIANG-SANYA  
昌江 - 三亚

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	Estimated Arrival Time 38km/h 40km/h 42km/h
196.9	6.4	42.5	↩	三亚湾路 Sanya Bay Rd.	15:10:54 14:55:21 14:41:17
197.8	5.5	43	↑	三亚湾路 Sanya Bay Rd.	15:12:19 14:56:42 14:42:34
200.3	3	44.2	↑	海坡十一横巷 Haipo No.11 Cross Alley	15:16:16 15:00:27 14:46:09
202.8	0.5	43.2	⬆	海坡三横巷路口 (左) Haipo No.3 Cross Alley Intersection(L)	15:20:13 15:04:12 14:49:43
203.3	0	42.8	⬆	海坡二横巷路口 Haipo 2nd Cross Alley	15:21:00 15:04:57 14:50:26



10月9日 OCT.9 / 星期一 MONDAY 203.3KM

CHANGJIANG-SANYA  
昌江 - 三亚5<sup>th</sup> STAGE  
第五赛段



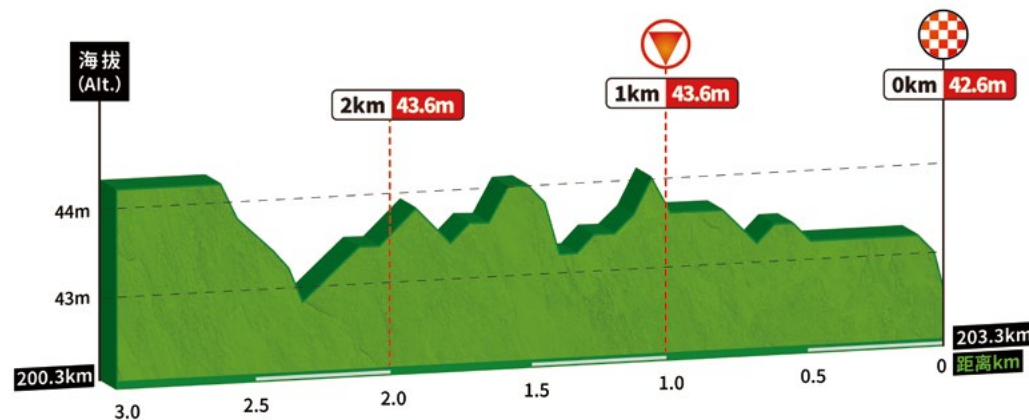
203.3KM 10月9日 OCT.9 / 星期一 MONDAY

5<sup>th</sup> STAGE  
第五赛段

CHANGJIANG-SANYA  
昌江 - 三亚



Stage 05 最后三公里海拔图 The Last 3km Profile



Stage 05 终点布局图 The Finish Plan



10月9日 OCT.9 / 星期一 MONDAY 203.3KM

CHANGJIANG-SANYA  
昌江 - 三亚

5<sup>th</sup> STAGE  
第五赛段

Stage 05 酒店/加油站/充电桩分布图 Hotel & Gas Station & Charging Station







## 驾驶员须知

## DRIVER NOTICE



驾驶员必须树立重视安全第一的意识，确保安全行驶。

一、驾驶员必须注重自己的仪表形态，应自觉维护赛事尊严。行车时应着装整齐，佩戴工作卡和白手套。

二、每天出车前必须认真对车辆进行检查，不驾驶带“病”车辆上路。赛事结束后，驾驶员按规定必须把车辆停放在酒店指定停车场内。确需紧急用车的，必须事先通知组委会，在征得同意后方可用车，否则处以 100 元罚款，情节严重的，取消其环岛赛驾驶资格。

三、驾驶员必须按赛事规定的线路和时速行车。在赛事期间如果出现交通事故，绝不逃逸，保护好现场并马上通知 120、组委会和保险公司，相关责任根据交通部门责任认定处理。

四、驾驶员自报到取车之日起，到赛事结束还车，期间严禁饮酒。

五、驾驶员要文明驾驶，文明用语，自觉维护赛事形象。

六、驾驶员要自觉保持车辆卫生，不在车内吸烟，不向车外乱扔垃圾。

七、在比赛期间驾驶员不得擅自离开岗位，应严格服从组委会的统一管理及要求。每日工作结束后要保证足够的时间休息，防止疲劳驾驶。

八、赛事结束后，驾驶员必须在规定时间内将车辆及车牌送到海南省体育赛事中心。如发现车辆损坏或丢失的，组委会有权追究相应的经济或刑事责任。对于车牌损坏或丢失的，组委会按规定给予相应的罚款处理。

九、请所有驾驶机动车辆人员（包括每支参赛车队的机动车驾驶员），报道时向组委会提交国内驾照或国际驾照的复印件。

十、驾驶员必须在驾驶中遵守《中华人民共和国道路交通安全法》。

十一、因违反道路交通规则及环海南岛国际公路自行车赛车辆安全管理规章制度而造成交通事故的，所产生的经济赔付和责任全部由驾驶员自行承担，赛事组委会不负有任何连带责任。

十二、任何时候，任何情况下发生事故必须立即报告上级管理部门，并报保险。如不及时上报和报保险，事后产生维修费用全部由驾驶员承担，并追究驾驶员责任，扣罚相应工资。如发生事故，驾驶员应协助交管部门进行事故调查、分析，参加事故处理，并及时报告单位领导。

汽车维修服务电话：张宁 137 3403 5066

如有其他事宜，另行通知。



## 驾驶员须知

## DRIVER NOTICE

1. The drivers must pay attention to their own manners that maintain the dignity of TOH, and dress neatly, wearing work cards and white gloves as driving.
2. After the race each day, the drivers are required to park their vehicles at appointed parking lot in the hotel. Where it is essential for emergency use, the drivers must notify the Organizing Committee in advance. Without the approval, a fine of 100 RMB will be charged. If the circumstance is serious, disqualification will be ordered.
3. The drivers must take the speed under the regulation of the event. Shall the drivers never escape but protect the scene and immediately contact 120, the Organizing Committee, and insurance agency if any accident happen. We will see the damage level to charge the related economic penalty.
4. Drinking is strictly forbidden since the drivers pick up the car till they return the car at the end of the race.
5. Drivers should behave politely and protect the image of the race.
6. Drivers have to maintain sanitization of the vehicles. No smoking inside and no littering outwards.
7. The drivers are not allowed to leave their position randomly, and strictly obey the rules of the Organizing Committee. They has to ensure sufficient rest after daily work to ward off fatigue.
8. The drivers must return the vehicles and car plate to Hainan Sports Administration after the race. If found vehicles got damaged or missing, the Organizing Committee has the right to pursue appropriate economic or criminal liability. For the car plates got damaged or missing, the Organizing Committee will take correspondingly cash charge.
9. All automotive drivers, including drivers of every cycling team, must provide the copy of Chinese driving licence or international driving licences to organizing committee during registration.
10. All the drivers must comply with Road and Traffic Safety Regulation of People Republic of China during driving.
11. All the financial compensation and related responsibilities caused by the road accidents for breaching the Traffic Regulation and Tour of Hainan Vehicle Management Rules and Regulations should be borne by the drivers. The organizing committee would not bear any joint responsibilities.
12. If any accident happens, the driver must report to the superior and apply for insurance, or the driver will take the consequence, pay for repair fees and deduct payments. If necessary, the driver should help the police to deal with the accident and report to the superior.

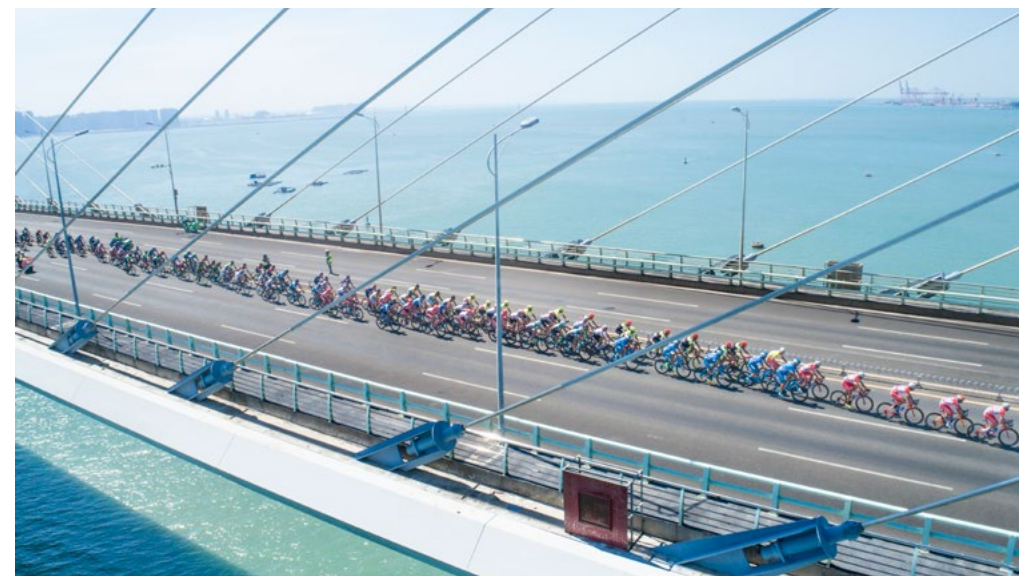
Car Repair Service:  
Zhang Ning:137 3403 5066

All other matters will be noticed to you.

## 车辆及车牌领取须知

## TOH VEHICLES & CAR PLATES COLLECTION

- 一、所有运动队车辆及车牌的领取由竞赛部主管指定一人代表签协议书统一办理领车手续，否则一律不予领取车辆。
  - 二、各部门车辆及车牌领取由各部门主管指定一人办理领车手续，否则一律不予领取车辆。
  - 三、各部门办理领车手续时，如果是自备驾驶员应向组委会提交驾驶员身份证及驾照复印件。
  - 四、取车时请检查车辆，如发现车辆出现问题请及时向组委会提出意见；取车办理交接手续后车辆出现问题则有取车人负责。
  - 五、办理领取车辆及车牌的地点: 海南省体育赛事中心(海口市国兴大道68号省高级体校运动场)。
1. All the team cars and license plates must be obtained by one person who is designated by the Competition Department otherwise the Organizing Committee will not arrange vehicles.
  2. Each departments' chief designate a person to receive vehicles and license plates, otherwise the Organizing Committee will not arrange vehicles.
  3. Shall each department submit a copy of driver's ID card and driver's license when handling the collection procedure.
  4. Check the vehicles carefully as collecting, or the driver should be responsible for any problem afterward.
  5. Address for the vehicles and license plates collection procedure: Hainan Sports Administration Center. (No. 68, Guo Xing Avenue, Haikou).



1. 赛会志愿者服务岗位主要涉及礼宾接待、语言翻译、交通运输、物品分发、沟通联络、竞赛组织支持等领域。
  2. 整个组织按领队单位等标准分成若干小组，每个小组按规模产生 1 ~ 2 名负责人，由该负责人具体负责本小组的活动。
  3. 请保持通讯工具 24 小时畅通状态，确保能在最快的时间内联系到本人。
  4. 必须牢记安全第一，注意交通安全和人身安全。空闲时间如有个人外出请务必先向组长汇报，并且尽量结伴外出。外出时应注意饮食卫生与生命财产安全。禁止吸烟、酗酒、出入当地娱乐场所。
  5. 注意着装与行为举止，避免与当地人发生矛盾冲突，如有特殊情况应及时汇报。
  6. 应保持饱满的工作热情与积极的态度，做好自己的本职工作，正确处理与运动员之间的关系。
  7. 各赛段中联络员应尽快到组委会酒店接待处，经相关手续后，到前台领取队伍酒店所需的房卡、水票、餐券等；
  8. 未经组委会授权，联络员不得从事以下活动：
    - a. 接受任何来自媒体、官方和其他机构的邀请、访谈或者采访；或代表组委会向媒体公布任何有关大赛的新闻或报导。
    - b. 利用大赛名义进行任何商业活动或为自己牟利。
    - c. 擅自利用在组委会工作中取得的任何资料用于非组委会的活动。
- 注：严格遵守点名制度。点名时间： 早上 7：30 晚上 8：00

1. Liaison is mainly responsible for the reception, translation, transportation, goods' distribution, communication and race support.
2. The Liaisons are divided into several groups via function and 1 or 2 people lead each group.
3. The Liaison should always stand by for any new information.
4. Safety first. Be careful and no drinking, smoking as you are outside.
5. Maintain your manner, and don't have any conflict with local people. If any emergency, notify your chief immediately.
6. Keep you passion and positive attitude, and correctly handle the relationship between athletes.
- 7 The liaison should arrive the reception desk and collect the reception bag in which the room card, water ticket, and the meal coupon are available.
8. Without the authorization of the Organizing Committee, Liaison should not participate such activity as:

- A. Interview by media and other organization.
  - B. Undertake business activity in the name of TOH.
  - C. Use any information to do any unrelated activity.
- Roll name Time: 7:30am 8:00pm

# 与梦想者同行

RACING WITH DREAMER

一切为了热爱.为了热爱的一切  
www.parduscycle.com



微信  
WeChat  
WORLD IN HEART

ROBIN SPARK SUPER Revenant URGENT

Guinness NAIK ROCK CRUSHERS LEGEND TRAVELLER INTELLIGENT EXPLORE FUN



## 媒体须知

## MEDIA NOTICE

2023年10月5-10月9日，“海南旅投杯”2023第十四届环海南岛国际公路自行车赛在海南国际旅游岛举行，欢迎各位记者前来采访本次大赛。为保证赛事的顺利进行，保证赛场的秩序，并为广大记者提供采访便利，请注意以下事项：

一、大赛记者证件（即媒体证）为采访2023环海南岛国际公路自行车赛各场比赛、开、闭幕式、各站仪式活动，以及赛事组委会组织的相关活动且仅限于此。媒体证为大赛组委会统一印制，请持证进入赛事活动场所，无证件者将被拒绝进入。

二、请注意记者证件的种类，如果持有普通媒体证，可能会不允许进入某些特殊区域或对特殊人物（如裁判长）进行采访和拍摄。

三、采访比赛的记者要服从有关部门管人员的管理，要在比赛开始前进入自己的工作区域；记者未经许可不得采访裁判长、裁判员，不得进入裁判休息室和运动员休息室等工作区。

四、采访比赛的记者如有和赛事有关的采访要求应向大赛组委会提出申请，赛事组委会将根据采访事项报请有关部门予以答复。

五、采访记者应遵守中华人民共和国法律，要遵守赛场有关规定，遇到突发事件要听从公安部门指挥，以保证赛场秩序和比赛顺利进行。若发现伪造证件、违反裁判有关规则扰乱赛场秩序的记者，组委会有权提出批评、警告以及取消采访资格，并向有关新闻单位负责人如实反映情况，违法者交公安部门依法处理。

六、采访记者务必妥善保管采访证，若有遗失，请及时上报赛事组委会。



微信扫一扫 探索更多内容  
期待您加入GRC年度骑行计划



## 媒体须知

## MEDIA NOTICE



Oct. 5th –Oct. 9th, 2023, 14th Tour of Hainan 2023 will be rolled out in Hainan International Tourism Island. We hail arrival of all journalists. To ensure a successful race and keep the race in order and make interviews easy, please be mindful of the following:

1. The Journalist Pass (Media Pass) is limited to the interviews of opening and closing ceremonies, all activities in each stage and related events held by the organizing committee. The Pass is printed by the organizing committee. Please present your Pass when entering the race site, or else your entry will be rejected.
2. Please be attentive to the type of the Journalist Pass. General Media Pass holders may not have access to special areas or special persons (such as the Chief Commissaire) for interviews and shooting.
3. The authorized journalists are required to obey the instructions of the responsible person of relevant departments and enter their own working area before the race starts. Without permission, all journalists are not allowed to interview the Chief Commissaire, Commissaires, and riders, and enter the working areas such as Commissaire lounge and riders' lounges.
4. Any race-related interview request, journalists should file an application to the organizing committee. The organizing committee will submit to relevant department for approval.
5. All journalists should abide by the laws of the People's Republic of China and relevant provisions of the race. In case of unexpected incidents, journalists must follow instructions of the public security department so as to ensure the smooth progress of the race and keep the race in order. For journalists holding forged documents or violating relevant referee regulation or disrupting the race order, the organizing committee has the rights to criticize, warn or even disqualify the interviews and report to the relevant person in charge of the news agency. Any violation of the law, the public security department will engage.
6. Journalists should keep your own Pass properly. In case of loss please report to the organizing committee immediately.

## 温馨提示

## WARM TIPS

- 1、请爱护酒店房间内的设施，如有损坏，须照价赔偿。
- 2、请勿带走酒店房间内酒店物品，如有缺失，须照价赔偿。
- 3、酒店洗手间内均为非饮用水
- 4、请勿使用房间内毛巾，床单等棉质物品擦拭运动器材。
- 5、请勿将杂物丢入马桶。
- 6、赛事期间为保证自身安全，请勿下海游泳

Please take care facilities in hotel rooms. Guests will pay for the damaged facilities.  
Do not take any objects belonged to the hotels away. Guests will pay for the missed objects.  
All the water in the bathroom is not drinking water.  
Do not apply any cloth such as towels and sheets to wipe sport equipments.  
Do not throw any objects ( including paper) into the toilet.  
For safety purpose, please don't swim in the sea during the racing period.





## 各市县医疗救护联系方式

## MEDICAL CONTACT INFORMATION

地区 City	单位名称 Place	联系人 Contact Person	职务 Position	手机号码 Phone Number
琼海 Qionghai	琼海市卫健委 Qionghai Health Commission	李胜利 Li Shengli	应急办主任 Emergency Office Director	18976883951
万宁 Wanning	万宁市卫健委 Wanning Health Commission	谢是平 Xie Shiping	应急办主任 Emergency Office Director	18976028850
陵水 Lingshui	陵水县卫健委 Lingshui County Health Commission	黎智文 Li Zhiwen	医政室负责人 Principal of Medical Office	13617548955
保亭 Baoting	保亭县卫健委 Baoting County Health Commission	郑雪梅 Zheng Xuemei	应急办负责人 Principal of Emergency Office	13518008377
五指山 Wuzhishan	五指山市卫健委 Wuzhishan City Health Commission	龙连飞 Long Lianfei	应急岗负责人 Principal of Emergency Office	13648641368
琼中 Qiongzong	琼中县卫健委 Qiongzong County Health Commission	陈玉玉 Chen Yuyu	应急办负责人 Principal of Emergency Office	13876317826

## 各市县医疗救护联系方式

## MEDICAL CONTACT INFORMATION

地区 City	单位名称 Place	联系人 Contact Person	职务 Position	手机号码 Phone Number
白沙 Baisha	白沙县卫健委 Baisha County Health Commission	孙利婷 Sun Liting	应急办负责人 Principal of Emergency Office	15203053574
昌江 Changjiang	昌江县卫健委 Changjiang County Health Commission	林青 Lin Qing	昌江县疾控室 Changjiang County Disease Control Office	18976181178
东方 Dongfang	东方市卫健委 Dongfang City Health Commission	文诗雨 Wen Shiyu	指挥中心主任 Command Center Director	13648626762
乐东 Ledong	乐东县卫健委 Ledong Health Commission	林梨平 Lin Liping	卫健委副主任 Deputy Director of Ledong Health Commission	13178918950
三亚 Sanya	三亚市卫健委 Sanya City Health Commission	李卫东 Li Weidong	应急办主任 Emergency Office Director	13876668474

## 工作人员通联单 CONTACT LIST OF STAFF

	姓 名 NAME	联系电话 TEL.
竞赛秘书处 Race Secretariat	陈 轩 Chen Xuan	13976170333
场地器材 Venue Equipment	李有志 Li Youzhi	18976235677
起终点管理 Origin-destination Management	单洋洋 Shan Yangyang	13876049059
起终点搭建 Origin-destination Construction	杨天晓 Yang Tianxiao	18976604862
	王大海 Wang Dahai	17789768773
电子计时 Electric Timing	裴利民 Pei LiMin	18611389071
药检 Doping Control	刘 谱 Liu Pu	13876698071
摩托车 Motorcycle	刘 伟 Liu Wei	13647556677
保姆车 Team MPV Car	王治安 Wang Zhian	18976022033
食宿统筹 Accommodation	邱 懿 Qiu Yi	15120859880
饮用水及冰块 Drinking Water and Ice	陈贤圣 Chen Xiansheng	18889273283
车辆加油 Vehicle Gas	黎慧芳 Li Huifang	17789886306
媒体统筹 Media	刘嘉鹏 Liu Jiapeng	18889301119
赞助商统筹 Sponsor	梁建思 Liang Jiansi	15008055968
颁奖 Prize Ceremony	王婷婷 Wang Tingting	18976968356
开、闭幕式 Opening and Closing Ceremonies	子文玲 Zi Wenling	18519004088
医疗救援 Medical and Rescue	卢晨阳 Lu Chenyang	18907577113
接送机统筹 Pick-up Service	张 宁 Zhang Ning	13734035066

## 联络员通联单 CONTACT LIST OF LIAISON

编 号 NO.	赛 队 TEAMS	姓 名 NAME	手机号码 TEL.
1	新西兰黑辐条车队 BOLTON EQUITIES BLACK SPOKE	翟 翊 Zhai Xu	18638051869
2	意大利克罗蒂克车队 CORRATEC SELLE ITALIA	黎 静 Li Jing	15091925780
3	以色列博泰车队 ISRAEL - PREMIER TECH	张晓晨 Zhang Xiaochen	13287131503
4	美国诺和诺德车队 TEAM NOVO NORDISK	刘适然 Liu Shiran	18567837502
5	荷兰 ABLOC CT 车队 ABLOC CT	马思妍 Ma Siyan	13971680121
6	澳大利亚圣乔治洲际队 ST GEORGE CONTINENTAL CYCLING TEAM	尹柳卉 Yin Lihui	13407353788
7	哥伦比亚麦德林车队 TEAM MEDELLIN - EPM	洪晓琪 Hong Xiaoqi	13606626844
8	泰国路佳线上保险车队 ROOJAI ONLINE INSURANCE	周晓洲 Zhou Xiaozhou	13348717701
9	马来西亚登嘉楼车队 TERENGANU POLYGON CYCLING TEAM	袁夕铃 Yuan Xiling	13834068318
10	卢布尔雅那·高士特·森地客洲际队 LJUBLJANA GUSTO SANTIC	阮张驰 Ruan Zhangchi	18355209668
11	波兰之心车队 HRE MAZOWSZE SERCE POLSKI	王思雯 Wang Siwen	15979584113
12	李宁之星洲际队 LI NING STAR	黎 静 Li Jing	15091925780
13	恒翔洲际队 HENGXIANG CYCLING TEAM	翟 翊 Zhai Xu	18638051869
14	巴迪瑞蓝图洲际队 BODYWRAP LTWOO CYCLING TEAM	马思妍 Ma Siyan	13971680121
15	平潭国际旅游岛洲际队 PINGTAN INTERNATIONAL TOURISM ISLAND CYCLING TEAM	刘适然 Liu Shiran	18567837502
16	五指山 1867 洲际队 WUZHISHAN CYCLING TEAM	周晓洲 Zhou Xiaozhou	13348717701
17	中国华兴洲际队 CHINA GLORY CONTINENTAL CYCLING TEAM	李昕宜 Li Xinyi	16630901956
18	青海天佑德洲际队 TIANYOUDE HOTEL CYCLING TEAM	尹柳卉 Yin Lihui	13407353788
19	中国国家公路自行车队 CHINA NATIONAL ROAD CYCLING TEAM	张晓晨 Zhang Xiaochen	13287131503
20	蒙古国家公路自行车队 MONGOLIA NATIONAL ROAD CYCLING TEAM	李昕宜 Li Xinyi	16630901956



各赛段酒店住宿安排			
ACCOMMODATION ARRANGEMENT			
赛段 / 日期 STAGE / DATE	酒店名称 / 电话 HOTEL/TEL		用餐地点 DINGING VENUE
第一赛段 Stage 1 10.03-10.05  琼海 Qionghai		博鳌国宾馆 BoAo State Guest House +86 -0898-62629999	开幕式嘉宾、组委会、 观摩团、VIP 嘉宾 Observation Tours, Opening Ceremony Guests , Organizing Committee, VIP Guests
	SO H	博鳌和悦海景度假酒店 BoAo Holliyard Hotel +86 -0898-62609999	赛队、裁判、 竞赛技术团队、媒体 All Teams, Commissaries, Technical Team, Media
		皇马假日大酒店 Huangma Holiday Hotel +86 -0898-62923333	赞助商、工作人员 Sponsors, Staff
		琼海泰美华美达安可酒店 RAMADA encore BY WYNDNAM +86 -0898-62916888	服务商、工作人员 Service Provider, Staff
		中源瑞君酒店 Loristar Hotel +86 -0898-62813333	工作人员 Staff
第二赛段 Stage 2 10.06  保亭 Baoting	SO H	保亭戴斯温泉酒店 Days Hotel +86 -0898-32920070	赛队、组委会 All Teams, Organizing Committee
	SO H	保亭维也纳国际酒店 Vienna International Hotel +86 -0898 -83825555 转 0	赛队 All Teams
		保亭双大野奢温泉酒店 Shuangda Yeshe Hot Spring Hotel +86 -0898-83826666	竞赛技术团队、裁判 Technical Team, Commissaries
		七仙岭宝亭荔苑温泉酒店 Baoting Liyuan Hot Spring Hotel +86 -0898-83666666	媒体、赞助商 Media , Sponsors
		保亭七仙岭康乐温泉酒店 Qixianling Kangle Hot Sring Hotel +86 -0898-83607888	竞赛技术团队 Technical Team
		保亭七仙河畔度假酒店 Baoting Seven Immortals Riverside Resort +86 -0898-38661888	服务商、工作人员 Service Provider, staff

赛段 / 日期 STAGE / DATE	酒店名称 / 电话 HOTEL/TEL		入住人员类型 TYPE OF GUESTS	用餐地点 DINGING VENUE
第三赛段 Stage 3 10.07  五指山 Wuzhishan	SO H	五指山国金大酒店 Guojin Hotel +86 -0898-38623333	赛队 All Teams	酒店内 In Hotel
		五指山中部大酒店 Wuzhishan Central Hotel +86 -0898-86830888	组委会、VIP 嘉宾、服务商、 媒体、赞助商、部分工作人员 Organizing Committee, VIP Guests, Service Provider , Media , Sponsors, Partial staff	酒店内 In Hotel
		五指山福德莱酒店 FudeLai Hotel +86 -0898-31868888	竞赛技术团队、裁判、 部分工作人员 Technical Team, Commissaries, Partial staff	酒店内 In Hotel
第四赛段 Stage 4 10.08  昌江 Changjiang	SO H	凯利柏尔酒店 Caliper Hotel +86 -0898-26678888	组委会、赛队、特邀嘉宾 Organizing Committee, All Teams, VIP Guests	酒店内 In Hotel
		昌江松之光酒店 Light Hotel of Changjiang Songzhiguang +86 -0898-26668888	竞赛技术团队、媒体、 服务商、赞助商 Technical Team, Media, Service Provider, Sponsors	酒店内 In Hotel
		维也纳智好酒店 ViennaClassic Hotel +86 -0898-26666333	裁判、工作人员 Commissaries, Staff	昌江松之光酒店 Light Hotel of Changjiang Songzhiguang
		昌江木棉铂金酒店 Kapok Platinum Hotel +86 -0898-26669888	工作人员 Staff	凯利柏尔酒店 Caliper Hotel
		佳捷酒店(昌江县政府店) Jiajie Hotel(Changjiang County Government Store) +86 -0898-32932222	工作人员 Staff	凯利柏尔酒店 Caliper Hotel
		艾瑞假日酒店 Airy Holiday Hotel +86 -0898-26688888	工作人员 Staff	凯利柏尔酒店 Caliper Hotel
		昌江骏怡酒店 Jun Hotels +86 -0898-26673890	工作人员 Staff	昌江松之光酒店 Light Hotel of Changjiang Songzhiguang
第五赛段 Stage 5 10.09  三亚 Sanya	SO H	昌江春阳酒店 ChunYang Hotel +86 -0898-26660666	工作人员 Staff	昌江松之光酒店 Light Hotel of Changjiang Songzhiguang
	SO H	三亚湾红树林度假世界 (椰林酒店) Mangrove Tree Resort World Sanya Bay Coconut Tree +86 -0898-88955555	组委会、赛队、裁判、媒体、 服务商、VIP 嘉宾、赞助商、竞赛 技术团队、工作人员 Organizing Committee, All Teams, Commissaries, Media, Service Provider, VIP Guests, Sponsors, Technical Team, Staff	酒店内 In Hotel

根据赛事实时开展情况，具体以组委会运行保障安排为准。  
 运行保障总协调：15120859880  
 According to the real-time development of the event, the specific operation guarantee arrangement of the Organizing committee shall prevail.  
 General coordinator: 152120859880

气象信息

WEATHER INFORMATION

要素 市县 ELEMENT CITY/COUNTY	旬降水量 (mm) P	旬平均气温 (℃) AVE TEMP	旬极端 最高气温 (℃) TMAX	旬极端最低 气温 (℃) TMIN	旬平均相 对湿度 (%) AVE RH	旬平均风速 (m/s) AVE WS	旬最大风速 (m/s) MAX WS	旬盛行 风向 PWD
琼海 Qionghai	145	26.8	32.5	22	83	2	6.5	ENE
万宁 Wanning	145	26.7	32	22	84	2.2	7.2	ENE
陵水 Lingshui	100	26.9	32.5	22	81	2.5	8	N
保亭 Baoting	95	26.5	33.5	21	80	1.1	5.5	NE
五指山 Wuzhishan	90	24.9	32	19	80	1.3	5.2	N
琼中 Qiongzhong	140	25.1	32	19	82	1.1	4.8	E
白沙 Baisha	80	25.2	32.5	21	80	1	4.8	NE
昌江 Changjiang	65	26.8	33.5	22	74	2	5.5	E
东方 Dongfang	40	27.6	33	23	75	3.5	9	NE
乐东 Ledong	55	26.4	33.5	21	78	1.2	5	ENE
三亚 Sanya	80	27.5	33	22	78	3	5	NE

执委会工作部门通联单

CONTACT LIST OF EXECUTIVE COMMITTEE

部门	名字及单位	联系方式
赛事总指挥助理：李业挺（省旅游和文化广电体育厅竞技体育处一级调研员）18089899259		
办公室	主 任：李 斌（省旅游和文化广电体育厅审批办二级调研员）	18689882597
	副主任：卢定胜（省旅游和文化广电体育厅办公室副主任）	13876300841
	杨玉婷（三亚市旅游和文化广电体育局副局长）	15686226393
	冯秀泉（琼海市旅游和文化广电体育局党组专职副书记）	13322021780
	娄俊颖（五指山市旅游和文化广电体育局副局长）	13637621079
	郑晓燕（保亭黎族苗族自治县旅游和文化广电体育局副局长）	13876853325
	曹传龙（昌江黎族自治县旅游和文化广电体育局副局长）	15120760092
竞赛部	部 长：孙连滨（中国自行车运动协会副秘书长）	13940000101
	谢秋雄（省旅游和文化广电体育厅竞技体育处处长）	13807503838
	副部长：韩 峰（中国自行车运动协会竞赛部部长）	18618361111
	陈 琦（省旅游和文化广电体育厅竞技体育处二级调研员）	13876646777
	黎 凯（海南体育职业技术学院副院长）	18089899101
	孙红伟（省“扫黄打非”领导小组办公室一级主任科员）	13389867305
	单洋洋（海南环岛国际公路自行车赛有限公司竞赛部负责人）	13876049059
运行保障部	部 长：梁启华（省体育赛事中心主任）	13322003232
	副部长：符史涛（省体育赛事中心副主任）	13907557720
	王潮清（省体育赛事中心竞赛部负责人）	13976131091
	邱 懿（海南环岛国际公路自行车赛有限公司综合部负责人）	15120859880
市场开发与 策划宣传部	部 长：陈 思（省旅游和文化广电体育厅宣传处处长）	18976205556
	副部长：吕 浩（省委宣传部新闻处四级调研员）	13911380009
	陈晓华（海南环岛国际公路自行车赛有限公司总经理）	13907600067
应急交通安保部	部 长：陈文慧（省公安厅治安总队总队长）	18907625509
	张 勇（省消防救援总队防火监督处处长）	13907599948
	薛根强（省公安厅交警总队高速公路管理支队支队长）	13807660110
	林 健（省交通运输厅公路管理局局长）	18608931633
	唐 都（省应急管理厅指挥中心副主任）	13876242800
	孙 立（省气象局应急与减灾处副处长）	13976825448
	庞 飞（省森林公安局副局长）	13337636869
医疗卫生防疫及 餐饮安全部	钟 伟（省工业和信息化厅无线电管理局副局长）	15091996867
	部 长：高 燕（省卫健委医疗应急处处长）	13907569141
	副部长：文育焱（省公共卫生紧急救援指挥中心主任）	15108993366
	潘碧雨（省疾病预防控制中心传防所卫生应急处置中心副主任）	13617547227
体育旅游开发部	杨忠银（省市场监督管理局餐饮服务监督管理处处长）	13907585428
	部 长：符峰华（省旅游和文化广电体育厅国内市场与节庆活动处处长）	18907552881
	副部长：符史涛（省体育赛事中心副主任）	13907557720
	陈晓华（海南环岛国际公路自行车赛有限公司总经理）	13907600067



PMT



颜值实力兼具！不惧定义，净简从容  
#典雅Elegant#PMT



微信公众号



抖音

累了困了 喝东鹏特饮

壹元乐享

东鹏特饮维生素功能饮料

东鹏饮料

快速 补充电解质

东鹏补水啦

壹元乐享

每瓶含电解质≥200mg

活动详情请看官网: [www.szeastroc.com](http://www.szeastroc.com)





翔泰  
XIANGTAI

# 速享轻食 调味鱼排

低卡高蛋白 星级品质 全程可追溯



黑椒风味

蒜香风味

奥尔良风味



海南翔泰渔业股份有限公司是一家集种苗培育、生态养殖、饲料生产、水产加工、食品检测及仓储物流、生物科技、销售一体化的国家农业产业化重点龙头企业。主要产品有罗非鱼、金鲳鱼、海南巴沙鱼、虾及半成品预制菜等。

官方商城：翔泰食品旗舰店（天猫）  
翔泰水产官方旗舰店（京东）

地址：海南省澄迈县老城开发区玉堂路段南侧



官方微信



## 多色系 软三件

袜子 × 水壶 × 把带

| F - B W F |



<https://www.fouriers-bike.com>



东莞市华诘运动器材有限公司  
DONGGUAN CITY HUA, SPORTS AUDIO SUPPLIES CO. LTD.

联络人 / 蔡勋华

地址 / 东莞市清溪镇林场清林路82号C栋C/2

电话 / 13713083856





## 这是爱奔文旅的 广告位

爱奔文旅专注于  
用科技的力量让体育赛事更  
**高效、精确、简单**

电子计时系统 赛事定位管理系统 赛事通讯保障系统

为赛事的安全管理，高效管理，系统管理提供全套的服务。

☎ 电话：153 0895 2201



扫描二维码  
关注公众号



# 租房车趣旅行

重点城市

40

门店

47

自营车队

2000+

24h维修服务网点

600+



扫码领取**200元**新人优惠券

上汽自营 C照可开 品质保障 一站式服务



NOTE

Memo No. \_\_\_\_\_  
Date     /     /

TOUR OF  
HAINAN  
2023

NOTE

Memo No. \_\_\_\_\_  
Date     /     /

TOUR OF  
HAINAN  
2023



文案策划：王一景

排版设计：曾 如 刁灿晨 钟大宙

